

Breathing Under Water; Going Deep with God

This spiritual growth offering is for anyone who wants a closer encounter with Jesus; anyone willing to risk the transforming touch of divine presence. If you hunger for intimacy with yourself, with others, and with God; if you long for experiences of spiritual community – this series is for you. Richard Rohr's book, *Breathing Under Water; Spirituality and the Twelve Steps*, provides the frame for our conversation as we explore such topics as powerlessness and grasping, addictions and attachments, sin and forgiveness, grace and courage, death and resurrection; and how you are living them right here, right now. You'll have room to breathe, find space for your soul, and might even find yourself renewed, revitalized, by the very breath of God.

We'll meet 14 times spread over two semesters: on Thursdays in Oct/Nov of 2014, and then again in Jan/Feb of 2015. If there is sufficient interest, there will be both a morning and evening series. Since community and continuity are key aspects of the process, you will be asked to make a commitment to our group, to be present and to participate as fully as possible. Housed at Covenant Presbyterian Church in Racine, this offering is open to anyone who wants to explore and expand their inner experience of the Holy Spirit in the company of fellow pilgrims, those who seek the Way, the Truth, and the Life.

Facilitator: Mary Steege, MDiv, LMFT

Mary is a pastor in the Presbyterian Church, USA; a licensed marriage and family therapist; and author of "The Spirit-led Life."

Location: Covenant Presbyterian Church, 40 Ohio St., Racine, WI

Cost: \$500 for the series

Dates: October 9, 16, 23, 30; November 6, 13, 20 in 2014
January 8, 15, 22, 29; February 5, 12, 19 in 2015

To sign up, or get more information, you can reach Mary at marysteege@gmail.com or 262-995-3205.