



## C-CHANGE Harmonized Guidelines for Management of Patients with CV Risk in Primary Care

### **Train the Trainer Workshop**

Thursday December 5, 2013

10:00am – 4:00pm

Hilton Hotel – Downtown Toronto

Heart and Stroke Clinical Update 2013 – Pre-Conference Workshop

This workshop will provide details of the C-CHANGE Initiative and the updated harmonized cardiovascular guidelines. The National clinical practice guidelines include cardiac and stroke rehabilitation, diabetes, dyslipidemia, hypertension, obesity, physical activity, and smoking cessation. The recommendations target screening and management strategies for CVD and CVD risk factors in family and primary care practice.

The session has been designed to meet the educational needs of family doctors, primary care teams and general practitioners working with multi-risk, multiple co-morbid patients

#### **At the conclusion of this workshop, participants will be able to:**

1. Apply the C-CHANGE Guidelines and educational resources/tools in their practice for improved patient care in CVD prevention and treatment.
2. Educate other healthcare professionals on how to use the C-CHANGE Guidelines and resources/tools.
3. Educate patients on the C-CHANGE self management tools and resources

#### **Program Features**

Facilitator: Sheldon Tobe, MD, MScCH (HPTE), FRCPC, FACP, FASH

Hypertension and Nephrology Specialist, Co-Chair, C-Change Initiative

- C-CHANGE Harmonized Guidelines 2013: What's New?
- How to Deliver Effective Presentations - getting the message out to primary care
- C-CHANGE Clinical Resource Centre, C-Changeinme™: Patient Self-Management
- Case Study: The Complex Patient: Managing patients with multiple morbidities
- Interprofessional Panel Discussion

**Study Credits:** 5.0 MAINPRO-C

**REGISTER TODAY:** [Heart and Stroke Clinical Update 2013 – Pre-Conference Workshop](http://www.heartandstroke.on.ca/site/c.pvl3leNWJwE/b.8707727/k.EC2F/HeartStroke_Clinical_Update_2013.htm)  
[http://www.heartandstroke.on.ca/site/c.pvl3leNWJwE/b.8707727/k.EC2F/HeartStroke\\_Clinical\\_Update\\_2013.htm](http://www.heartandstroke.on.ca/site/c.pvl3leNWJwE/b.8707727/k.EC2F/HeartStroke_Clinical_Update_2013.htm)

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