

The Coalition for Children
Falmouth Public Schools
340 Teaticket Highway
East Falmouth, MA 02536

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Nov/Dec Newsletter – 2014

Please check out our new website at <http://www.thecoalitionforchildren.org>. It, like so much of what we do, is a work in progress; please let us know what you think!

Of course you can view our newsletter at <http://www.thecoalitionforchildren.org>. If you are unable to access the internet, please call our office (508 548 0151 x 172) with your name and mailing address, and a hard copy will be mailed to you. Please use the same number to be removed. Thank you!

Parents & Educators from any community are welcome to attend workshops in each of the four Upper Cape towns unless otherwise noted. Space is limited in some, especially in our parenting classes, so ***please make sure you call to register!***

Funding for this newsletter has been provided through a grant from the Massachusetts Department of Early Education and Care.

THE COALITION FOR CHILDREN, FALMOUTH'S CFCE GRANT



If you are new to the area, we welcome you to Cape Cod and if you are a returning reader, thank you for reading the Coalition for Children's Nov/Dec newsletter.



Right now, we're in the middle of our 10-week Play & Learn group fall session and we're having so much fun! Our playgroups are for families with children birth to school age, and they are free and available to all. If you have a child, we are here for you!

If you'd like more information about our Play & Learn groups, please call the office @ (508) 548 0151 x 172 or take a peek at our website: thecoalitionforchildren.org.

We're also excited about being included in the *Philanthropy* insert of the *Cape Cod Times*. Check this week's insert and see if you can find our article!

STEM AND LITERACY EVENT FOR PRESCHOOLERS

Will you help us READ FOR THE RECORD? This month, The Coalition for Children is teaming up with The Falmouth Public Schools, The Falmouth Public Library, Jumpstart, and you to READ FOR THE RECORD - the world's largest shared reading experience.

On Tuesday, October 21st, we'll be reading Rosemary Wells' book Bunny Cakes all over Falmouth: At the library (3:45 pm in the Children's Room), at the Falmouth Administration Building (11:30 Lunch Bunch), and at most Falmouth's preschools (public and private!). If you'd like to join us, please come to the library reading or call to see if there is any more space in the Lunch Bunch group (508 548 0151 x 172). If you feel like you'd

rather read in the comfort of your home, pick up a copy of the book at the library or at Eight Cousins Bookstore in Falmouth.

Once you've read the book, please call (508) 548 0151 x 172 to let us know how many people participated in the reading. We'll then add all of our numbers and submit them to Jumpstarts Headquarters!

People always ask us, "how do I help my child get ready for school?" like there is an up to date secret formula. The answer is easy: read to your child(ren). Every morning, every night, every day - read, read, read, and then read a little more 😊

IT'S TIME FOR OUR ANNUAL JAM WITH TOE JAM PUPPET BAND CONCERT AND PIE/BAKE SALE

It's time for our (11th) Toe Jam Puppet and Pre-Thanksgiving Pie and Bake Sale. Are you ready to celebrate thankfulness in a very silly way???

The event is Saturday, November 22 at the Mullen-Hall School in Falmouth. Doors open at 9:00 am, Toe Jam Puppet Band Concert at 9:30. This year, we're also adding a Storywalk to the event. We won't be going into the classrooms, but we'll be cruising by the rooms, the office, the bathrooms - all of the places your pre-k student might like to see!

If you have an incoming Kindergartener, please consider coming to the concert, buying something from the bake sale, and then walking through the school as a way of saying, "this is where you will be going to school next year!"

Yes, it's going to be a fun packed morning!

To make the day a success, we really need your help! If baking pies is your thing, please share your expertise with us! Not on the pie maker, but you make cookies to die for, please consider our need. Are you a gluten free baker? We need your help! We are seeing more and more food allergies in our groups and we'd like to include some gluten free treats.

If you have a business and would like to advertise, please bake some treats and label everything with your business card attached. This is a wonderful way to reach new families! Call for more information and we'll brainstorm together. (508) 548 0151 x 172.

P.S. All of the funds raised go directly back into our parenting classes and Play & Learn groups. See you at the concert!

MORE COMMUNITY EVENTS!

On Saturday November 8th we're hosting Falmouth Reads! at the Falmouth Public Library. From 10:00 - noon, we will read, sing, play, create, and celebrate our love of literacy. There will be a different community reader every 15 minutes, do come early and hear them all. If you don't have a library card this is the perfect time to get one!

