

# You are invited to RMTi's

## Brain-Body and Sensory-Motor Development Training



# Rhythm, Movement and Play class

Sponsored by

## United Angels Foundation

An introductory course in HANDS-ON, EXPERIENTIAL TRAINING  
 for Reflex Integration and non-invasive developmental techniques  
 that improve, restore or optimize function.



*Instructor:* Maxine Haller OTR/L

Ideal for *parents of special needs children*, and OTs, PTs, SLPs, Counsellors, Social Workers, Clinical Psychologists, psychiatric workers, Developmental Optometrists, Special Educators, Lactation Consultants, developmental therapists, Massage Therapists, PE, Kindergarten and Preschool Teachers who want to find out if this is for them.

## RMTi Rhythm Movement and Play - 4/5 November 2014

An informative, fun, foundational look at the *first 13 RMT movements*: You will learn how to do some of the rhythmic movements babies do naturally in a playful and unobtrusive way; look briefly at the role of movement, reflexes and senses in development and learn how to notice some of the challenges when there are retained reflexes in postures and behaviour without formal testing. You will learn some movements that create neural nets for the Brain Stem, the Cerebellum and the Basal Ganglia. Experience the movements yourself before doing them with your kids.

Tuesday Nov. 4th & Wednesday Nov. 5th  
 5:30 - 9:30 PM

Holiday Inn Express, Orem  
 1290 W University Parkway  
 Early-bird pricing ends October 17th

Come experience the brain-building movements that create and support resource and choice access related to: ADD/ADHD, Autism, TBI, PTSD, Dyslexia, Executive Function, Anxiety, Speech, Reasoning, Learning and Developmental Delays, Depression, Social, Emotional, Sensory, and Behavioural Challenges.

**Includes:**

- ✓ Info on the role of Movement Reflexes and Senses in development
- ✓ Brief look at Play and Development
- ✓ Simple ways to identify developmental imbalances in children
- ✓ Experiencing the movements used for creating neural nets for:
  - The Brain Stem
  - The Cerebellum
  - The Basal Ganglia
- ✓ Experiential learning of 13 foundational RMT active and passive movements
- ✓ Very brief look at intrauterine movements
- ✓ Descriptions of Primitive Reflex patterns
- ✓ Experience some playful ways that get information about the Primitive Reflexes without formal testing.
- ✓ Opportunity to have an individual assessment by RMTi provider for your child – please note on registration and [book online](#) (only 8 available - \$125 value each)
- ✓ Illustrated manual and certificate

Cambridge Professor in Neurobiology Daniel Wolpert says, "I believe that to understand movement is to understand the whole brain. And therefore it's important to remember when you are studying memory, cognition, sensory processing, they're there for a reason, and that reason is action. Movement is the only way we have of interacting with the world, whether foraging for food or attracting a waiter's attention. Indeed, all communication, including speech, sign language, gestures and writing, is mediated via the motor system."



**Rhythmic Movement  
 Training™**

**Rhythmic Movement Training™ (RMT)** was originally developed in Sweden by movement therapist, **Kerstin Linde**. It was then expanded upon by psychiatrist **Harald Blomberg, MD**, who was astounded to find that the rhythmic movements helped his patients recover from psychosis and schizophrenia. Dr. Blomberg, with Educational Kinesiologist **Moira Dempsey**, combined the rhythmic movements with in-depth reflex integration techniques to create an effective program for individuals of all ages and abilities that is taught by a network of certified trainers worldwide through RMT International.

For more info, visit <http://www.rhythmicmovement.com>