

# Conference Keynote Speaker



## Understanding the Impact of ADHD and Executive Function Deficits on Learning & Behavior

<p><b>Keynote Sessions</b></p> <p><b>Saturday, Oct. 4</b>  <b>9:00-10:30 a.m.</b>  <b>AND</b>  <b>4:00-5:00 p.m.</b></p> <p><b>**Book signing during afternoon refreshment at 2:30 p.m.**</b></p>	<p>Roughly 90 percent of children who have ADHD will struggle in school at some point in their career. Unfortunately this poor academic performance continues to be blamed on laziness and lack of motivation; a misperception that is still too common among educators and parents. Up to 50 percent of these students also have learning disabilities. In addition, Russell Barkley reports that 89-98 percent also have deficits in executive functions.</p> <p>This practical session provides a review of ten key ADHD facts, their impact on school performance and behavior, executive function deficits, current research on the brain, the role of neurotransmitters, coexisting conditions, and a medication update. Effective intervention strategies will also be reviewed. Tommy Dendy will speak from a father's perspective about the challenges of ADHD.</p>
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### Chis Zeigler Dendy, M.S.

<p><b><i>In her own words...</i></b></p>	<p>During the past forty years, I have been an author and speaker, classroom teacher, school psychologist, mental health counselor, local and state level mental health administrator, lobbyist and executive director of a statewide mental health advocacy organization, and national mental health consultant on children's issues. Perhaps, more importantly, I am also the mother of two grown sons and a daughter with ADHD. As a result of our personal experiences, I was co-founder of Gwinnett CHADD served as their clinical advisor for seven years. I served on the National CHADD Board of Directors from 2000-2005, including terms as secretary and treasurer. I was also inducted into the CHADD Hall of Fame for outstanding contributions to the field.</p> <p>My first book, Teenagers with ADD and ADHD, 2nd ed., 2006 (TWA), has been extremely popular having sold over 100,000 copies. Subsequently a 350 page book packed with strategies for ensuring school success was released in 2000 as a companion guide to TWA. Teaching Teenagers with ADD, ADHD, and Executive Function Deficits (2011), now in it's second edition, deals exclusively with educational issues that challenge our children. Our book, A Bird's-Eye View of Life with ADD and ADHD, a survival guide written exclusively for teens, preteens, and young adults by other teenagers was released in October 2003 and a second edition in 2006. We have also produced three videos: the newest Real Life ADHD (DVD), and the older ones, Teen to Teen: the ADD Experience (VHS), and Father to Father: the ADD Experience (VHS). In addition, I was the lead author for the "CHADD Educator's Manual on ADHD" and was one of the creators of "CHADD's Teacher to Teacher" training modules on ADHD. As a result of my work, I have had the opportunity to provide training both nationally and internationally. You may wish to check out my professional qualifications for more details.</p>
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# Conference Speakers — Breakout Sessions



## Schedule

<b>1st Session 10:45-12:00</b>	<b>2nd Session 1:15-2:30</b>	<b>3rd Session 2:45-4:00</b>
<i>Suicide in Youth</i> Sullivant (p.3)	<i>Suicide in Youth</i> Sullivant (p.3)	
<i>School Meetings...</i> Otto (p.3)	<i>School Meetings...</i> Otto (p.3)	
	<i>Clinical Evaluations</i> Taylor (p.4)	<i>Clinical Evaluations</i> Taylor (p.4)
	<i>Strategies for Students with ASD</i> Sumler (p.4)	<i>Strategies for Students with ASD</i> Sumler (p.4)
<i>School Smarts, Social Smarts...</i> Rosewicz (p.5)	<i>School Smarts, Social Smarts...</i> Rosewicz (p.5)	
	<i>ADHD Evaluation and Treatment...</i> Allan (p.6)	<i>ADHD Evaluation and Treatment...</i> Allan (p.6)
<i>Positive Behavior Toolbox</i> Bellinger (p.6)		<i>Positive Behavior Toolbox</i> Bellinger (p.6)
<i>Developing Talents</i> Duffy (p. 7)		<i>Developing Talents</i> Duffy (p. 7)
<i>Families Together Services</i> Keohane (p.9)		<i>Families Together Services</i> Keohane (p.9)
<i>ADHD Coaching</i> Luther (p. 8)		<i>ADHD Coaching</i> Luther (p. 8)
<i>ADHD, Learning, and Anxiety</i> Harris (p. 5)	<i>ADHD, Learning, and Anxiety</i> Harris (p. 5)	
	<i>Interventions for LD</i> Dye (p. 7)	<i>Interventions for LD</i> Dye (p. 7)
<i>Navigating Special Education</i> Robbins (p.8)	<i>Navigating Special Education</i> Robbins (p.8)	