The Coalition for Children is partnering with TD Bank to bring you a new playgroup - a registered group that begins on October 30 at

1:00 pm at the Falmouth Administration Building! Free play, finger plays, and literacy all rolled up into three fun sessions. This group is designed for those parents who cannot make the morning groups. Interested? Call (508) 548 0151 x 172.

Have you ever been to Historic Highfield Hall (56 Highfield Drive, Falmouth)? It is absolutely gorgeous on a regular day, but its ridiculously spectacular all decorated for the holidays. Wait! Why don't you join us on Thursday, December 11th, 6:30 pm for our holiday Pajama Storytime, and then you can see for yourself? We promise singing and dancing, reading and shenanigans to all who attend!

ALL YOU EVER WANTED TO KNOW ABOUT PARENTING - AND THEN SOME!

Even though it's a bit early, we've started taking names for our 16 Week Effective Parenting Class (for parents of children ages 1 - 6) that begins in January. Because

we offer childcare and dinner to all attendees, it can fill up fast. We have rolling registration, but if you'd like to assure yourself a place, please call (508) 548 0151 x 172 to register.

DADS, BABIES, AND PIZZA

The Coalition for Children is proud to support and sponsor the Dads' & Babies Pizza Party scheduled for December 2nd at Falmouth Hospital (100 Terrance Heun Dr., Falmouth) from 6:00 - 7:30 p.m. in the Faxon Conference Rooms (Basement).

Studies show that babies and children grow up happier and healthier with loving fathers engaged in their care, and it's never too soon to start. Men are encouraged to bring their babies (newborn to pre-walker) to a **Dads & Babies Pizza Party** with Family Support Specialist Paul Melville and Child Birth Educator Cheryl Donahue.

Come show off your baby (expectant dads; older siblings and veteran dads always welcome) and learn about resources available to you and your family. We often have

guest speakers (pediatricians, nutritionists etc.) who are able to answer your questions in a casual atmosphere. No fee, free pizza and never any pressure. Please RSVP to Suzan Scharr, RNC at [508-457-3632](tel:508-457-3632). Sponsored by Falmouth Hospital (Cape Cod Health Care) and the Coalition for Children (Falmouth CFCE).

COUNCIL MEETING AND YOU'RE INVITED

Our next **council meeting** is December 1, and we'd love you to join us. There are many ways to be involved, so come be part of the conversation. We meet at 24 Spring Bars Road (across from Kappy's) at 5:30 pm for networking and 6:00 pm for the meeting.

ABOUT US!

The Coalition for Children is a grant program funded by the MA Department of Early Education and Care. Our CFCE - **Coordinated Family and Community Engagement** - grant offers

early childhood resources and information, Play & Learn groups, developmental screenings, family literacy, Kindergarten preparation programs, parenting classes, and community events for all families with children birth to school age in Falmouth.

We're in the Falmouth Administration Building at 340 Teaticket Highway, and the phone number is (508) 548 0151 x 172. Drop in or call. If we're not in, you can always leave a message.

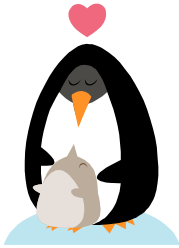
We reprinted and updated the **Coalition for Children's Upper Cape Resource Guide**. This guide is a wonderful tool for our young families. In the front section of the booklet you will find all the licensed preschool center-based and family home childcare providers in Falmouth, Mashpee, Sandwich, and Bourne: All your Upper Cape childcare options in one handy little book! Please come in and pick one up or leave a message at (508) 548 0151 x 172 and we'll send one to you.

FREE Fall Play & Learn Groups Registration is going on NOW!

Session 1
Sept. 15 – Nov. 22

December Drop-ins!

Session 2
January 5 – March 20



Registration forms available. Call
(508) 548 0151 x 172 for more
information.

Do you have questions about
how your child is developing?
The Coalition for Children now offers
**Free Developmental
Screenings!**
(3 months to 5 years)

Call (508) 548 0151 x 172
for more information and to
sign up!

CCNSC Parent Education & Support Calendar

can be viewed at
www.capecoalition.com or
contact Paul Melville
(508) 771-4336 x 2 or
paul@capecoalition.com for
automatic e-mails each month.

Free Fun Family Literacy & STEM Event

Offered by the Coalition for
Children
Presented by the incredible
Kim Torres

December 13*
Dinosaurs*10:00 am



Falmouth Public Library
Katherine Lee Bates Road
Falmouth, MA

***Targeting children ages 3 – 5,
but children and adults of all
ages attend and learn!**

Falmouth is a fabulous place for families!

