

Job Seeker Success Story

“Getting On The Move”

Catherine had been job searching since July 2012. Her first visit to the Career Center was to file an unemployment claim. Previously, she worked for the United Nations managing regional programs involving several different countries throughout Asia and Africa where she developed management, cross-cultural, and language skills.

Unfortunately, Catherine lost her job. During her job search, she found current openings were unsuitable for her skills. She received few responses to positions that she was applying for.

Catherine participated in workshops at the Career Center that helped her practice patience and become more self-reliant. She said that a guest speaker in the “On The Move” workshop was very motivating and the sessions for stress management and physical activity were helpful. As a gym member, she began yoga and found that it improved her health and gave her a healthy outlet.

She expressed that the Career Center Resource Room staff was highly professional, helpful, and courteous. Catherine kept motivated and organized knowing that the Resource Room provided her access to fax machines, computers, and various office supplies. The use of the Career Center enhanced her job search. After many heart aches, she was told that something better would come along – and it did. Finally, after a 14-month job search, she landed a position as a Human Rights Specialist for the Office of Human Rights and Disabilities with the City of Worcester.