# Conference Speakers — Breakout Sessions



## Suicide in Youth

### **Breakout Sessions**

**Saturday, Oct. 4**  
**1st Session 10:45-12:00**  
**AND**  
**2nd Session 1:15-2:30**  
**(repeated presentation)**

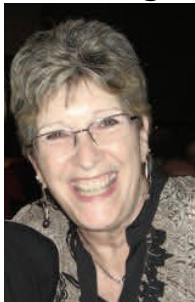
Describe the problem of suicide among youth locally and nationally, to present risk factors and protective factors as well. We will dispel common myths about suicide and provide hands on guidance for loved ones so individuals feel equipped to discuss this subject with young people in their lives. We will look at how youth with ADHD often struggle with co-morbidities and the importance of addressing the whole person in treatment. Specifics on how to reduce risk will be discussed. Information for those who desire further training on screening for suicide will be provided.

**Shayla Sullivant, MD**

### **Meet the Speaker...**

Dr. Sullivant is currently an assistant professor at UMKC and a practicing child and adolescent psychiatrist at Children’s Mercy Hospital in Kansas City. Dr. Sullivant graduated from Creighton University with a BA in Psychology and then worked for the New York State Psychiatric Institute. She attended the University of Kansas for medical school and completed adult and child psychiatry specialty training at KU. She is board certified in both adult and child psychiatry by the ABPN. Interests include ADHD, anxiety disorders, eating disorders, Tourette Syndrome and the suicide prevention. She currently serves as the physician co-lead on the Self-directed Violence workgroup at CMH. Dr. Sullivant supervises the psychiatry trainees at CMH and enjoys teaching. She currently serves as the President of the KC regional AACAP group.

## School meetings: The Good, the Bad and the Ugly. What can we do to keep meetings on "The Good" level?



### **Breakout Sessions**

**Saturday, Oct. 4**  
**1st Session 10:45-12:00**  
**AND**  
**2nd Session 1:15-2:30**  
**(repeated presentation)**

In this session we will discuss some of the perspectives that schools and parents have when attending meetings that focus on problems. We will look at the relationships that parents and school teams create throughout their school years, from early childhood through graduation. What are the fears that each group brings into meetings? How do the skill sets and challenges of being parents or teachers effect the interactions during meetings? What can be done to deescalate emotions and focus on the needs of the individual student.

**Kathryn H. Otto Ed.D.**

### **Meet the Speaker...**

Kathryn began her teaching career in 1972 in the Kansas City, Kansas School District. She taught at Rainbow Mental Health Center for ten years. In 1982 she moved to the Blue Valley School District. While in Blue Valley she taught in an ED/BD classroom and then became an Inclusion Facilitator for the district. She completed her Doctorate in 2000 and also became a Special Education administrator. She retired from Blue Valley and joined Case Management Services, Inc. in 2012. CMS, Inc. provides support for children and adults with intellectual disabilities and their families in the Johnson County, Kansas area. Throughout her career Kathryn has been a supporter for finding reasonable and appropriate interactions and solutions to issues between schools and families. She believes that although there may be times when communication is difficult a productive solution to problems must be found to support children.

## Conference Speakers — Breakout Sessions



### When Stop it Doesn't Work: Strategies for helping teach the student with ASD

**Breakout Sessions**

**Saturday, Oct. 4**  
**2nd Session 1:15-2:30**  
**AND**  
**3rd Session 2:45-4:00**  
**(repeated presentation)**

The session deals with the 4 common issues children with ASD's struggle with in the classroom and practical tools to work with them. Strategies will be discussed to aid in learning, emotional management, social skills, and resistance. It is imperative that the classroom teacher learn the "why" of the child's behavior. An introduction to the best tool of discovering these reasons are discussed. Accommodations and recommendations for classroom changes will also be covered.