If you have experienced a family crisis or
emergency, please call (508) 548 0151 x
172 for the **Emergency Family Fund**.

If you'd like to "check in" regarding your
child's development, call (508) 548 0151
x 172 and ask for the ASQ.

If you need help with **food** contact the
Falmouth Service Center @ 611 Gifford
Street: (508) 548 2794.

If you are looking for **Parent & Child
Together activities** call the Coalition for
Children: (508) 548 0151 x 172.

If you need some **parenting tips** call
(508) 548 0151 x 172 and ask about our
classes and our lending library.

The Coalition for Children: We're here for you!

Falmouth's (3) Preschool Screening* Dates!

*to identify children who may be in
need of special education services.

Oct. 24th, Jan. 30th, March 27th

If you have a **concern related to your
child's development**, please call for an
appointment.



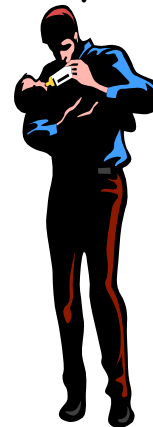
Children must be three years old to
participate in screening.

**Please call or e-mail Lucia to set
up an appointment for your child
at:**

508-548-0151 ext. 111 or email
ldasilva@falmouth.k12.ma.us

Falmouth Administration Building
340 Teaticket Highway
East Falmouth, MA

Dads and Babies Pizza Party!



*show off your
baby
*talk to other
dads
*learn about
community
resources
*eat pizza
*listen to guest
speakers

Oct 14 & December 2
6:00 – 7:30 pm
Faxon Conference Room
Falmouth Hospital
**RSVP or questions to
508-457-3632**

The Coalition for Children – November/December 2014

NEW! Special 3 Session **Play & Learn Group***

OCT 30th, NOV 6th, NOV 13th

1:00 pm

Falmouth Administration Building

Register (508) 548 0151 x 172

Playing & Reading with
The Coalition & TD Bank



Each child will receive two new books

Sam and the Lucky Money and

A Chair for My Mother

Brought to you by the Coalition for Children and
TD Bank in Falmouth!

The Coalition for Children's Annual

Pre-Thanksgiving
Toe Jam Puppet
Band Concert and
Pie/Bake Sale*

Saturday, Nov. 22, 2014

Mullen Hall School

130 Katherine Lee Bates Rd.



Doors open - 9:00 am

Pies & Bake Sale- 9:00-11:00 am

Toe Jam entertains - 9:30 am

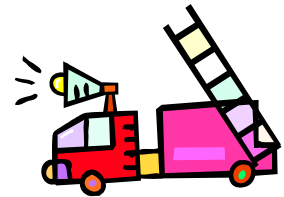
Pre-K Storywalk until 12:30 pm

For more info call

(508) 548 0151 x 172

*where groupies and bakers unite!

A huge THANK YOU to



the **Caithness Foundation**. With
your very generous donation, we've
provided food and childcare for all
of the participants in our Active
Parenting class.

to Jessica & Marika, for helping us
with our Active Parenting Class. We
are so lucky to have volunteers like
you!

Falmouth Reads!

Another free, fun, family program



The Coalition for Children and the
Falmouth Public Library invite you
to a special day of Community
Readers (ballerinas, fishermen,
musicians, state representatives)
and wildly fun literacy activities.

Saturday, Nov. 8

10:00 am - Noon

Falmouth Public Library

Pajama Story Time at Highfield Hall!



Celebrate everything that is
wonderful about the holidays
with singing, finger plays,
dancing, reading, and friends!

Thursday, Dec. 11th, 6:30 pm

56 Highfield Drive

Sponsored by the Coalition for Children,
the Falmouth Public Library, and the West
Falmouth Public Library

For more details call (508) 457 -
2555 x 2925

Emergency Family Fund

*Falmouth Families: have you
experienced a family crisis
and do not know where to
turn?*

We might be able to help!

