



November 2014

The Y's Women Newsletter

GENERAL MEETINGS

Open to members and their guests

Place: Unitarian Church

10 Lyons Plains Road, Westport

10:45 am Coffee and Conversation

11:30 am Meeting and Speaker

November 10

Mark Rubinstein: Why Thriller Fiction?

Dr Rubinstein is a psychiatrist, journalist and author who has worked extensively in forensic psychiatry. He has written medical, non-fiction and fiction books and is a journalist for the *Huffington Post*. He will discuss why crime fascinates us, the general population, and how his experience as a forensic psychiatrist has informed him about violence, criminality, insanity, and the legal system. He will also address the trauma experienced by survivors of terroristic events.

November 24

Eileen Hunt: The Fabulous World of Opera

Dr Hunt will highlight some of the favorite moments from opera throughout history. Eileen is familiar with not only the Metropolitan Opera in New York, but also the great opera houses in Europe and the UK. She is a performing musician and teacher who has presented solo and ensemble recitals as a pianist and organist throughout the US and Europe. She is currently Minister of Music for the Greens Farms Community Church in Westport. Eileen holds a degree in organ performance and musicology and studied in France under the auspices of a Carneal-Drew Foundation Grant.

LUNCHES WITH SPEAKERS

We encourage a small group of members to have lunch with the speaker (see above), at a Westport restaurant, following their presentation. If you would like to join us, please reply to: VP Programs Dava Waltzman at dwaltz@optonline.net

Mark your calendars — Save the Date!

Our Holiday Party will be on December 8

Invitation with details is coming soon by email.

SATELLITE GROUPS

(Y's Women members ONLY)

Book Club 1: We will be meeting on Thursday, November 20 at 1:00 pm in the Seminar Room of the Library. We are reading *This is the Story of a Happy Marriage* by Ann Patchett. Any questions? Call Call Frankie Stein, 226-4219 or Connie Beskind, 255-8682.

Book Club 2 will meet on Thursday, November 6, from 1:30 - 3:00pm, in the Library's Seminar Room, to discuss Alice McDermott's book *Someone*, facilitated by Nancy Bloom. RSVP to Arlene Bloom, bloomah@sbcglobal.net or at 254-9096.

Book Club 3: We will meet on Friday, November 7 at 10:30 am to discuss *The Signal and the Noise* by Nate Silver, led by Fran Mande. Our meeting is at Inge Van Gelder's home. New members are welcome. For more info call Joan Harnett, 587-1170.

Newstalk: Open discussions on what's news ...

Meeting on Thursday, November 20, from 10:00 to 11:30am at Frankie Stein's, 42 Whitney Glen Drive, Westport. Questions? Call Phyllis Groner, 226-5583.

Newcomers Luncheon

Where: Terrain Garden Café (local, organic food)
561 Post Road East, Westport

When: 12:45 pm, Monday, Nov. 17

RSVP by Friday, Nov. 14 by email to Ann Stewart at ann@AnnStewart.com

The Newcomers Luncheons are for all Y's Women -- new members, long-time members and women thinking of joining. A great way to meet and get to know each other better. Please come!

SATELLITE GROUPS (continued)**Walking Group:**

11/04 - Sherwood Island - Meet in Pavilion parking lot
Remember to vote today!!!!

11/11 - Compo Beach - Meet cannon end of parking lot

11/18 - Sherwood Island - Meet in Pavilion parking lot

11/25 - Compo Beach - Meet cannon end of parking lot

We will meet at 9:45 and walk from 10:00 to 11:00

Come join us — the more the merrier! Weather cancellations will be announced by email by 8:00 am.

Questions? Contact Polly at pnptemple@mac.com

Polly Temple and Barb Stephen.

Solos: Our next get together will be held on Saturday, November 15. We will start at 4:00pm (while still light out) and we will be serving dinner. Lynn Charney has graciously offered her home at 5 Cypress Pond Rd, Westport. Reservations - call 203-227-7304 -----Mail your check (\$25) to Joan Weinstein, 46 Tannery Lane South, Weston 06883. The cut-off date is November 12.

Carpool and Go!

