## September 2014 Z



Only whole grains are served. Fruit is offered with every meal.

Nonfat Chocolate Milk (without high fructose corn syrup) & 1% Milk are offered.

Our Healthy Choice Salad Bar offers a selection of fresh vegetables daily. Peanut Butter and Jelly Sandwiches are available every day as a menu alternative.

	28	21	14	7		SUNDAY
	Shredded Chicken Burritos Salsa Healthy Choice Bar	French Toast Greek Yogurt Healthy Choice Bar	Asian Meatball Sandwich Healthy Choice Bar	8 Orange Chicken Brown Rice Healthy Choice Bar	1 Labor Day NO SCHOOL	MONDAY
"ISDA is an equ	30 Grilled Cheese Baked Beans Healthy Choice Bar	23 Teriyaki Chicken Brown Rice Healthy Choice Bar	16 Luau Pork Wrap Healthy Choice Bar	Shredded Pork Tortilla Black Bean Salsa Healthy Choice Bar	Chicken Nuggets Mashed Potatoes Whole Grain Breadstick Healthy Choice Bar	TUESDAY
"USDA is an equal opportunity provider and employer."		24 Bean & Cheese Burrito Salsa Healthy Choice Bar	Chili Shredded Cheese Twin Breadsticks Healthy Choice Bar	Grilled Chicken Sandwich Greek Yogurt Healthy Choice Bar	3 Fish Taco Shredded Cheese Salsa Healthy Choice Bar	WEDNESDAY
		25 Dominos Pizza Healthy Choice Bar	18 Dominos Pizza Healthy Choice Bar	11 Dominos Pizza Healthy Choice Bar	4 Dominos Pizza Healthy Choice Bar	THURSDAY
A.		No School Student Led Conferences	19 Chicken Fajita Black Bean Salsa Healthy Choice Bar	Hearty Bean Soup Soft Breadsticks Healthy Choice Bar	Meatball Sub Baked Beans Healthy Choice Bar	FRIDAY
		27	20	ದೆ	6	SATURDAY

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