

Frequently Asked Questions

Kids Camp Parent Day

What is this program?

Kids Camp Parent Day is an opportunity to add a parent debrief onto our existing camp program. At Camp Hodia, children with diabetes learn about how to live happy, healthy, and boundless lives, all while balancing and managing their diabetes. By the end of camp, children have a fresh outlook on life with diabetes, and have had a week of education and support to help them get to this level. Kid's Camp Parent Day will provide parents with the opportunity to have cabin counselor to parent meetings, time with our medical staff, and participate in an educational assembly in the lodge. Our goal is for parents and campers to leave camp with tools to help them implement the magic experienced at Hodia, at home in their daily lives.

What is the structure of this program?

This five-hour program will consist of a cabin counselor and parent meeting, time with our medical staff, an educational assembly in the lodge, games and activities for the children, and a group meal. The education sessions will be conducted by health care providers as well as information from our staff on how they deal with diabetes on a day-to-day basis.

How do I register for this program?

If you are planning on attending the Kids Camp Parent Day you must register your family under the Events tab of our website: www.hodia.org. Due to space limitations, we do ask that families limit their family unit to a total of six people. We apologize for any inconvenience this may cause.

How much does this cost?

There is no charge for Hodia Kids Camp Parent Day. Donations are always welcomed.

When do I arrive and go home?

This program will go from 10:00am – 3:00pm on Saturday, August 2, 2014.

Will my child be present with me?

Children will have the opportunity to be with siblings participating in age appropriate games and activities led by staff during the parent discussion sessions.

Will doctors and nurses be present?

Yes, our camp medical staff is excited to participate in this program and provide some diabetes education based on concepts campers learned about during the week.

Is there any paperwork I need to bring with me?

Nope! However, you must register online (www.hodia.org) under the Events tab before attending the program. Feel free to bring a notepad and pen if you would like to take notes!

Can my other children come, or is it just for the parents?

This program is focused on parents, but siblings are invited to attend. We do require that you register every family member who will be attending with you. Due to space limitations, we do ask that families limit their family unit to a total of six people. We apologize for any inconvenience this may cause.

Does this program include all of our meals?

Lunch will be included with this program.

What should my family pack?

We would encourage you to dress in layers as mountain weather may vary throughout the day. Sturdy, closed-toe shoes are required at Camp Hodia; please do not plan on attending with open toed sandals or flip flops.

What is not included?

- Diapers
- Formula/baby food

When I'm done with the program what will I have learned?

It is our greatest desire that you will learn a great deal about how we provide education for your children. We also hope you will learn some more about the hot topics for kids with diabetes, your child's age, and gain some tips on how to continue those conversations at home.

What should I do with what I've learned?

Hodia staff members hope that you will be able to implement your education in your day to day life and help your child live better with diabetes.

What training materials will be available for me?

A resource handbook of information will be available to each family at the end of the program.

Can extended family members attend?

No, just the primary caregiver(s), parent(s) or guardian(s), may attend as well as siblings. We realize some kids may have two families – please email our Hodia Parent Program Director, Sarah, at sarah@hodia.org to make appropriate arrangements.

How may I be reached at Camp?

The number to Luther Heights is (208) 774-3556 for emergency use only. If anyone needs to reach you they will have to leave a message and the message will be given to you at a meal time. There is no cell service at camp.

Can I place phone calls/have access to Internet while I am staying at the Camp?

There is a phone for emergency use only at camp. Both are available if there is an emergency, but we hope that families can be “unconnected” for the afternoon.

If I bring my children what will they be doing?

- Parents are responsible for supervising all of their children, including managing their child's diabetes, at Hodia Parent Day. The exception is during the parent session in the lodge, when the children have the option to be out participating in activities led by Camp Hodia staff members.
- For children up to 4 years old, there will be childcare available during the parent session in the lodge.
- For children ages 5-17, there will be activities planned during the parent session in the lodge.

Who do I call with additional questions?

Please contact the Hodia Parent Program Director, Sarah Scott-Scudder, with any questions you may have. Sarah may be reached at sarah@hodia.org or (208)861-1534.