(HCRS) - 1.800.622.42351 Health Care & Rehabilitation Services Crisis Line Services District Office) - 1.800.479.6151 Economic Benefits (Brattleboro Agency of Human Child Support Helpline - 1.800.786.3214 Child Protection Line - 1.800.649.5285 Child Care Helpline - 1.800.649.2642 (xonth Services) - 257.0361 24/7 Youth and Family Crisis Support 112 TV

911 - Police, Fire Crisis/Emergency - Helplines/Hotlines

clothing. \*Contact your child's school for an application for free winter

www.secondchanceshoppe.com Second Chance Shoppe (Townshend) - 365.7196, ten.esiwtievol.www www.whippersnappersvt.com Love it Twice (Brattleboro) - 490.2160, Whippersnappers (Brattleboro) - 275.5176, moo.emiteoiwi.www Twice Upon a Time (Brattleboro) - 254.2261, Twice Blessed (Wilmington) - 464.7500 Community Bible Chapel (Brattleboro) - 254.2910 7454.785 - (Yortu9) hiw2 Reformer Christmas Stocking\* 254.5200, www.brattleborohospice.org

Experienced Goods Thrift Shop (Brattleboro) -

Cream of the Crop (Brattleboro) - 254.0056

www.pcavt.org Rescue, Inc. - 257.7679,

www.rescueinc.org - CPR training and First Aid training Safe Kids Windham County - 257.7679,

VT Dept. for Children and Families (DCF) Family Services Division - 257.2888, www.dcf.vermont.gov Windham County Sheriff's Office - 365.4941, www.windhamsheriff.com

\*Contact your local police or fire department about special safety trainings they might offer.

Support Groups

Center for Creative Healing - 387.2550 Fatherhood Services/Dedicated Dad's Group-254.3742, www.ees-vt.org Vermont Adoption Consortium - 258.0308, www.lundfamilycenter.org New Mom's Network (BMH) - 257.8877,

www.bmhvt.org Prevent Child Abuse VT - 1.800.244.5373,

www.pcavt.org Rocking Horse Program (EES) - 254.3742,

www.ees-vt.org
Turning Point of Windham County (Recovery Center) - 257.5600 Kinship Connections - 451.6445,

Young Mom's Group- 380.5598 www.vouthservicesinc.org <u>Transportation - Public</u>

The Current/Connecticut River Transit (Windham Co.) - 1.888.869.5165, www.crtransit.org The Moover/Deerfield Valley Transit Assoc. - 464.8487, www.moover.com

www.brattleborodropin.org Brattleboro Area Drop-In Center - 1.800.852.4286, 6904.722 Agape Church (Brattleboro) Clothing - Free or Low Cost 258.2414, www.winstonprouty.org Winston Prouty Center for Child Development www.vermontfamilynetwork.org VT Family Network - 1.800.800.4005, www.healthvermont.gov VT Dept. of Health - 257.2884, moo.saldsterstables.com Southern VT Therapeutic Riding Center - 365.9434, 257.7024, www.neyt.org (New England Youth Theatre) Theatre Adventure Program 1.888.888.5144, www.hcrs.org Health Care and Rehabilitation Services (HCRS) moɔ.tvtsriftesfilmsf.www (Brattleboro), 464.9633 (Wilmington), Windham Northest Supervisory Union, 463.1612 Families First in Southern VT, Inc. - 275.4919 Windham Southwest, 368.2985; Central, 348.6801; Education - Windham Southeast, 254.3765; Windham

Clothespins (Whitingham) - 368.7999

Early Intervention, 258-2414 and Specialized Child Early Childhood and Family Mental Health - 254-6028, Children's Integrated Services - 258-2874 x 29 Children with Special Needs

Essential Early Education Program (EEE)/Special

Care, 254-5332

Go! Vermont - carpooling info. 685.7433, www.connectingcommuters.org Other Resources

Parent Express of Windham and Cheshire Counties - Free monthly publication of ideas, resources and activities for parents, caregivers, and children, available at hundreds of locations. 1.800.765.9994, www.parentexpress.net Parent Information and Resource Center (PIRC) VT -1.800.800.4005, www.pircvermont.org The VT Parents' Home Companion & Resource *Directory* - Published annually by Prevent Child Abuse VT. Contact PCAVT at 1.800.244.5373 to request a

