

September 2013

The 's Women Newsletter

GENERAL MEETINGS

Open to members and their guests

Place: Unitarian Church

10 Lyons Plains Road, Westport

10:45 am Coffee and Conversation

11:30 am Meeting and Speaker

September 9: Jessica Banthin, PhD

Washington Comes to Westport

Jessica Banthin is the Deputy Assistant Director for Health at the non-partisan Congressional Budget Office. She will talk about the costs of health care, with emphasis on the Affordable Care Act, and how those costs contribute to the overall budget deficit. She leads a team of economists at the CBO who produce reports on health policies and cost estimates for every health-related bill approved by the U.S. House or Senate. A graduate of Staples High School, Dr Banthin received a BA from Harvard, and a PhD in economics from the University of Maryland.

September 23: Maxine Bleiweis

The Westport Library...What's on the Horizon?

Maxine Bleiweis has been Library Director of the Westport Library since 1998, where she has been dedicated to ensuring that library users feel welcome and that the Library provides the community with resources needed for lifelong learning. She has been president of the Connecticut Library Association, which awarded her Librarian of the Year in 2011, as well as serving on the Board of Westport's Chamber of Commerce and on the Advisory Council to the Westport Historical Society.

SATELLITE GROUPS

(Y's Women members ONLY)

Book Club 1 will meet on Thursday, September 19 at 12:30 pm in the Seminar Room of the Library. You may bring your lunch. The book we are reading is *Bring up the Bodies* by Hilary Mantel. Call Frankie Stein, 226-4219 or Connie Beskind, 255-8682 for more information.

Book Club 2: Our meeting on Thursday, Sept. 12, from 1:30 - 3 pm will be held at Arlene Bloom's home. Doris Skutch will lead the discussion of *The House of Mirth* by Edith Wharton. Any questions? Contact Eileen Rosen, 226-1433.

Book Club 3 will be meeting on Friday, September 6 at 10:30 am in the Breslin Room of the Westport Y. We'll be discussing *Team of Rivals: The Political Genius of Abraham Lincoln* by Doris Kearns Goodwin. New members are encouraged to come. For more information, call Joan Harnett, 587-1170.

Newcomers: Please join us for the first Newcomers Lunch on September 23 at the Osteria Romana at 250 Westport Avenue, Norwalk (203)229-0844. We will leave for lunch immediately after the General Meeting. This is a great way to make new friends, reconnect with members or just have a good time and great conversations. Questions? Call Barbara Morrow, 929-3133

Newstalk: We will meet on Thursday, September 26 at 10:00am. (Please call Carole Donenfeld at 203-226-9313 for the location.) Bring a topic or news item you'd like to present for a free-wheeling discussion. All Y's women are welcome!

SATELLITE GROUPS (continued)

Let's Carpool and Go!

On Wednesday, September 25, we will be visiting the Bellarmino Museum on the campus of Fairfield University. A docent-led tour of the small but excellent show titled *Fire and Earth: Native American Pottery from New Mexican Pueblos*, will be preceded by a film about Maria Martinez and her son, showing their process for making their special pots. Following this visit, we will lunch in nearby downtown Fairfield at Centro (to be confirmed).

Meet at Trader Joe's (Westport) parking lot at 9:45 am; departure at 10:00. Reserve your spot by email to Lydia Menendez: lydiamnndz12@gmail.com --- and sending a check for \$5.50 to her at 388 Oldfield Rd., Fairfield, CT 06824. Please indicate if willing to drive. Gas reimbursement to drivers will be \$2.00 (cash). Questions? Lydia Menendez at 319-1110 or Jill Meyer at 226-4310.

The Solos will be starting off the Fall season on Saturday, September 28, at Joan Weinstein's home on Tannery Lane in Weston. We'll gather at 5 pm for drinks, with dinner to follow. To reserve your spot, call Joan at 227-7304. More details to follow.

Our Tuesday suppers at Compo beach will continue while the weather cooperates. Pat Powers, 256-5855.

Walking Group: Please come and join us for the new season. New members are welcome. Contact Polly Temple at pnptemple@mac.com to be added to our mailing list.

