



Littleton Fire Rescue wants you to be safe by helping us observe Fire Prevention Week October 6 – 12. This year's theme is "Prevent Kitchen Fires".

According to the latest NFPA research, cooking is the leading cause of home fires. Two of every five home fires begin in the kitchen—more than any other place in the home. Cooking fires are also the leading cause of home fire-related injuries. It is also important to have working smoke alarms and to develop a home escape plan. Practicing home fire drills increases the chances of escaping safely if there is a fire in your home.

Here are some tips to keep your family safe in the kitchen.

- Stay in the kitchen when you are frying, grilling, broiling, or boiling food.
- If you must leave the room, even for a short period of time, turn off the stove.
- When you are simmering, baking, or roasting food, check it regularly, stay in the home, and use a timer to remind you.
- If you have young children, use the stove's back burners whenever possible. Keep children and pets at least three feet away from the stove.
- Clean up food and grease from burners and stovetops.

For more information, home escape planning tips and interactive games for children, please visit <http://www.firepreventionweek.org>.