### Mike Sumler, LMFT

**Meet the Speaker...**

Mike Sumler is a Licensed Marital and Family Therapist that has worked with children and adolescents with higher functioning Autistic disorders for the last 10 years. He has been presenting to schools and supporting them by giving practical ideas and tools for working with the child's strength and building on that. Mike's no nonsense, humorous approach leaves you enjoying your learning and having a new perspective on teaching kids with these issues. Mike graduated in 1999 with a Master's Degree in Family Therapy and has been working with the Joshua Center for Neurological Disorders in private practice.



### How Clinical Evaluations can Assist Parents and Educators

**Breakout Sessions**

**Saturday, Oct. 4**  
**2nd Session 1:15-2:30**  
**AND**  
**3rd Session 2:45-4:00**  
**(repeated presentation)**

This session will focus on specific aspects of evaluations, including how clinical and school evaluations differ. Specific information will be provided on the types of information attained from a clinical evaluation and how this information can be useful to both home and school. This session will also provide ideas on how home and school can work together for the benefit of students.

### Tish Taylor, PhD

**Meet the Speaker...**

Tish Taylor is licensed psychologist and licensed school psychologist. She has a private practice in Lawrence, KS and Leawood, KS serving children and adolescents. Within her practice, she provides therapeutic interventions as well as evaluative assessments for learning disorders, neurodevelopmental disorders, and psychological disorders. In addition, she has 14 years of experience working in public education as a school psychologist, mental health facilitator, and adjunct professor for undergraduate and graduate courses. She has also dabbled in publication with a user friendly guide that assists teachers with data collection and co-authored a book on classroom management.

## Conference Speakers — Breakout Sessions



### School smarts, Social smarts and children, oh my!

#### **Breakout Sessions**

**Saturday, Oct. 4**  
**1st Session 10:45-12:00**  
**AND**  
**2nd Session 1:15-2:30**  
**(repeated presentation)**

An overview of Social Thinking — What it is and why it is important to teach it, including how executive functioning skills go hand-in-hand with being socially smart.

### Ronni Rosewicz, M.S.

#### **Meet the Speaker...**

Ronni Rosewicz is a school counselor at Prairie Star Elementary in Leawood, Ks. She has worked as a counselor for the last 23 years. Four years ago Ronni had the opportunity to travel to Minnesota to hear Michele Garcia Winner speak at a conference. She was hooked on Winner's work and attended another conference in Kansas City and then Chicago to learn more. Her mission soon became to start "Socially Thinking" school wide at Prairie Star Elementary. Four years later, the "Social Thinking" vocabulary can be heard throughout every classroom and the curriculum is being taught to students in small groups that struggle with social nuances. Prior to being a counselor, Ronni was a first grade teacher for 6 years. Her most important job, which is ongoing, is raising her two boys who she hopes are socially smart. Ronni received her bachelors in Education at Pittsburg State University and her MS in Education at the University of Kansas. She recently had the privilege to speak to members of CHADD on the importance of being a social thinker and how it enhances learning. She enjoys speaking to all audiences but she loves when she is able to relate and help parents who have children who struggle with the navigating the social world.



### The Exquisite Flavor of ADHD, Learning, and Anxiety Soup

#### **Breakout Sessions**

**Saturday, Oct. 4**  
**1st Session 10:45-12:00**  
**AND**  
**2nd Session 1:15-2:30**  
**(repeated presentation)**

This talk will present information on the behavioral, emotional and academic impacts of having co-existing symptoms of ADHD, Learning, and Anxiety. Strategies for intervention will be discussed.

### Rochelle Harris, PhD, ABPP

#### **Meet the Speaker...**

Rochelle Harris, PhD, ABPP is a psychologist in the Developmental and Behavioral Sciences Division, Children's Mercy Kansas City., an Associate Professor of Pediatrics/Psychology at UMKC School of Medicine, and Training Director for Psychology Internship and Fellowship programs at Children's Mercy. The focus of her outpatient practice is the evaluation and treatment of children and teens coping with neurodevelopmental, behavioral and emotional challenges.

# Conference Speakers — Breakout Sessions



## Creating a Positive Behavior Toolbox

### **Breakout Sessions**

**Saturday, Oct. 4**  
**1st Session 10:45-12:00**  
**AND**  
**3rd Session 2:45-4:00**  
**(repeated presentation)**

Positive Behavior Toolbox! Come to learn basic behavioral principles and easy, evidence-based strategies that can be used at school and home. Whether you work with busy 5 year olds with ADHD or frustrated 12 year-olds with LD, you will leave with applicable ideas about how to promote more of the behaviors that you want to see and decrease the behaviors that you don't!

