



## **Calendar Listing**

Date: December 18, 2014

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### **New Support Groups Offered to Anyone Experiencing Grief or Loss**

Hope Community Care, part of the HopeHealth family of services, announced new community bereavement support groups to be held in Falmouth, Hyannis and Orleans beginning in January.

All support groups provide a safe, confidential and supportive setting for anyone experiencing loss or grief. Programs are led by licensed professionals from Hope Community Care with specialized training and extensive experience.

The new support groups are: Adult Parental Loss, Caregiver Loss and Spousal Loss. The groups are designed for people experiencing the loss of a loved one in the past year.

### **Registration**

Advanced registration is required for all support groups. Please call (508) 957-0244 for Falmouth or (508) 957-0268 for Hyannis and Orleans groups to register or for more information. All groups are free and open to the public. New members can join within the first two weeks of the group's official start. More information can be found at [HopeHealthCo.org](http://HopeHealthCo.org).

## **Schedule and locations**

### **HopeHealth Falmouth office 359 Main Street**

Adult Parental Loss, Mondays, January 12 – February 16, 2015, 3:00 p.m. – 4:30 p.m. This group is designed to help adults who have experienced the death of a parent or parents in the past year.

Caregiver Loss, Fridays, January 16 – February 20, 2015, 10:00 a.m. – 11:30 a.m. For any caregiver who provided extended care for a loved one who is now deceased.

Spousal Loss, Mondays, January 12 – February 16, 2015, 10:00 a.m. – 11:30 a.m. This group supports adults who have lost their spouse or significant other in the past year.

### **HopeHealth Hyannis Office 765 Attucks Lane**

Adult Parental Loss, Thursdays, January 8 – February 19, 2015, 5:00 p.m. – 6:30 p.m. This group is designed to help adults who have experienced the death of a parent or parents in the past year.

Spousal Loss, Tuesdays, January 6 – February 17, 2015, 1:00 p.m. – 2:30 p.m. This group supports adults who have lost their spouse or significant other in the past year.

**Orleans Council on Aging**  
**150 Rock Harbor Road**

Spousal Loss, Wednesdays, January 14 – February 18, 2015, 2:00 p.m. – 3:30 p.m. This group supports adults who have lost their spouse or significant other in the past year.

**About [HopeHealth](#)**

HopeHealth, formerly known as Hospice & Palliative Care of Cape Cod, has been enhancing the quality of life for people experiencing serious illness and loss for more than 30 years. Today, the non-profit organization delivers a wide range of medical care, care management and support services throughout eastern Massachusetts. The HopeHealth family of services includes: Hope Hospice; Hope Palliative Care; Hope HouseCalls; Hope Dementia & Alzheimer's Services; Hope Care for Kids; Hope Community Care; and education and training for professionals, caregivers and the community. In June 2014, the Massachusetts Pain Initiative affiliated with the organization. Learn more by calling (800) 642-2423 or visiting [HopeHealthCo.org](http://HopeHealthCo.org).

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