



David Browning

A Letter Of Introduction

Seventeen years ago I was flying back from Washington DC on a business trip. As I looked out the window I realized that, at 35, I had already lived a full and perfect life. As a child I had a loving mother and father, I never needed for anything physically or emotionally. I had treated everyone with grace and to those I hadn't, I had made amends. I had traveled extensively and experienced the world. I had a wife whom I loved unconditionally with all my heart and she loved me. So far in my life, I had been a treasure hunter and a documentary filmmaker. I had also developed an especially lucrative sporting goods accessory that is widely available in retail stores and held the patent on that. I had just negotiated with Michael DuMonceau, the founder of four national cable networks, including the Discovery Channel, to become the CEO of my company. An incredible feeling of calm came across my soul and I began to cry as I sat in the airplane. I realized that I was prepared to die and there was no fear at all. I had surely fulfilled all I had chosen to do on this earth. Yet why was I still here and what was I going to do now?

That same evening with no prior practice or indication, I entered a state of spontaneous meditation. During the next eight hours I had no thoughts, or visions and I heard no sounds. At four o'clock the following morning I came back to a normal state of awareness in my living room. I knew I had not been asleep, I knew I had been somewhere, and I knew now, more than I had ever known anything in my entire life, that I was eternal. Every evening for the next six months I would return to this state, and each time I would come back with new and more profound understandings of the true nature of the universe, ourselves, and everything in it. Following this period I spent several years traveling the world meeting Gurus, Mystics, Masters and Saints to see if they too had seen what I had seen.

Around 2001, I co-founded a Healing Arts Center in Phoenix, Arizona where I spent 12 years allowing my mind to understand that which I have always known and becoming established in this state of consciousness I now call Samadhi. I also cognized and developed literally hundreds of techniques, practices and meditations to help others attain this state of consciousness.

In 2010 I traveled to India and stayed in silence at the Namgyal and Gyuto Tantric Monasteries in Dharamsala, India. While there I met the Dali Lama and received five empowerments directly from him. I also spent time with the Karmapa and observed his regular classes. During the following year I lived and travelled with the head Tulku of the Gelukpa order, Gankar Tulku Rinpoche. Later, while still abiding in

silence I traveled and stayed at the most sacred places in India, including Bodh Gaya, Varanasi, and the Drepung Loseling Monastery in Mundgod. I have received all the empowerments of Tibetan Buddhism available from the monks and holy masters at these monasteries. While I was in India, I took the opportunity to ask these Holy Men if they were aware of the state that I currently abide in, and whereas they confirmed that it was the embodiment of their highest teachings and the goal of their entire faith, none of them had directly experienced it.

Upon my return from India I wrote and published my first book entitled “Seeing Through The Eyes Of God,” and developed a course on “The Mystic Seven; 7 Keys To Abiding In The Awareness Of The Enlightened Mind.”

I have dedicated my life, to seeing if it is possible to help others to silence the mind and enter into this state of consciousness that I now abide in at all times. Through the Mystic 7 Course, I have discovered that it is possible to express the inexpressible so that others may have these experiences For it is only through direct experience that we can realize our true divine nature and that we are eternal, infinite, and one with all that is.

The Mystic Seven

7 Keys To Abiding In The Awareness Of The Enlightened Mind

The Mystic Seven is a list of seven direct experiences that one has while in the state of Samadhi and are commonly shared by all of those who have become re-aware of their natural state of the enlightenment. They are also the foundational characteristics or qualities of the “Source,” and once anyone looks beyond them they abide outside of the ultimate truth and dwell in the realm of conventional and illusory reality. These seven keys to abiding in the awareness of the enlightened mind help one to become established in a state of consciousness where all of existence is perceived as it truly exist.

Samadhi

(Silence; The Host To Enlightenment)

There is a place beyond enlightenment where only the Source exists; a place that is indescribable and which the physical mind cannot comprehend. The dynamics and contradictions of this Source are infinite, eternal and dictated by the supreme law of the Unity or Singularity principle. It is the realm of “Nothingness”. And this realm, this dominion of God, can only be accessed while one abides in a state of consciousness known as “Samadhi.”

Samadhi is the “Pure and Absolute; Silence of the Mind”. It is the state of consciousness beyond all concepts and reality where one abides in the awareness of supreme knowledge, and in it’s highest state “Asamprajnata” there is actually no perceived experience at all; only the essence of the Source. In this state of consciousness an individual has tapped back into the universal consciousness which they have actually never left. It is here that all knowledge, experience and reality of the universe exist.

This Non-Experience is very similar to the threshold between the waking state and sleeping state of consciousness. A moment when there is a complete cessation of thought and perception. There is actually no “Experiencer” and therefore “No Experience” at all. The only difference is, in the threshold between waking and sleeping, you bring nothing back. In the “Nothingness of The Source” you bring everything back! One now holds within their own mind the origins and nature of the infinite and eternal

. . . . All Knowledge, All Experience, All Existence; An unimaginable combination of phenomenon which is beyond the physical minds capacity of comprehension. In one fraction of a second; in that one instant of non-existent time, you experience the entire known and unknown universe. You smell every fragrance, you see every vision, you hear every sound, you feel every feeling and taste every flavor. You spontaneously cognize all knowledge of the universe and experience every life that has ever existed or that ever will. You see all dimensions of time and space and all that reside within them. However unlike the physical realm, where after you have had the experience and over time it begins to fade from your memory; in the experience of “Nothingness,” these experiences and this awareness never subside from the mind of the soul. They will be with you forever, and never again will you be able to see the world or anything else as you once did.

In the highest teachings from all the greatest masters this is said to be the final and ultimate experience. There are texts that say that all paths lead to this experience. But in fact this is the first and only experience. Everything else is just the game. It does not matter if you were a religious ascetic, a layman or a murderer, this experienced can happen instantaneously from anywhere at anytime.

I now abide in a state of Samadhi all the time and have decided to write a third book and accompanying courses and silent retreats on the subject entitled the “Mystic Seven: 7 Keys To Abiding In The Awareness Of The Enlightened Mind”.