

# Halloween is Coming!



## ***PUMPKINS...APPLE PICKING...JUMPING IN LEAVES...HALLOWEEN!***

Most kids love Halloween because it means playing dress up and eating candy (too much candy!!) But for very young kids or children with sensory processing issues, Halloween can be a nightmare filled with scary masks, eerie sounds, face paint, and colored strobe lights!

### **Here are some tips to help make Halloween fun for everyone:**

- Store-purchased costumes may feel too scratchy, too slippery or too tight. Try adding a tail to a pair of soft sweatpants and attaching ears to the hood of a sweatshirt to make a dog, cat or bunny costume.
- Encourage your child to practice wearing the costume in advance to make sure he/she is comfortable. Kids usually want to do this anyway!
- If pulling the seeds out of the pumpkin when carving jack o'lanterns is deemed "too yucky" by your little one, have him/her paint a face on the outside of a pumpkin or decorate with stickers and markers.
- Consider trick-or-treating down a quiet street or only at homes of family and friends. Use the attached *picture schedule* to help show your child what he/she will get to do during trick or treat time.

Fall is my favorite time of year! On our *Pinterest Page* you will find loads of Fall and Halloween activities to try at home to build speech and language skills! Enjoy!

[www.ColumbusSpeech.org](http://www.ColumbusSpeech.org)

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# Going Trick or Treating



Costume on



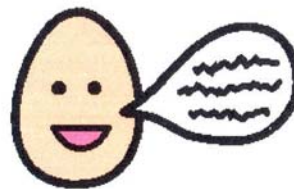
Get treat bag



Walk to house



Say "trick or treat"



Put treat in bag



Say "thank you"