### **Skylar Bellinger, PhD**

#### **Meet the Speaker...**

Dr. Bellinger earned her undergraduate degree in psychology from the University of San Diego and her Ed.S. and Ph.D. in School Psychology from the University of Kansas. She completed her post-doctoral training at the University of Kansas Medical Center. She has more than eight years of experience working with children, their families, and their educational teams in both clinical and school settings. Dr. Bellinger has expertise in the areas of developmental disabilities, diagnostic evaluations, psychoeducational assessments, parent training and behavior management, pediatric psychology, positive behavioral supports, cognitive behavioral therapy, and family-school collaboration. Her primary activities at the CCHD include developmental and autism evaluations, psychoeducational assessments, social skills training, and behavioral treatment through the Developmental Problem Behavior Clinic. When she is not at work, Dr. Bellinger is busy practicing all of her behavioral strategies on her 2 1/2 year old son, Henry!



## ADHD Evaluations & Treatment Options -What Good Looks Like

### **Breakout Sessions**

**Saturday, Oct. 4**  
**2nd Session 1:15-2:30**  
**AND**  
**3rd Session 2:45-4:00**  
**(repeated presentation)**

ADHD Evaluations & Treatment Options-What Good Looks Like

### **Carla Allan, PhD**

#### **Meet the Speaker...**

Dr. Carla Allan is a clinical psychologist in the Division of Developmental and Behavioral Sciences. She is the Director of Psychological Services at the ADHD Specialty Clinic and the Founder and Director of the Summer Treatment Program for ADHD at Children's Mercy Hospital. Dr. Allan received her Ph.D. from Florida State University and completed her internship and residency at Children's Mercy Hospitals and Clinics. Dr. Allan's clinical and research interests are focused on evidence-based treatments for children with ADHD.

## Conference Speakers — Breakout Sessions



### **Developing Talents: Helping Young People with Disabilities Build Their Lives**

#### **Breakout Sessions**

**Saturday, Oct. 4**  
**1st Session 10:45-12:00**  
**AND**  
**3rd Session 2:45-4:00**  
**(repeated presentation)**

Transition to the adult world can be both difficult, and exciting, for young people with disabilities – as well as their families. What can make a difference is tailoring the transition to the individual's strengths and talents, discovering what they are good at and building a life around those abilities. In this workshop, families, teachers and counselors will learn how using a Discovery process can make the transition process more manageable, effective and productive. Workshop participants will leave the workshop with the beginnings of a plan for their family member, student or client.

### **Kate Duffy, M.A.**

#### **Meet the Speaker...**

Kate Duffy works as a transition navigator for college-age students with disabilities and as a director of Universal Design for Learning for the KC BANCS research project at UMKC's Institute for Human Development. She leads programs for students with disabilities and authors books about careers for people with disabilities. Kate received her M.A. in journalism from the University of Kansas. Her experience includes writing about employment for individuals with disabilities, mentoring new adjunct faculty and teaching writing and entrepreneurship classes at Metropolitan Community College. Her last book, *Developing Talents: Careers for Individuals with Asperger Syndrome and High Functioning Autism* was coauthored with Dr. Temple Grandin and focuses on removing employment barriers for those on the autism spectrum. Her research interests include employment and small business ownership for individuals with disabilities. She can be reached by email at: [Duffymp@umkc.edu](mailto:Duffymp@umkc.edu).



### **Research-Based Interventions for Teaching Students with Learning Disabilities**

#### **Breakout Sessions**

**Saturday, Oct. 4**  
**2nd Session 1:15-2:30**  
**AND**  
**3rd Session 2:45-4:00**  
**(repeated presentation)**

This presentation will provide an overview of research-based interventions that teachers and parents can implement to assist students with learning disabilities. Specific implementation of procedures will also be addressed.

### **Gloria Dye, PhD**

#### **Meet the Speaker...**

Dr. Gloria A. Dye has over 30 years of teaching in Ohio, New Mexico, and Kansas. She taught 6th grade Language Arts, Science, and History in Ohio before moving to New Mexico where she taught children and adolescents with disabilities at the middle school level. She has supervised teachers from Pre-School through High School and has taught courses in assessment, collaboration, methods, exceptional learners, and struggling learners, at the undergraduate and graduate levels. She has also served as an administrator during her educational experiences in New Mexico and in Kansas. She currently works as a Professor in the Department of Education at Washburn University.

