

**Saturday
September 13, 2014 1-5 p.m.
John Wesley United Methodist Church
Falmouth, MA**



Building a suicide awareness community.

safeTalk is a half day training program that increases suicide awareness and helps you become active in preventing suicide and promoting life.

As a safeTalk-trained suicide alert helper, you will be better able to:

- Move beyond common tendencies to miss, dismiss or avoid suicide;

- Identify people who have thoughts of suicide;

- Apply the TALK steps (Tell, Ask, Listen and Keep Safe) to connect a person with thoughts of suicide to available resources.

Contact Desirée Cohen at the Samaritans on Cape Cod and the Islands by phone (508)548-7999 or email at ccsamaritans@verizon.net to register.

Class size is limited to 20 so sign up today!



