

## SMALL GROUP MINISTRY

Explore your faith and make new friends at the same time within Small Group Ministry. There are currently three groups, some which have space for new participants. We are exploring the formation of a lunchtime group if there is enough interest. For more information contact [adultprograms@uubelmont.org](mailto:adultprograms@uubelmont.org)

**MEN'S SPRING  
POTLUCK SUPPER  
FRIDAY, APRIL 25, 7PM**

**WOMEN'S SPRING  
POTLUCK SUPPER  
FRIDAY, MAY 16, 7PM**

*If you are interested in getting involved with this committee, or have a program you would like to see at First Church please contact one of us. We are actively looking for new committee members and programs!*

## ADULT PROGRAMS COMMITTEE

### First Church in Belmont Unitarian Universalist

404 Concord Ave  
Belmont, MA 02478  
617-484-1054

[www.uubelmont.org](http://www.uubelmont.org)

Debbie Dobbins, chair [ddobbins@uubelmont.org](mailto:ddobbins@uubelmont.org)  
Diana Dill [ddill@uubelmont.org](mailto:ddill@uubelmont.org)  
Karl Klasson [kklasson@uubelmont.org](mailto:kklasson@uubelmont.org)  
Laurie Noble [lnoble@uubelmont.org](mailto:lnoble@uubelmont.org)

### MINISTRY PROGRAMS SUB-COMMITTEE

Andrea Prestwich, chair [aprestwich@uubelmont.org](mailto:aprestwich@uubelmont.org)  
Bill Blumberg, Mark Davis, Jeanne O'Farrell,  
Barbara Terry, Joe Weiss, Lillian Anderson, ex-officio



## The First Church in Belmont Unitarian Universalist



## ADULT PROGRAMS Spring 2014

*Opportunities for adults to  
connect and to find spiritual,  
emotional, and intellectual  
growth*

## HAPPENINGS

### PREQUEL TO MUSIC SUNDAY IAN AND SHANNON ROSE GARVIE

The REQUIEM by Welsh composer, Karl Jenkins, is a unique choral work. Join Ian and Shannon Rose as they help us understand the complexity of the piece so that we may better appreciate it on Music Sunday.

**Wed., April 9, 7:30pm, Parish Hall**

### JEWISH MUSICAL TRADITIONS CHUCK CLAUS

Many of us have been moved by Chuck Claus' singing from the Jewish liturgy. Chuck will share his thoughts on, and present examples from, the Jewish musical tradition.

**Tues., May 6, 7:30pm, Parish Hall**

### YOUTHBUILD USA DOROTHY STONEMAN

Join long-time First Church member, Dorothy Stoneman, founder of the organization in 1978, and several graduates of the program, as they share their insights into what has made YouthBuild so successful. They will offer personal insight into their experiences how anyone can help further its mission to unleash the positive energy of young people around the world. You will be inspired by this wonderful example of the good works that have been created and supported by our congregation. Co-sponsored by Social Action Committee

**Thurs, May 8, 7:30pm, Parish Hall**

**For more information or to register for any of these programs, please  
email [adultprograms@uubelmont.org](mailto:adultprograms@uubelmont.org)**

“A MEMORY, A MONOLOGUE, A RANT  
AND A PRAYER” BY EVE ENSLER

Join with members of our congregation for this powerful reading. V-day is a global activist movement to stop violence against women and girls. Tickets are \$25 for adults and \$15 for students and are available at coffee hour or online at [www.vdaybelmont.brownpapertickets.com](http://www.vdaybelmont.brownpapertickets.com)

Saturday, April 5, 7:30pm, Parish Hall

+ “TWO WHO DARED” - FILM AND  
PLAYBACK PRESENTATION

Through the inspiring true story of Waitstill and Martha Sharp, “Two Who Dared: The Sharps’ War” reveals a timeless lesson of personal sacrifice and courage. At the outset of WWII the Sharps traveled to Europe to enable the clandestine transportation of refugees to safety. We will view the film and then process what we have seen with the help of True Story Theater’s playback presentation. Co-sponsored by SAC & the Mass. Cultural Council. Volunteer Donation.

