

# GIRL SCOUT VOLUNTEER CAROUSEL 2013 WORKSHOPS

## SESSION 1

### 101 CELEBRATING CULTURES - MEXICO'S DAY OF THE DEAD

*Workshop Leader: Sophia Mejia-Taylor*

More than ever we are becoming a global community. This presents great opportunities for Girl Scouts to explore, discover and connect with many different cultures. Join us in learning about the Hispanic holiday, Day of the Dead. Study its origin, history and taste regional foods. Participate in creating beautiful folk art such as Papel Picado and Sugar Skulls. You will be presented with a variety of activities to share with your troop.

### 102 CEREMONIES

*Workshop Leader: Karen Alfson*

Use your and your girls' imagination to create those magical moments in Girl Scouting. Learn the steps involved in planning and performing ceremonies to celebrate earned recognitions or everyday friendship! Ceremonies are an integral part of troop growth and the benefits that come from girl involvement is apparent right here, right now! Learn how to carry out a Flag Ceremony, Awards Ceremony and Bridging.

### 103 DUCTIVITIES

*Workshop Leader: Jeanette Montgomery*

Duct Tape crafting can be a lot of fun! Using various Duct Tape colors, you will create your own Duct Tape Tote Bag.

### 104 FUN WITH SCIENCE

*Workshop Leader: Carmen Decker*

Science and fun? Absolutely! You don't need to know the answers to all questions to do science activities with girls. The excitement is in experimenting and discovering answers for themselves. We'll try out fascinating science you can add to your troop activities.

### 105 GIRL SCOUT HISTORY – 100 YRS

*Workshop Leader: Sandy Chaille*

The wonderful history of Girl Scouts can be exciting for girls when presented through stories and activities that bring those early days alive! Sandy will include materials and activities related to the Journeys and Badges for you to share with your girls.

### 106 HOLIDAY TREATS

*Workshop Leader: Lynda Spray*

Young and older girls will all enjoy the simplicity and creativity. This is not a Christmas workshop. Lynda has edible treats for all occasions. They can be used for a party, for gifts or just to add some fun to any gathering.



### 107 MINI HERB GARDEN

*Workshop Leader: Lynn Speer*

Playing in the dirt may be what first attracts children to gardening, but being able to say 'I grew that' can be a real boost to a child's self esteem. Fresh herbs add an extra zest in foods, and truly capture the essence of "locally-grown." Learning the science of the impact of water and sun, caring for a living object...so many ways gardening is good for us! Participants will (1) construct a portable planter using recycled food-grade cans and lumber, and (2) plant herbs in each container. This is a woodworking project, and since live plants are involved, it is also container gardening. The badge work and Journey connections will be provided for participants to share with their girls.

### 108 SHOE ART

*Workshop Leader: Shannon Hubbard*

Put your best foot forward! Bring a pair of canvas tennis shoes and turn them into a work of art using paint, markers, jewels and other goodies.

## SESSION 2

### 201 BRONZE AWARD

*Workshop Leader: Michelle Loyd*

Are your girls in 4<sup>th</sup> & 5<sup>th</sup> grade? The Bronze award is for them! Join Michelle to learn the requirements and how to help your girls earn the highest award for their age level.

### 202 BEGUILING BUGS AND FLOWERS

*Workshop Leader: Sheila Otteson*

Have fun with the Bugs and Flowers badges. Experience some of the activities, discover tips and resources, and make a plan to enjoy these badges with your Brownies and Juniors.

### 203 COVER TO COVER

*Workshop Leader: Lynn Speer*

We'll start with folding a single sheet of paper into an eight-page pamphlet. We'll use "Making Books That Fly, Fold, Wrap, Hide, Pop Up, Twist, And Turn: Books for Kids to Make" by Gwen Diehn, "Making Mini Books: Big Ideas for 30+ Little Projects" by Kathleen McCafferty, and some of the ideas at the bookbinding part of craftstew.com. Participants will end up with several books and lots of techniques that can be used to make hand-crafted gifts, to share with others, and possibly enjoy as a life-long hobby.

### 204 DUCTIVITIES

*Workshop Leader: Jeanette Montgomery*

Duct Tape crafting can be a lot of fun! Using various Duct Tape colors, you will create your own Duct Tape Tote Bag.

### **205 GIRL SCOUT WORLD CENTERS**

*Workshop Leader: Sandy Chaille*

Girl Guides have four world centers where you and your girls can experience international Girl Scouting. Learn about the centers, their history, the programs they offer and how to attend. Why not plan a trip to Switzerland, Mexico, India or England for an experience of a lifetime?

### **206 GO OUTSIDE**

*Workshop Leader: Carmen Decker*

Exploring nature and the great outdoors can be exciting program - you don't have to be a naturalist, just curious. Come learn the possibilities and take your girls outside to explore. We have activities you can do at a troop meeting or while camping.

### **207 LEMMI STICKS – A GREAT GIRL SCOUT TRADITION**

*Workshop Leader: Eloise Golden*

Join us for an unbelievable session to learn the “moves” and techniques as you beat and pass your Lemmi Sticks as you sing. Everyone can do it! Eloise will have you ready to share this activity that will stay with your troop forever (along with some other fun Girl Scout traditional songs)...and you will find the girls teaching others. Ma - ku - e - kao - te - o ...

