

## SEEKING VOLUNTEER LONG TERM CARE ADVOCATES

A Long Term Care Ombudsman is an advocate for residents in nursing and rest homes. Ombudsmen offer residents a way to voice their concerns and have their issues addressed. They seek to help residents live their lives with dignity and respect. When a resident, family member or friend expresses a concern and asks the Ombudsman to assist, the Ombudsman works with the resident and facility staff to resolve the issue.

Long Term Care Ombudsman are people just like you who have an hour or two a week to spare. In Massachusetts, there are over 350 Ombudsmen visiting residents in nursing and rest homes on a regular basis striving to resolve issues about quality care and life of these citizens. Volunteers receive training and support.

The next training will be held at the Elder Services of Cape Cod and the Islands' South Dennis office on April 28, 29, and 30, 2014.

If you want to help residents live their lives with dignity and respect and you have compassion and common sense, then you could be an Ombudsman Volunteer.

To learn more please contact Cheryl Gayle, Program Director, Long Term Care Ombudsman Program @ 800-244-4630, ext. 501 or email [cheryl.gayle@escci.org](mailto:cheryl.gayle@escci.org)