

**These are some of my favorite scriptures....Of course there are many, many more....reading scripture every day is the key! It is all beautiful and fills us with the way God wants us to live – it helps reshape our minds to have the mind of Christ....**

**I also say the rosary daily (for the past 5 years)– meditating on the life of Jesus and Mary has also transformed me!**

### **Romans 12:2 New Revised Standard Version (NRSV)**

<sup>2</sup>Do not be conformed to this world,<sup>[a]</sup> but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

### **Psalms 139 – The All-knowing and Ever-present God**

A psalm of David.

LORD, you have probed me, you know me:

<sup>2</sup> you know when I sit and stand;<sup>[b]</sup>  
you understand my thoughts from afar.

<sup>3</sup>You sift through my travels and my rest;  
with all my ways you are familiar.

<sup>4</sup>Even before a word is on my tongue,  
LORD, you know it all.

<sup>5</sup>Behind and before you encircle me  
and rest your hand upon me.

<sup>6</sup>Such knowledge is too wonderful for me,  
far too lofty for me to reach.

<sup>7</sup>Where can I go from your spirit?  
From your presence, where can I flee?

<sup>8</sup>If I ascend to the heavens, you are there;  
if I lie down in Sheol, there you are.

<sup>9</sup>If I take the wings of dawn<sup>[c]</sup>  
and dwell beyond the sea,

<sup>10</sup>Even there your hand guides me,  
your right hand holds me fast.

<sup>11</sup>If I say, "Surely darkness shall hide me,  
and night shall be my light"<sup>[d]</sup>—

<sup>12</sup>Darkness is not dark for you,  
and night shines as the day.  
Darkness and light are but one.

<sup>13</sup>You formed my inmost being;  
you knit me in my mother's womb.

<sup>14</sup>I praise you, because I am wonderfully made;  
wonderful are your works!  
My very self you know.

<sup>15</sup>My bones are not hidden from you,  
When I was being made in secret,  
fashioned in the depths of the earth.<sup>[e]</sup>

<sup>16</sup>Your eyes saw me unformed;  
in your book all are written down;  
my days were shaped, before one came to be.

<sup>17</sup>How precious to me are your designs, O God;  
how vast the sum of them!

<sup>18</sup>Were I to count them, they would outnumber the sands;  
when I complete them, still you are with me.

<sup>19</sup>When you would destroy the wicked, O God,  
the bloodthirsty depart from me!

<sup>20</sup>Your foes who conspire a plot against you  
are exalted in vain.

<sup>21</sup>Do I not hate, LORD, those who hate you?  
Those who rise against you, do I not loathe?

<sup>22</sup>With fierce hatred I hate them,  
enemies I count as my own.

<sup>23</sup>Probe me, God, know my heart;  
try me, know my thoughts.

<sup>24</sup>See if there is a wicked path in me;  
lead me along an ancient path.<sup>[f]</sup>

## **-Jeremiah 29:11-13 (Living Bible)**

<sup>11</sup>For I know the plans I have for you, says the Lord. They are plans for good and not for evil, to give you a future and a hope. <sup>12</sup>In those days when you pray, I will listen. <sup>13</sup>You will find me when you seek me, if you look for me in earnest.

## **Ephesians 1:18 GNT**

I ask that your minds may be opened to see his light, so that you will know what is the hope to which he has called you, how rich are the wonderful blessings he promises his people,

## **Romans 8:28**

<sup>28</sup>And we know that all that happens to us is working for our good if we love God and are fitting into his plans.

## **Philippians 4:13**

<sup>13</sup>for I can do everything God asks me to with the help of Christ who gives me the strength and power.

## **1 Thessalonians 5:14-18**

<sup>14</sup>Dear brothers, warn those who are lazy, comfort those who are frightened, take tender care of those who are weak, and be patient with everyone. <sup>15</sup>See that no one pays back evil for evil, but always try to do good to each other and to everyone else. <sup>16</sup>Always be joyful. <sup>17</sup>Always keep on praying. <sup>18</sup>No matter what happens, always be thankful, for this is God's will for you who belong to Christ Jesus.