### **208 SWAPS**

*Workshop Leader: Shannon Smith*

Swaps are handmade Girl Scout keepsakes exchanged with other girls – **Special Whatchamacallits Affectionately Pinned Somewhere**. Come learn the basics and make some simple swaps. We'll discuss swap etiquette and cover the different types of supplies needed to make all kinds of swaps. Plus, learn some new and different ways of displaying the creations.

## **SESSION 3**

### **301 CELEBRATING CULTURES – INDIA'S DIWALI FESTIVAL**

*Workshop Leader: Sophia Mejia-Taylor*

More than ever we are becoming a global community. This presents great opportunities for Girl Scouts to explore, discover and connect with many different cultures. Join us in learning about India's Diwali Festival (festival of lights). Study its origin, history, taste regional foods and create some folk art. You will be presented with a variety of activities to share with your troop.

### **302 I'VE BEEN TRAINED...NOW WHAT DO I DO?**

*Workshop Leader: Sheryl Graab*

Come and learn about “what comes next.” Participants will learn how to offer a well rounded troop experience, including:

- Planning with your troop
- Service projects
- Journeys and badges
- Special GS days
- Patch programs
- And cute crafts and boredom busters

### **303 LET'S SING, DANCE & PLAY!**

*Workshop Leader: Barbara Colliander*

If you are looking for easy singing dances and games for your girls, be sure to attend this workshop. You will not need a band, boom box or iPod when your troop meets...yet, you will be able to teach some fun songs that have dances and games to keep the girls active! Words, directions and sheet music (when allowed) will be provided.

### **304 LIFE BEYOND JUNIORS**

*Workshop Leader: Karen Alfson*

What's the older girl program like? How do I survive working with a troop of teenagers? Come get a jump start by exploring the Cadette program with a variety of activities.

### **305 LIONS AND TIGERS, AND BEARS, OH MY!**

*Workshop Leader: Barbara Hilger*

No need to fear, Barbara is here - to help you work with parents, manage troop finances, what forms you need when, resources and more. Don't worry, be happy!

### **306 PROMISE & LAW FUN**

*Workshop Leader: Shannon Smith*

Want your girls to learn and live the Girl Scout Promise and Law? Learn crafts, activities and ceremonies you can do with girls to make this Girl Scout foundation a part of their life.

### **307 TAKE A DAISY JOURNEY**

*Workshop Leader: Sheila Otteson*

Jump into “Journeys”. We'll explore the Three Cheers For Animals Journey and Awards Daisy Girl Scouts can earn. You will be surprised just how easy and creative these Journeys are! Sheila has the “answers” to questions and loads of ideas so “pack that suitcase” and enjoy your Journey!

### **308 TAKE ACTION**

*Workshop Leader: Eloise Golden & Michelle Loyd*

What is a Take Action Project? Is it the same as Community Service? How do the girls choose one? There is a “Take Action” project in EVERY Journey Book! Learn how to successfully incorporate a Take Action Project into every Journey your girls work on regardless of age – Daisy's to Ambassadors! Join Eloise and Michelle to discover the answers and get some great ideas!



## **SESSION 4**

### **401 CELEBRATE THE HOLIDAYS**

*Workshop Leader: Sheryl Graab*

Come and learn about all the fun things you can do with your troop during the fall and winter holidays! We will discuss service projects, parades; do a few crafts and craft-snacks.

### **402 CUPCAKE DECORATING**

*Workshop Leader: Lynda Spray*

Let your girls use their creativity and eat what they make. Lynda will help you to conjure up fun cupcakes your girls can do for all occasions. The holidays are coming and homemade goodies add to the festivities of any party.

### **403 MACRAMÉ JEWELRY**

*Workshop Leader: Eloise Golden*

A great session to try some techniques to create beautiful macramé jewelry. You will learn to make several types of knotted jewelry (including a friendship bracelet) and complete one to show off. What's old is new. Your girls will love this craft. Simple or complex, you decide. Juniors can do this to complete a requirement for their Jewelry Badge.

### **404 PIONEER DAYS**

*Workshop Leader: Carmen Decker*

Carmen is ready to share activities that our pioneers would need to do like making butter & bread, dipping candles and making simple toys.

### **405 PORCH PALS - HALLOWEEN**

*Workshop Leader: Lee Nave*

Make a whimsical Porch Pal Spider to help you decorate for Halloween. It is an easy-to-paint patio paver character that will enjoy making itself right at home on your porch, around your yard and, if you let them, inside your house. Painted with acrylic paints, they are inexpensive projects with a lot of charm. No prior painting experience needed!

### **406 SWAPS**

*Workshop Leader: Karen Alfson*

Swaps are handmade Girl Scout keepsakes exchanged with other girls – **Special Whatchamacallits Affectionately Pinned Somewhere**. Come learn the basics and make some simple swaps. We'll discuss swap etiquette and cover the different types of supplies needed to make all kinds of swaps.

### **407 TAKE A SENIOR JOURNEY**

*Workshop Leader: Sheila Otteson*

Jump into "Journeys". We'll explore the Sow What Journey and Awards Seniors (9<sup>th</sup>-10<sup>th</sup> grade) can earn. You will be surprised just how easy and creative these Journeys are! Sheila has the "answers" to questions and loads of ideas so "pack that suitcase" and enjoy your Journey!

### **408 TRASH TO TREASURE**

*Workshop Leader: Barbara Hilger*

Recycling made fun, easy and creative. Come create art that you can do with your girls. You will be amazed what you can make from items you would normally throw away.



# Volunteer Carousel 2013