

# News Release



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## For Immediate Release

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### *Inspira Hosts AARP Safe Driving Program to Area Residents June 5-6*

VINELAND, NJ (May 12, 2014) – Inspira Health Network will sponsor an AARP Driver Safety Program on Thursday, June 5 and Friday, June 6 from 5 to 8 p.m. at the Inspira Fitness Connection Vineland. Seats are now available for the two-day course. Participants must attend both classes which meet for three hours each day. Upon completion of the course, each attendee will receive a certificate that will entitle them to an auto insurance discount and a reduction of violation points against their New Jersey drivers' licenses.

The AARP Driver Safety Program is the nation's first and largest classroom refresher course designed especially for drivers age 50 and older (younger persons may also attend). The course emphasizes safety, teaching defensive driving techniques, new traffic laws and rules of the road. It teaches how older people can adjust their driving to compensate for age-related changes in vision, hearing and reaction time, and how to handle problem situations such as left turns, freeway driving, blind spots, and driving distractions. The program also teaches participants about safety features on vehicles, and how to assess one's own driving ability. The classroom setting promotes group discussion and interaction.

The cost of the course is \$15 for AARP members and \$20 for non-members. Members should bring their AARP membership cards. The course fee is payable by check to AARP. Enrollment is limited and classes fill quickly. Inspira Fitness Connection Vineland is located at 1430 W. Sherman Avenue, Vineland. To register, please call 1-800-INSPIRA.

Inspira Health Network is a charitable nonprofit health care organization formed in November 2012 by the merger of South Jersey Healthcare and Underwood-Memorial Hospital. The network, which traces its roots to 1899, now comprises three hospitals, four multi-specialty health centers and a total of more than 60 locations. These include outpatient imaging and rehabilitation centers; urgent care; numerous specialty centers, including sleep medicine, cardiac testing and wound care; home care and hospice; and more than two dozen primary and specialty physician practices in Cumberland, Gloucester and Salem counties.

Together with its medical staff of more than 1,100 physicians and other care providers, Inspira Health Network provides evidence-based care to help each patient achieve the best possible outcome. Clinical and support staffs are focused on providing safe care in a safe environment. For more information about Inspira Health Network, visit [www.InspiraHealthNetwork.org](http://www.InspiraHealthNetwork.org).

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