**NOTES** 

Windham Northeast Supervisory Union 463-9958 www.windhamsw.k12.vt.us Windham Southwest Supervisory Union - 464.1300, www.wssu.k12.vt.us/index.html Windham Southeast Supervisory Union - 254.3730, gyo.eysindhamchildcare.org Windham Child Care Association (WCCA) - 254.5332, http://district.wcsu.k12.vt.us Windham Central Supervisory Union - 365.9510,

www.brightfutures.dcf.state.vt.us - Maright Futures Child Care Information System www.putneyfamilyservices.org Putney Family Services (PFS) - 387.2120,

www.meetingwatersymca.org Meeting Waters YMCA, ASPIRE Programs - 463.4769, program at Brattleboro Union High School Early Head Start, Head Start, and Infant Toddler 1.800.427.3730 (VInO TV) 0878.724.008.1 Early Education Services (EES) - 254.3742, www.bgcbrattleboro.com

Boys & Girls Club of Brattleboro - 254.5990, Bellows Falls Boys & Girls Club - 460.4400 (BAMS) - 451.3500, www.bams.k12.vt.us BEAMS Program at Brattleboro Area Middle School

& After School Child Care, Preschool

additional resources. call 211 in Vermont or visit www.VT211.org for Resource categories are listed alphabetically

ofherwise noted. All phone numbers are area code 802 unless responsible for errors contained herein. Building Bright Futures of Southeastern VT is not • This information is provided as a resource only and Notes:



in-kind support from: This guide was made possible by financial and .nozgnimliW

Wardsboro, Westminster, Whitingham, and Somerset, Stratton, Townshend, Vernon, Halifax, Jamaica, Marlboro, Newfane, Putney, Brookline, Dover, Dummerston, Guilford, serving the towns of Athens, Brattleboro, Regional Council of Southeastern VT

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Please feel free to make copies of this resource directory

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PARENTANG 

Children don't come with instructions - here's a convenient reference guide to all things a parent might need, whether you're expecting your first child or have a teenager!

Intensive Family-Based Services

(Youth Services) - 257.0361 Crisis/Emergency - Helplines/Hotlines Cont. Parents Assistance Line (PAL) - 1.800.727.3687 Parents Stress Line - 1.800.244.5373 Poison Center of Northern NE - 1.800.222.1222 Suicide Prevention Lifeline - 1.800.273.8255 VT Network Against Domestic & Sexual Violence Domestic Violence: 1.800.228.7395

Sexual Violence: 1.800.489.7273 Women's Freedom Center - 254.6954 Financial assistance

Bankruptcy Advice (Free) 1.800.379.0985 Brattleboro Area Drop In Center 257.5415 or 1.800.852.4286 Consumer Credit Counseling

Service of NH & VT - 1.800.327.6778 Debt Relief Hotline (credit card) - 1.800.685.2705 Dept of Employment and Training - 254.4555 Fuel Assistance - 1.800.479.6151

Housing Finance Agency - 1.800.287.8432 Lifeline Telephone Service Credit - 1.800.479.6151 Link-Up VT (telephone) - 1.800.479.6151 Mortgage Payment Assistance - 1.800.750.8956 ReachUp - 1.800.479.6151

Southeastern VT Community Action (SEVCA) 1.800.464.9951 www.sevca.org

Student Loan Relief Hotline - 1.866.836.9168 *Tax Relief Hotline* - 1.877.283.8580 VT Dept for Children and Families - 257.2820

VT State Parks - 1.888.409.7579,

www.vtstateparks.com \*If not listed, contact your town office to inquire about recreation options Health & Wellness

