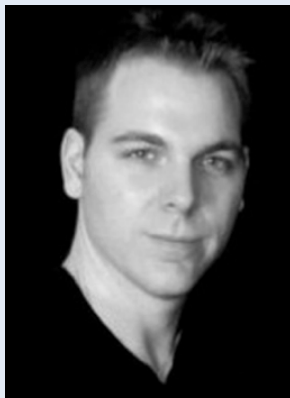


Attempting Suicide and Finding Life

November 13, 2014 from 5:30pm-7:00pm

Cape Cod Community College
Science Building-Lecture Hall B



Craig A. Miller, author of *This is How it Feels: A Memoir of Attempting Suicide and Finding Life*, will share his story of recovering after years of child abuse, mental health issues, and a suicide attempt. Craig will discuss his experiences, highlighting what hurt and what gave him hope. Most importantly, he will share the steps he took to move forward in life and how the lessons he learned gave him everything he needed to become, and remain, resilient.

Craig is a national motivational speaker and suicide prevention advocate who has been featured in the Boston Globe, the documentary *A Voice At The Table*, and the upcoming film *The S Word* by Academy-Award winning directors.

Attendance is free. RSVPs are appreciated.

Cape & Islands
Suicide Prevention
Coalition



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Students Achieving Recovery Together

CCCC is located near exit 6 off Rt 6. Park in Lots 7 or 8, or for a campus map, visit www.capecod.edu. For more information, or to RSVP, contact Kelly at suicideprevention@capecoalition.com or 508-566-3610.