

ARE YOU A TRUE CAPE CODDER?

Anyone can Polar Plunge the first
of the year, but true Cape Codders
plunge in February.

1st Annual **FEBRUARY FREEZE**

2/22/14 11:00 am

@ Craigville Beach

All plungers are asked to raise a minimum of \$20



Warm up South of the
Border at **San Diego's**
for a post plunge get together.



All proceeds to benefit programs at

**Child & Family
Services**

**Cape Cod
508 778 1839**