Sat., April 26, 7:30pm, Parish Hall

NEW UU CLASS  
LED BY JIM STATON AND DAVID BRYCE

This class will provide answers to the questions you have about Unitarian-Universalism (the history and current programs); also the history and current activities of First Church. Discuss the meaning of membership at First Church and have a tour of the building.

Sat., May 10, 9:30-12pm, Classroom #5  
Childcare provided on request. Sign-up in coffee hour or contact Jim at [jstaton@uubelmont.org](mailto:jstaton@uubelmont.org).

Ongoing Programs

**MEDITATION**  
**JAMES HENCKE**  
In meditation practice, we allow ourselves to dwell in the present moment. We find that by developing our awareness and compassion we can open ourselves, relax into situations, and enjoy our life!  
**Mondays, 8-9 pm, Library**

**SCIENCE & SPIRITUALITY**  
**EDWIN TAYLOR & KEN BERNSTEIN**  
We are an interchurch group engaged in exchanging thoughts on ideas in science & their influence on our spiritual lives.  
**3<sup>rd</sup> Thursdays, 7:30pm, Conference Room**

**KNITTING CIRCLE**  
**NANCY DAVIS & EVA PATALAS**  
Come join us in the fun and fellowship of knitting with a genial group. Projects include knitting for non-profit organizations, making gifts for the Holiday Fair or working on personal projects. Everyone is welcome and no commitment is necessary.  
**1st and 3rd Thursdays, 8pm, Classroom #4**

**THE FIRST CHURCH BOOK GROUP**  
**KARL KLASSON & ANNE STUART**

We choose a variety of fiction and non-fiction books and meetings are facilitated on a rotating basis by members of the group. Unless otherwise noted, the group meets on the **4<sup>th</sup> Wednesday from 7:30-9pm in the Library.**

April 23	<i>Bunker Hill: A City, a Siege, a Revolution</i> by Nathaniel Philbrick
May 28	<i>The Burgess Boys</i> by Elizabeth Strout
June 25	Potluck Supper, favorite cookbooks and book recommendations

Ongoing Support Groups

**JOBSEEKER BUDDY GROUP**  
**TERESA HOWE, TOM NEEL, ED YEE**  
The jobseeker buddy group is a small support group for people looking for new or better jobs. We provide encouragement, feedback, ideas, resume suggestions, job leads, unemployment assistance advice and networking opportunities to each other.

**Mondays, 9:30-11am, Library**

**PARENTING KIDS WITH CHALLENGES**  
**ANDREA PRESTWICH**  
Does your child have special challenges? Has he/she been diagnosed with Aspergers, ADHD or sensory problems? We will offer support and share experience in a non-judgmental space. Childcare upon request. Snacks provided.

**2<sup>nd</sup> Sunday, 2:30-4pm, Library**

**CARING FOR OLDER ADULTS**  
**DEBORAH BLUMBERG AND MIRIAM BAKER**

Many people are juggling jobs, families and their parents’ or other family members’ increasing medical needs, frequent emergencies and ongoing need for care. If you find yourself in this position, you are welcome at this group for discussion and support. This is a drop-in group so please attend when it is convenient for you.

**1<sup>st</sup> Thursdays, 7:30pm, Conference Room**

**LIVING WITH SERIOUS ILLNESS  
SUPPORT GROUP**  
**NANNY ALMQUIST & KATHY LIND**

In our ever-changing lives, we sometimes need a place to talk when we are faced with news or are coping with an ongoing medical condition for either ourselves or someone close to us. The First Church Living with Serious Illness Support Group is for caregivers and people in all stages of discovery and recovery.

**2<sup>nd</sup> Thursdays, 7:00pm, Library**

**GRANDPARENTING - NEAR AND FAR**  
**ML LANDFRIED AND LILLIAN ANDERSON**  
We will share experiences of the joys and challenges of being grandparents, tips for keeping in touch, and reflect on our changing relationships with our children, both near and far. Bring pictures to share.

**4<sup>th</sup> Thursdays, 7:30pm, Library**

**WOMEN’S AND MEN’S SUPPORT GROUPS**  
There are several ongoing men’s and women’s support groups at The First Church. If you are interested in one of the groups, please contact Lillian Anderson, at [landerson@uubelmont.org](mailto:landerson@uubelmont.org).