AIDS Project of Southern Vermont - 254.4444, www.aidsprojectsouthernvermont.org Brattleboro Free Walk-In Clinic - 257.6536, www.brattleborowalkinclinic.com Brattleboro Memorial Hospital/The Birthing Center -257.8830, www.bmhvt.org Brattleboro Naturopathic Clinic - 254.9332, www.brattleboronaturopathic.com Center for Homeopathy - 254.2928, www.centerforhomeopathy.com Grace Cottage Hospital - 365.7357, www.gracecottage.org
Medicaid & Dr.Dynasaur- 1.800.250.8427, www.greenmountaincare.org Planned Parenthood (Brattleboro Health Center) - 257.0534,

www.plannedparenthood.org/ppnne Putney Walk-In Health Clinic - 387.2120, www.putneyfamilyservices.org Sojourns Community Health Clinic - 722.4023,

www.sojourns.org VT Department of Health - 1.800.649.4357 and 257.2880, www.healthvermont.gov Vermont Health Connect - 1.855.899.9600,

www.vermonthealthconnect.gov \*The Family Guide to Area Healthcare Services Free copies available at BMH Mental Health - Children and/or Adult

Brattleboro Pastoral Counseling Center -

VT Adult Learning - 257.9449, www.vtadultlearning.org

3SquaresVT (food stamps) 1.800.479.6151, www.vermontfoodhelp.com Angel Food Ministries, 1.877.FOOD.MINISTRY,

www.angelfood ministries.com Brattleboro District Agency of Human Services (AHS) Office - 1.888.253.8805

Commodity Supplemental Food Program (CSFP) -1.800.214.4648, www.vtfoodbank.org Farmers Markets -

Brattleboro Area - 254.8885, www.brattleborofarmersmarket.com Brattleboro Market Basket - 869.2141, www.postoilsolutions.org Brattleboro Winter Market - 869.2141, www.postoilsolutions.org Putney Farmers Market - 387.4234, www.putneyfarmersmarket.org Townshend Common - 869.2141, www.postoilsolutions.org Wilmington - 442.7371, find on Facebook

Farm to Family Program - 1.800.464.4343 x7333 Food Connects - 508.971.2855 Food Shelves -

Agape Christian Fellowship - 257.4069 Brattleboro Area Drop-In Center - 1.800.852.2005 Community Bible Chapel (Brattleboro) - 254.2910 Deerfield Valley Food Pantry - 464,0148

254.9071, www.bpccvt.com Brattleboro Retreat - 1.800.738.7328, www.brattlebororetreat.org Center for Creative Healing - 387.2550 Early Childhood and Family Mental Health 254.6028

Health Care and Rehabilitation Services (HCRS) -1.888.888.5144, www.hcrs.org Northeastern Family Institute (NFI) - 254.2558, www.nafi.com

\*Contact your child's school for a school counselor

Substance Abuse Prevention, **Treatment and Recovery** 

Brattleboro Area Prevention Coalition - 257.2175, www. Brattleboro Area Prevention Coalition. orgBrattleboro Retreat - 1.800.738.7328,

www.brattlebororetreat.org Friends of Recovery VT - 1.800.769.2798, www.friendsofrecoveryvt.org Deerfield Valley Community Partnership - 464.1698,

www.dvcp.org Greater Falls Connections - 463.9927, www.greaterfallsconnections.org

Rocking Horse Program (EES) -254.3742 www.ees.vt.org Turning Point of Windham County Recovery Center VT Department of Health - 257.2880,

www.healthvermont.gov West River Valley Thrives - 365.4700, www.wrvthrives.com

\*Contact your child's middle or high school for the Student

Guilford Food Pantry - 257.8136 Jamaica-Wardsboro Food Pantry - 874.7234 Putney Community Food Shelf - 387.2120 Townsend Community Food Shelf - 365.4321 Free and Reduced Lunch Program\* (inc. breakfast and summer) - 865.0255, www.hungerfreevt.org Meal Programs -

Agape Christian Fellowship (Brattleboro) - 257.4069 Brigid's Kitchen (Brattleboro) - 254.6800 Grace's Kitchen (First Baptist Church, Brattleboro) - 257.5415 or 254.9566 Loaves & Fishes (Centre Congregational Church, Brattleboro) -

Nutrition Education/Healthy Cooking Classes -Brattleboro Food Coop - 246.2842, www.brattleborofoodcoop.com Hunger Free VT - 865.0255, www.hungerfreevt.org VT Dept. of Health (WIC) - 257.2880, www.healthvermont.gov

Post Oil Solutions - 869.2141, www.postoilsolutions.org VT Foodbank - 1.800.585,2265. www.vtfoodbank.org WIC in VT - 1.800.646.4357 and 257.2880, www.healthvermont.gov/wic \*Contact your child's school for an application.