Call (508) 548 0151 x 172

Workshop Listings and Community Offerings

(F) The Coalition for Children & Friends

FREE Play & Learn Groups Mondays -

9:45 Nursery Rhyme Time Drop-in
Falmouth Public Library

10:30 Pre-School Story Time Drop-in
Falmouth Public Library

3:45 Hola Spanish for Kids
(ages 7 - 10) (Registration required)
Falmouth Public Library

Tuesdays -

**9:45 Intergenerational Music &
Movement (registration required)**

JML Care Center -

184 Ter Heun Dr. Falmouth

11:30 Messy Lunch Bunch
(registration required)

Falmouth Administration Building

Wednesdays -

9:00 Play & Learn Drop-in
Falmouth Administration Building

**10:45 - 11:45 Read & Rhyme
Storytime Drop-in**
East Falmouth Library

Thursdays

9:45 Lap Babies Drop-in
Falmouth Public Library

10:30 Preschool Storytime Drop-in
Falmouth Public Library

Fridays

10:00 Tots n Tales Drop-in
11:00 Music & Movement (registration
required)

Saturdays

STEM Saturdays (see complete list in
the newsletter)

Falmouth Public Library



All programs are FREE for families with
children (birth to school age).

(508) 548 0151 x 172
For more information

Become a Mentor!

MASS MENTOR is a foster care
agency serving children and teens with
emotional/behavioral challenges.

LOOKING FOR caring, responsible
people to open their homes and hearts to
children in need of a safe and secure
home.

WE OFFER training, access to 24
hour professional support, and a \$50.
tax-free daily rate. Short and long term
placements needed. **1-888-920-8700**

Falmouth Eats Together* A free meal and free friendship!



Oct. 16, St. Anthony's -
167 East Falmouth Highway
Nov. 6 & Dec. 4, John Wesley
Methodist Church
270 Gifford Street

*Brought to you by the
Falmouth Service Center

(U) How Can I Help? **Coalition Suggestions** **Volunteer Opportunities**

Need a kid fix?

Provide childcare for a daytime
or nighttime parenting class

Can't stay out of the kitchen?

Provide a dinner for our night
time parenting class

Want to become involved?

Attend our council meetings
(bimonthly)

Want to meet new and important people?

Visit your state reps - talk to
them - tell them about the
importance of local, quality
programming.

Call the Coalition office to sign up
and for more information
508 548 0151 x 172

(U) Upper Cape Dads' Talk

A safe, non-therapeutic conversation
for dads of babies, kids, and teens:

Regular dads talking about
regular stuff. **FREE DINNER!**



4th Tuesday of the Month,
6:00 - 7:30 pm

Cape Cod Child Development's
Falmouth School Age Center (439
E. Falmouth Highway (Route 28),
East Falmouth)

NO cost or intake, but please let
us know you are coming:
508-548-0533 ext. 14
mabbott@falmouthhumanservices.org

FREE EFFECTIVE PARENTING CLASS



***Do you have children between
the ages of 1 and 6?**

***Would you like some parenting
tips and strategies?**

***Would you like us to cook for
you AND watch your children
while you attend?**

Sign up for our
Effective Parenting Series
w/Lee Burwell, LMHC

Thursdays, starting Jan 15th
John Wesley Methodist Church
Gifford Street

5:45 - 6:15 dinner
6:15 - 7:45 class

**Call NOW to reserve your
space and childcare!**
(508) 548 0151 x172

Falmouth Coalition for Children & Friends

Fall 2014 Schedule

Our groups are FREE and open to any family with children ages birth - school age.

Monday

- 9:45 Nursery Rhyme Time for birth -2 @ Falmouth Public Library
- 10:30 Preschool Story hour @ Falmouth Public Library
- 3:45 Hola Spanish for Kids (for kids ages 7-10) @ Falmouth Public Library

Tuesday

- 9:45 Intergenerational Music & Movement (Registered Class for ages 2.5 and up) @ JML Care Center
- 11:30 Messy Lunch Bunch (Registered Class for ages 1.5 and up) @ Falmouth School Administration Building

Wednesday

- 9:00 Mixed Age Playgroup (Drop In) @ Falmouth School Administration Building
- 10:45 Read and Rhyme Storytime (Drop In) @ East Falmouth Public Library

Thursday

- 9:45 Lapbabies (Registered Class) @ Falmouth Public Library
- 10:30 Preschool Storytime (Drop In) @ Falmouth Public Library

Friday

- 10:00 Tots & Tales (Drop In) @ Falmouth Public Library
- 11:00 Music & Movement @ (Registered Class for ages 2.5 and up) Falmouth Public Library.

