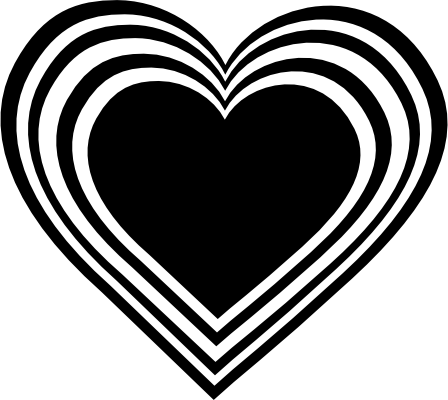
February 2014

Nonfat Chocolate Milk or 1% Milk is served with all meals. Peanut Butter and Jelly Sandwiches are available every day as a menu alternative. All breads, pastas, rice, wraps, tortillas, & other baked goods are 51% or more whole grain. Our Healthy Choice Bar offers a selection of fruit and fresh vegetables daily with seasonal variations.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  |  |  | 1 |
| 2 | 3  Blueberry Waffle Greek Yogurt or Turkey Sausage  Healthy Choice Bar | 4  Chicken Tortillas  Refried Beans  Healthy Choice Bar | 5  Dominos Pizza  Healthy Choice Bar | 6  Grilled Cheese  Baked Beans  Animal Crackers  Healthy Choice Bar | 7  Hearty Bean Soup  Soft Bread Stick  String Cheese  Healthy Choice Bar | 8 |
| 9 | 10  Breakfast Wrap or Flauta  Greek Yogurt or Turkey Sausage  Healthy Choice Bar | 11  Tangerine Chicken  Brown Rice  Healthy Choice Bar | 12  Dominos Pizza  Healthy Choice Bar | 13  NO SCHOOL | 14  NO SCHOOL | 15 |
| 16 | 17  PRESIDENT’S HOLIDAY | 18  Chicken Patty on Whole Grain Bun  Whole Grain Goldfish Crackers  Healthy Choice Bar | 19  Dominos Pizza  Healthy Choice Bar | 20  Turkey& Bean Chili  Corn Chips  Healthy Choice Bar | 21  Fajita  Black Bean Salsa  Healthy Choice Bar | 22 |
| 23 | 24  Mini Pancakes  Greek Yogurt or Turkey Sausage  Healthy Choice Bar | 25  Teriyaki Chicken  Brown Rice  Healthy Choice Bar | 26  Dominos Pizza  Healthy Choice Bar | 27  Bean & Cheese Burrito with Salsa  Healthy Choice Bar | 28  Tuna Salad on Whole Grain Bun  PBJ Graham Crax Healthy Choice Bar |  |