Fun Things to Do with Kids -Free or Low Cost

Assistance Program counselor

Housing/Shelter Brattleboro Area Drop-In Center -1.800.852.4286.

www.morningsideshelter.org

www.brattleborodropin.org Brattleboro Housing Authority -

254.6071, www.brattleborohousingauthority.com Family Supportive Housing - 258.2874, www.winstonprouty.org Morningside Shelter - 257.0066,

Social Services (emergency housing) - 257.2888 Windham & Windsor Housing Trust - 254.4604, www.w-wht.org Winter Overflow Shelter (Bratt.) - 1.800.852.4286

Youth Services (housing for youth) - 257.0361, www.youthservicesinc.org

Parent Education and Support Brattleboro Area Prevention Coalition - 257.2175,

www.BrattleboroAreaPreventionCoalition.org Brattleboro Memorial Hospital (BMH) - 257.0341, www.bmhvt.org/events Building Bright Futures of Southeastern, VT -

www.buildingbrightfutures.org Children's Integrated Services, Family Support -258.2874, www.winstonprouty.org Deerfield Valley Community Partnership (DVCP) -464.1698, www.dvcp.org

Early Education Services (EES) - 254.3742 1.800.427.3730, www.ees-vt.org Grace Cottage Hospital - 365.7357,

Bellows Falls Fish Ladder -843.2111 Bellows Falls Boys & Girls Club -

460.4400 Boys & Girls Club of Brattleboro - 254.5990, www.bgcbrattleboro.com

Brattleboro Recreation & Parks Dept\* - 254.5808, www.brattleboro.org Cheshire Children's Museum- 603.903.1800,

www.cheshirechildrensmuseum.org Help Empower Youth Guide (Youth Services) 257.0361, www.helpempoweryouth.com KidsPLAYce - 254.5212 Libraries (VT Dept of Libraries) - 828.3261,

libraries.vermont.gov, Montshire Museum of Science- 1.802.649.2200, www.nature-museum.org

Museums – www.vtliving.com/museums/sout.shtml Nature Museum at Grafton- 843.2111, www.montshire.org

Playgroups (Early Ed. Services) - 254.3742 (free) Retreat Petting Farm - 257.2240 Southern Vermont Natural History Museum-464.0048, www.vermontmuseum.org Stonewall Farm- 603.357.7278,

www.stonewallfarm.org Summer Camp List (Youth Services) - 257.0361 Vermont Institute of Natural Sciences- 359.5000, www.vinsweb.org

Vernon Dam & Fish Ladder, 603.445.6800 Vernon Recreation Dept\* - 254.9251, www.vernonrec.com

www.gracecottage.org Greater Falls Connections - 463.9927, www.greaterfallsconnections.org Health Care & Rehabilitation Services (HCRS) -1.888.888.5144, www.hcrs.org Healthy Media Choices - 1.718.488.9001, www.healthymediachoices.org Prevent Child Abuse VT (PCAVT) - 1.800.244.5373, www.pcavt.org VT Dept. for Children & Families (DCF) Family Services Division - 257.2888,

www.dcf.vermont.gov Welcome Baby Program (EES) - 254.3742,

www.ees-vt.org West River Valley Trives - 365.4700

www.wrvthrives.com

Safety Information/Classes American Red Cross -

www.redcrossvtnhuv.org Babysitter course, Infant and Child CPR Brattleboro Memorial Hospital - 257.0341, www.bmhvt.org - Safe Sitter babysitting course Be Seat Smart Program (car seat safety)-1.888.VMT.SEAT, www.beseatsmart.org Lead Safe VT - www.leadsafevermont.org Lead Safe and Healthy Homes - 463.9927,

www.parksplacevt.org NetSmartz (internet/technology) www.netsmartz.org

Northern New England Poison Center - 1.800.222.1222 Prevent Child Abuse VT (PCAVT) - 1.800.244.5373,