# Conference Speakers — Breakout Sessions



**Joan Robbins, PhD**

## Navigating Special Education in Public Schools

**Breakout Sessions**

**Saturday, Oct. 4**  
**1st Session 10:45-12:00**  
**AND**  
**2nd Session 1:15-2:30**  
**(repeated presentation)**

Parents and guardians of children with disabilities sometimes find it challenging to understand special education services that are provided in public schools. For example, why is one child with ADHD eligible for special education services, but another child with ADHD is not eligible? What is the difference between an Individualized Education Program (IEP) and a Section 504 Plan? What are my rights as a parent or guardian when I have a dispute with the school?

Navigating special education in public schools can be an emotional and confusing journey. The purpose of this session is to help families understand the eligibility process and answer questions about special education services and placement. We will also discuss the rights of families who have students with exceptionalities and how to best work together as a team with your children's schools.

**Meet the Speaker...**

Dr. Joan Robbins is the director of special education in the Blue Valley School District in Overland Park, Kansas. She earned her bachelor's degree in elementary education with a minor in special education, a master's degree in special education, and a Ph.D. in Educational Leadership with a minor in special education, all at the University of Kansas. One of her passions is promoting positive relationships between schools and families of children who receive special education services. When schools and families are partners, the outcomes for students improve greatly.



**Barbara Luther, M.A., MCC**

## ADHD Coaching: The Pause that Enhances Executive Functioning

**Breakout Sessions**

**Saturday, Oct. 4**  
**1st Session 10:45-12:00**  
**AND**  
**3rd Session 2:45-4:00**  
**(repeated presentation)**

In this session, master ADHD coach Barbara Luther will discuss how an ADHD coaching conversation is specifically designed to support and strengthen executive functioning. Both Dr. Barkley and Dr. Brown, leading researchers in ADHD executive functioning, acknowledge that ADHD success begins when we pause (self-regulate) and notice (awareness). However, pausing is one of the toughest things for a person impacted by ADHD to do. An ADHD coaching session is a designed pause where coach and client can explore how ADHD is impacting a person and/or a situation, what resources and opportunities exist, and what actions the client can take to reach her goal. Coach and client learn how to work with the client's ADHD brain wiring and identify what behaviors will strengthen the client's executive functioning. Over time, coaching support helps the client develop greater self-awareness and improve her thinking and behavior. A coaching demonstration will allow attendees to experience how ADHD coaching develops better ongoing executive functioning.

**Meet the Speaker...**

Prior to Coaching, Barbara worked 20+ years as a college educator, technical writer/designer, online information consultant, and corporate project manager. Barbara is Director of Training and a senior faculty member at the ADD Coach Academy, which received ICF accreditation in 2010. Barbara co-wrote the year-long training curriculum for ADDCA, and she is the founding president for the Professional Association of ADHD Coaches, which is working toward offering ADD coach certifications in line with ICF's. She is a long-time faculty and Professional Mentor Coach at Coach Inc. She is a senior leader in the St. Louis Coaches chapter and does local ADD coaching workshops and talks regularly. She hosts a learning community for coaches who've completed their coach training.



## Conference Speakers — Breakout Sessions



### **What Families Together Can Do for You: Including, the Power of a Personal Story**

<b><i>Breakout Sessions</i></b>	Aimee will provide an overview of the supports and services available through Families Together, Inc., the Parent Training and Information and Family-to-Family Health Care Center. Aimee will also provide information about how parents can use their personal stories to build partnerships with their school, health care and community teams.
<b><i>Saturday, Oct. 4</i></b> <b>1st Session 10:45-12:00</b> <b>AND</b> <b>3rd Session 2:45-4:00</b> <b>(repeated presentation)</b>	

**Aimee Keohane**

<b><i>Meet the Speaker...</i></b>	Aimee Keohane is the coordinator of the Families Together Parent Center that serves the Kansas City area and surrounding counties. Families Together serves families statewide that include children with disabilities and/or special health care needs. Aimee is the parent of two children; her son, Connor, is on the autism spectrum. Aimee has worked extensively with families to help parents to understand their rights and responsibilities and to access appropriate services within the early intervention, special education and health systems.
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