

# SEPTEMBER WELLNESS SEMINAR

Annalisa Nieuwsma LPTA

1 FREE BRAND NEW DAVIS FITNESS CENTER GYM BAG AND TOWEL TO BE GIVEN AWAY TO THE LUCKY WINNER!!



## Balance & Falls Prevention Across the Lifespan

Join us for an informative seminar that will apply to everyone who has ever wondered about balance and how preventing falls can improve the way you feel! [Join us for ZUMBA with new instructor, Jennifer Pate](#)

**09/24/2014 11:15 AM** in the Wellness Classroom