## **Colossians 3:12-17**

<sup>12</sup>Put on then, as God's chosen ones, holy and beloved, heartfelt compassion, kindness, humility, gentleness, and patience, <sup>13</sup>bearing with one another and forgiving one another, if one has a grievance against another; as the Lord has forgiven you, so must you also do. <sup>14</sup>And over all these put on love, that is, the bond of perfection. <sup>15</sup>And let the peace of Christ control your hearts, the peace into which you were also called in one body. And be thankful. <sup>16</sup>Let the word of Christ dwell in you richly, as in all wisdom you teach and admonish one another, singing psalms, hymns, and spiritual songs with gratitude in your hearts to God. <sup>17</sup>And whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

## **1 Corinthians 13:**

<sup>1</sup>If I speak in human and angelic tongues<sup>[b]</sup> but do not have love, I am a resounding gong or a clashing cymbal. <sup>2</sup>And if I have the gift of prophecy and comprehend all mysteries and all knowledge; if I have all faith so as to move mountains but do not have love, I am nothing. <sup>3</sup>If I give away everything I own, and if I hand my body over so that I may boast but do not have love, I gain nothing.

<sup>4</sup><sup>[c]</sup>Love is patient, love is kind. It is not jealous, [love] is not pompous, it is not inflated,<sup>5</sup>it is not rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury, <sup>6</sup>it does not rejoice over wrongdoing but rejoices with the truth. <sup>7</sup>It bears all things, believes all things, hopes all things, endures all things.

<sup>8</sup><sup>[d]</sup>Love never fails. If there are prophecies, they will be brought to nothing; if tongues, they will cease; if knowledge, it will be brought to nothing. <sup>9</sup>For we know partially and we prophesy partially, <sup>10</sup>but when the perfect comes, the partial will pass away. <sup>11</sup>When I was a child, I used to talk as a child, think as a child, reason as a child; when I became a man, I put aside childish things. <sup>12</sup>At present we see indistinctly, as in a mirror, but then face to face. At present I know partially; then I shall know fully, as I am fully known.<sup>13</sup><sup>[e]</sup>So faith, hope, love remain, these three; but the greatest of these is love.

### **Galatians 5:16-26**

<sup>16</sup>I say, then: live by the Spirit and you will certainly not gratify the desire of the flesh.<sup>[m]</sup><sup>17</sup>For the flesh has desires against the Spirit, and the Spirit against the flesh; these are opposed to each other, so that you may not do what you want. <sup>18</sup>But if you are guided by the Spirit, you are not under the law. <sup>19</sup><sup>[n]</sup>Now the works of the flesh are obvious: immorality, impurity, licentiousness, <sup>20</sup>idolatry, sorcery, hatreds, rivalry, jealousy, outbursts of fury, acts of selfishness, dissensions, factions, <sup>21</sup>occasions of envy,<sup>[o]</sup>drinking bouts, orgies, and the like. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. <sup>22</sup>***In contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, <sup>23</sup>gentleness, self-control.*** Against such there is no law. <sup>24</sup>Now those who belong to Christ [Jesus] have crucified their flesh with its passions and desires. <sup>25</sup>If we live in the Spirit, let us also follow the Spirit. <sup>26</sup>Let us not be conceited, provoking one another, envious of one another.

## **Ephesians 1:3-14 Spiritual Blessings in Christ**

<sup>3</sup>Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup>*just as he chose us in Christ<sup>[b]</sup> before the foundation of the world to be holy and blameless before him in love.* <sup>5</sup>He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, <sup>6</sup>to the praise of his glorious grace that he freely bestowed on us in the Beloved. <sup>7</sup>In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace <sup>8</sup>that he lavished on us. With all wisdom and insight <sup>9</sup>he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, <sup>10</sup>as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. <sup>11</sup>In Christ we have also obtained an inheritance,<sup>[c]</sup> having been destined according to the purpose of him who accomplishes all things according to his counsel and will, <sup>12</sup>so that we, who were the first to set our hope on Christ, might live for the praise of his glory. <sup>13</sup>In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; <sup>14</sup>this<sup>[d]</sup> is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.