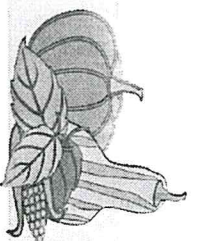


# 2013 DECEMBER

Milk is served with all meals – Peanut Butter & Jelly Sandwiches served every day as alternate menu.  
All breads, pastas, rice, wraps, tortillas and other baked goods are 51% or more whole grain.  
Our Healthy Choice Bar will offer a selection of fresh veggies and fruit daily with seasonal variations.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02	03	04	05	06	07
Mini Pancakes; Yogurt or Turkey Sausage Healthy Choice Bar	Tangerine Chicken Brown Rice Healthy Choice Bar	Dominos Pizza Healthy Choice Bar	Del Chicken & Cheese Sandwich; Chicken Noodle Soup; Healthy Choice Bar	Fajita Apple - Cherry Crisp Healthy Choice Bar		
08	09	10	11	12	13	14
Mini French Toast, Yogurt or Turkey Sausage Healthy Choice Bar	Turkey Patty on Bun Potato Wedges Healthy Choice Bar	Dominos Pizza Healthy Choice Bar	Tomato Soup, Grilled Cheese Pocket, Healthy Choice Bar Alphabet Cookies	Turkey Meatball Sub Sandwich Healthy Choice Bar		
15	16	17	18	19	20	21
Mini Waffles; Yogurt or Turkey Sausage Healthy Choice Bar	Teniyaki Chicken Brown Rice Healthy Choice Bar	Dominos Pizza Healthy Choice Bar	Three Bean Turkey Chili and Chips, Healthy Choice Bar	NO SCHOOL		
22	23	24	25	26	27	28
Winter Break						
	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	
29	30	31				
vegetarian	Turkey	Chicken				