

# MOCKTAILS & MUSIC

An Open House at the Orleans Senior Center  
*In Celebration of National Senior Center Month*



Entertainment  
By the  
Bart Weisman  
Jazz Trio

Appetizers by Chef Andrej



"Meet  
the Artist"  
With  
Painting Instructor  
Karen North Wells

"Nibbles" from Chef Heather



THE  
OPTIMAL  
KITCHEN

HEATHER T. BAILEY, CNC NUTRITIONAL CONSULTANT, NATURAL CHEF



*Please join us for food and fun on*

**Wednesday  
September 17th  
4 - 6 p.m.  
150 Rock Harbor Road**

◆ *Doorprizes*  
◆ *Exhibits*  
◆ *Tours*  
◆ *Learn about  
Senior Center activities*

THIS FREE EVENT IS CO-SPONSORED BY:



*THE ORLEANS SENIOR CENTER: Experts at Living Well*