We meet at 8:45 am and walk from 9 to 10 am. In case of rain, I will send a cancellation email by 8:00 am. The schedule is —

9/7 -Compo Beach: Meet in parking lot near cannons
 9/10 - Sherwood Island - Meet in pavilion parking lot
 9/17- Southport - Meet in Pequot Library parking lot
 9/24-Compo Beach: Meet parking lot near cannons
 Call Polly Temple, 293-4688 or Barb Stephen, 557-3551 for further info.

Duplicate Bridge: Every Tuesday afternoon, from 1 - 4 pm at the Unitarian Church (room adjacent to Lobby). Not a sanctioned game (no master points) - just relaxed bridge. No need to call ahead; just come have fun! For questions or partners, call Anne Fogel, 227-3425.

Bring food...

The Mercy Learning Center of Bridgeport provides basic literacy and life skills training to low-income women, without regard for race, color or creedand does an extraordinary job. Clients are often in urgent need of food and the Y's Women try to help by bringing nonperishable food items to the **first Y's Women's meeting of each month.**

It is then delivered to the Center for distribution.

Food suggestions:

Canned—vegetables, soups, fruit, tuna fish, tomato sauce. Cereals, pasta, sugar, rice (in bags)

Baby food (jars), baby cereals.

Bags of dried beans. Peanut butter, jelly.

100% juice boxes. Coffee (regular and decaf), Tea

Please help; Your contributions are much appreciated. Any questions? Call Jean McGurk, 222-0501



The Y's Women Newsletter

will arrive in your email about the 25th of each month, throughout our season —from now through next May.

Make sure that your email address, as listed in the membership roster, is correct.

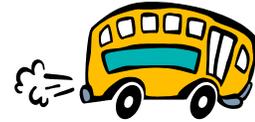
Notify Carolyn Meyer of any changes or corrections: 227-9476 or cwmeyer@optonline.net

You can also read the newsletter on the Y's Women website — www.yswomen.org

A member's e-mail address will only be used for the monthly newsletters and for occasional important announcements.

TRIPS

..... *don't miss the bus!*

**THURSDAY, OCTOBER 24: AN INCREDIBLE DAY IN THE HUDSON VALLEY ~**

We start out with Madera Farms, the home of Crown Maple Syrup, as we trace the journey of their maple sap from tree to barrel. We will lunch at the **American Bounty restaurant of the Culinary Institute of America**. The afternoon will be spent touring the FDR Home, Museum and newly renovated Library. All-inclusive cost is \$106 per person.

THURSDAY, NOVEMBER 21 : GOODSPEED OPERA HOUSE and *THE MOST HAPPY FELLA*. Luncheon at the **Gelston House** will precede this acclaimed Frank Loesser musical. With a gorgeous score and spirited dancing, it is a simple and touching love story that makes for an extraordinary afternoon of theatre. Some favorite songs include "Standing on the Corner" and "Somebody, Somewhere". The all-inclusive cost will be \$132 per person.

WEDNESDAY, DECEMBER 11 ~ THE RADIO CITY CHRISTMAS SPECTACULAR.

Gather for an 11:30 am departure to NYC, enjoy a late **luncheon at popular B.Smith's** on Restaurant Row, then board our coach for the holiday atmosphere of the Rockefeller Center area. Head over to Radio City Music Hall and take our orchestra seats for the 5:00 pm performance of the "Christmas Spectacular", celebrating the 85th anniversary of the Rockettes!! All inclusive price per person is \$149. We have a deadline of September 25th in order to reserve a minimum of 35 seats. Please place your reservations promptly and by that date.

Looking even further ahead.... Plans are in the works for October 2014 for a River Cruise in France. Specific dates and costs not yet available (costs should be in the same range as the 2012 and 2013 trips).

Details for all trips are available at Y's Women's General Meetings or by contacting

Pat Farmer, Chairman of Trips & Travel, at 203-227-3076 or pahf02@gmail.com

Just a reminder of our Trip Cancellation Policy: Your payment is your reservation. Refunds will be given only when your place can be sold to someone else.