On Thursday, November 13 we will head west to visit **DIA:Beacon**. This museum is in a re-purposed factory building in Beacon, NY on the Hudson River. It houses Dia Arts Foundation's spectacular collection of pieces from the 60s to the present, as well as special exhibits and new commissions. We will do a self guided tour and then lunch on Main St. in Beacon (restaurant TBD).

Plan to meet at Trader Joe's/Wells Fargo parking lot at 9:15 am for 9:30 departure. Please email Lydia Menendez - lydiamnndz12@gmail.com or call her (203)319-1110 to reserve. Then mail a check for \$8.00 (senior group admission), made out to Lydia Menendez, to her at 388 Oldfield Rd, Fairfield, CT 06824. The gas reimbursement for your driver will be \$8.00. Please indicate if you can drive — drivers are always needed and appreciated! Any questions? Contact Jill Meyer at 226-4310 or Lydia Menendez, 319-1110.

**Bring food...**

The Mercy Learning Center of Bridgeport provides basic literacy and life skills training to low-income women, without regard for race, color or creedand does an extraordinary job. There is often an urgent need for food and we try to help by bringing non-perishable food items to the **first Y's Women's meeting of each month.**

It is then delivered to the Center for distribution.

Food suggestions:

Canned—vegetables, soups, fruit, tuna fish, tomato sauce. Cereals, pasta, sugar, rice (in bags)

Baby food (jars), baby cereals.

Bags of dried beans. peanut butter, jelly.

100% juice boxes. Tea, coffee (regular and decaf),

Please help! Your contributions are much appreciated. Any questions? Call Jean McGurk, 222-0501

A gentle reminder.....

If your annual dues (\$35) are not paid by October 31, you will not be listed in the 2014-15 Membership Roster. Pay at General Meeting or mail to: Carolyn Meyer, 3 St George Place, Westport, CT 06880.



HAPPY THANKSGIVING!!!

Join the Y's Women's Trips this Fall



Wednesday, November 19 : The New 9/11 Memorial Museum with the Park Avenue Armory and Afternoon Tea at the Plaza. The morning will be spent at the Museum in a self-guided tour of the country's principal institution for documenting the impact of the events of 9/11 and exploring the continuing significance of the devastating attack. The afternoon will give us a guided tour of the historic **Park Avenue Armory**, followed by **Afternoon Tea at the Plaza's romantic and timeless Palm Court.** **Price per person is \$158, all inclusive.** There is still space available for this trip.

Sunday, December 14: A Tour of Harlem with "Ellington At Christmas: Nutcracker Suite" at the Apollo Theatre. A special day with a guided overview tour of vibrant Harlem. We will visit the **Morris-Jumel Mansion** and have lunch at **Miss Mamie's Spoonbread Too!** At the Apollo Theatre we will see **Duke Ellington's Nutcracker Suite** featuring a 16 piece orchestra, soprano Priscilla Baskerville, tap dancer Jason Samuels Smith, a mass gospel choir and students from Dance Theatre of Harlem. **Price per Person is \$152, all inclusive. This trip is currently filled and names are being accepted for the waiting list.**

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The above two trips will conclude the 2014 trips and travel season. Y's Women trips will hibernate for the winter months and the new 2015 spring and summer season will be available soon! Stay tuned!!!

**OUT-OF-THE-COUNTRY TRIPS for 2015**

**Costa Rica: 9 days — February 2 OR March 2, 2015**

Includes Tourteguero National Park, Arenal, & Manuel Antonio. Price from \$2999.

**Paris and Normandy Seine River Cruise— 9 days, April 22-30, 2015**

5-STAR River Boat Cruise featuring Paris and the French Countryside with Airfare, Price from \$3399.

**Italy by Rail.** Dates still to be decided. Probably October 2015. Details will be forthcoming.

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Detailed flyers for all trips are available at the Y's Women's General Meetings or by contacting Pat Farmer, 203.227.3076 or pahf02@gmail.com.

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***Just a reminder of our Trip Cancellation Policy: Your payment is your reservation.***  
***Refunds will be given only when your place can be sold to someone else.***