



Office of Health Disparities and Health Equity

- **Data Resource** – provide statistical information and reports on socioeconomic and health factors related to minority health factors and other at-risks populations in Nebraska
- **Health Modules**
 - Heart Disease and Stroke
 - Managing Healthy Weight
 - Diabetes
- **Screening and Referrals**
 - Obesity, Diabetes, and Cardiovascular Health
- **Lay Health Ambassador Program** – individuals from your community are recruited and trained by our office to present health education modules to audiences within your community, informational flyer included
- **Lay Health Ambassador Modules** (these presentations would be carried out by a lay health ambassador as part of completing the lay health ambassador program)
 - Hygiene
 - Nutrition and Physical Exercise
 - Oral Health Training
 - Women's and Men's Health
 - Prevention & Control of Chronic Diseases
 - Cultural Intelligence
 - Note: Previously trained lay health ambassadors might be trained in different presentation modules
- **CATCH Kids Program** –program focused nutrition and physical activity for 3rd to 5th graders, informational flyer included
- **Social Determinants of Health** – raises awareness of indirect causes of health disparities and lack of access to healthy living choices
 - Presentation on Social Determinants of Health
 - Presentation plus game 'The Last Straw' –a board game on the social determinants of health
- **People are People are People (P3) Training** – focusing on teaching cultural intelligence, informational flyer included
 - CEUs available for nurses and social workers
 - Several chapters on a variety of topics, can pick and choose chapters if needed
 - BARNGA- presentation and experiential situation for a look at cultural communication
- **Enhanced CLAS standards training** – updating health care oriented organizations on the updated Culturally and Linguistically Appropriate Services (CLAS) standards and focusing on improving health outcomes for culturally diverse populations in Nebraska
- **Training videos** – a training would be based around the material within the video
 - Unnatural Causes
 - Race The Power of an Illusion
 - The Angry Eye
 - The Stolen Eye
 - Health for Sale
 - A Place at the Table
 - Money Driven Medicine
 - Worlds Apart
 - One Drop Rule

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