Special Event Saturdays

- 10:00 Our first Special Event will be on 9/13; Join us for a STEM class to learn all about WHALES with Kim Torres
- Please see our website for a complete listing of STEM classes and other special events.



www.thecoalitionforchildren.org

508.548.0151 x172

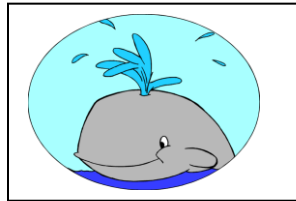


The Coalition for Children is funded by the Massachusetts
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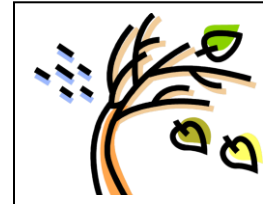
Please note - all groups subject to MA state funding cuts

The *Coalition for Children* and the *Falmouth Public Library* invite you to participate in these free, fun, monthly, literacy & STEM events*.

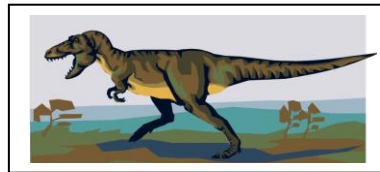
Sept. 13 Whales



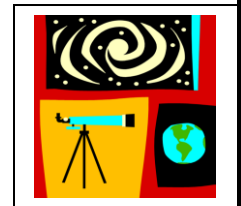
Oct. 11 Fantastic fall



Dec. 13 Dinosaurs



Jan. 10 Space



Feb. 14 Pirates

Mar. 14 Rain Forest



Apr. 11 Ponds



May 9 On the Farm

June 13 Insects

Presenter: Kim Torres

Time: 10:00 am

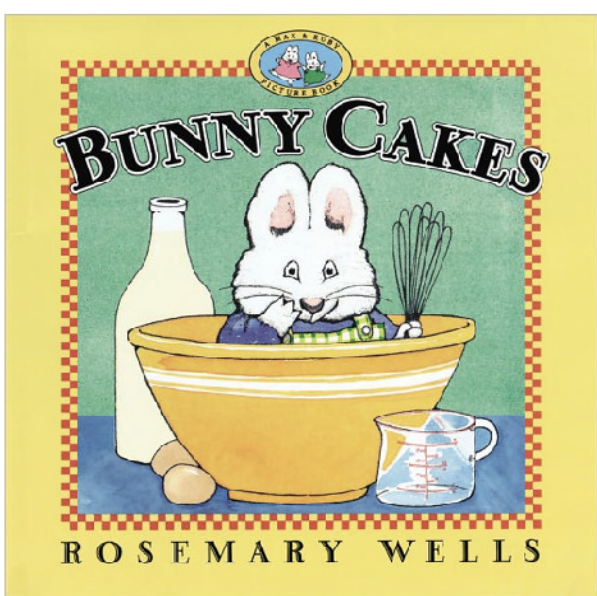


Where: Falmouth Public Library
 300 Main Street
 Falmouth, MA



*Programs are best suited for children ages 3 – 5, but Kim Torres of *elements, etc.* adapts her programs to her audience.

* Attend all programs and win a prize! Call (508) 548 0151 x 172 for more information.



Join millions of adults and children on October 21 for the world's largest shared reading experience, Jumpstart's Read for the Record®.

We will read *Bunny Cakes* by Rosemary Wells, and have activity sheets to color.

Tuesday, October 21st at 3:45pm

In the Children's Room at the Falmouth Public Library, drop in and bring your friends!

Jumpstart

Read for the Record

10.21.14

And BABY makes THREE or FOUR or MORE



Navigating a new addition to the family?

It's more than changing diapers! It's a change in your lives!

These informative and FREE workshops give pregnant couples (and parents with babies up to 6 months) time together to learn important tools and information to plan for the relationship changes that result from the birth or adoption of a baby/child.

Falmouth Hospital • Conference Room C
Tuesdays 7-9pm

Part One: **October 21st** • The Voyage Ahead

Part Two: **October 28th** • Weathering the Storms

Part Three: **November 4th** • Tips for Smooth Sailing



To Register:

Contact Workshop facilitator, Lee Burwell LMHC,
Certified Gottman Educator at **508-548-0533, ext. 15** or
lburwell@falmouthhumanservices.org

This is a research-based program developed by Doctors John and Julie Gottman. It is proven to reduce the stress of coping with changes brought about by the birth/adoption of a child.



FALMOUTH
HUMAN SERVICES



FALMOUTH HOSPITAL
An Affiliate of Cape Cod Healthcare