

Dear Bill,

Three Reiki masters, two Brits and an American, walk into a tapas bar...

This is not the beginning of a joke, but the scene that followed was comical. We were in Madrid and none of us knew more than a few words of Spanish. The spirited bar owner knew some English. A bar patron spoke Spanish and French. Two of us know some French. The ensuing conversation was delightful. We laughed loudly and enjoyed good company.

Standing there, I noticed something I also see when leading the Communicating Reiki Mainstream talks. No matter where this conversation occurs, whether I have an interpreter or an English-speaking group, the human desire to communicate shines in the room.

Reiki practitioners of all practice styles have much in common: a profound love of our practice, and a deep desire to share our practice with more people.

Eyes light up during the Communicating Reiki Mainstream conversation as practitioners -- professionals or home practitioners -- recognize it's not that people aren't interested in Reiki, but rather that they have inadvertently thrown roadblocks in the path to communication, and that they could easily be more effective.

A weight lifts from the practitioners' shoulders as they realize people really do want to know about Reiki. Many of them have felt marginalized by their practice, and learning some communications strategies empowers them to step out of that isolation.

I promise you, the people around you want to know what you have. Who wouldn't want to know how to feel better and be healthier at low cost and without pharmaceuticals? They just need us to be more aware of their needs when we communicate it.

I encourage you to be brave enough to share with your friends how your Reiki practice helps you, and be sensitive enough to include them in the conversation rather than talking at them.

How we communicate Reiki is arguably the most powerful determinant of the future of this practice.

There are currently [77 free articles on my blog](#) will help you communicate more effectively, and for you to share when that's easier. Take a look at [How Reiki Helps](#).

Recent jewels from the blog (if I do say so myself!):

[Is the Reiki Practitioner Safe?](#)

[Practicing Reiki in a Refugee Camp in Africa](#)

[The Best Reiki Practice](#)

Reiki blessings,
Pamela

P. S. Please check out the [Mid-Atlantic Conference for Reiki Practitioners](#). If you are in the area, join us November 16. If you are not, plan a conference in your area. I'm here to help you.