**Senior Discounts:**

**As I was waiting in line behind an older gentleman at Wendy's recently, I heard him ask for his senior discount. The girl at the register apologized and charged him less. When I asked the man what the discount was, he told me seniors over age 55 gets 10% off everything on the menu, every day.  Being of 'that' age myself, I figured I might as well ask for the discount too. This incident prompted me to do some research, and I came across a list of restaurants, supermarkets, department stores, travel deals and other types of offers giving various discounts with different age requirements. I was actually surprised to see how many there are and how some of them start at the young age of 50 .**

**This list may not only be useful for you, but for your friends and family too.**

**Dunkin Donuts gives free coffee to people over 55 . If you're paying for a cup every day, you might want to start getting it for FREE.**

**YOU must ASK for your discount !**  
**RESTAURANTS:**  
**Applebee's: 15% off with Golden Apple Card (60+)**  
**Arby's: 10% off ( 55 +)**  
**Ben & Jerry's: 10% off (60+)**  
**Bennigan's: discount varies by location (60+)**  
**Bob's Big Boy: discount varies by location (60+)**  
**Boston Market: 10% off (65+)**  
**Burger King: 10% off (60+)**  
**Chick-Fil-A: 10% off or free small drink or coffee ( 55+)**  
**Chili's: 10% off ( 55+)**  
**CiCi's Pizza: 10% off (60+)**  
**Denny's: 10% off, 20% off for AARP members ( 55 +)**  
**Dunkin' Donuts: 10% off or free coffee ( 55+)**  
**Einstein's Bagels: 10% off baker's dozen of bagels (60+)**  
**Fuddrucker's: 10% off any senior platter ( 55+)**  
**Gatti's Pizza: 10% off (60+)**  
**Golden Corral: 10% off (60+)**  
**Hardee's: $0.33 beverages everyday (65+)**  
**IHOP: 10% off ( 55+)**  
**Jack in the Box: up to 20% off ( 55+)**  
**KFC: free small drink with any meal ( 55+)**  
**Krispy Kreme: 10% off ( 50+)**  
**Long John Silver's: various discounts at locations ( 55+)**  
**McDonald's: discounts on coffee everyday ( 55+)**  
**Mrs. Fields: 10% off at participating locations (60+)**  
**Shoney's: 10% off**  
**Sonic: 10% off or free beverage (60+)**  
**Steak 'n Shake: 10% off every Monday & Tuesday ( 50+)**  
**Subway: 10% off (60+)**  
**Sweet Tomatoes: 10% off (62+)**  
**Taco Bell : 5% off; free beverages for seniors (65+)**  
**TCBY: 10% off ( 55+)**  
**Tea Room Cafe: 10% off ( 50+)**  
**Village Inn: 10% off (60+)**  
**Waffle House: 10% off every Monday (60+)**  
**Wendy's: 10% off ( 55 +)**  
**White Castle: 10% off (62+)**  
   
**RETAIL & APPAREL:**  
   
**Banana Republic: 30% off ( 50 +)**  
**Bealls: 20% off first Tuesday of each month ( 50 +)**  
**Belk's: 15% off first Tuesday of every month ( 55 +)**  
**Big Lots: 30% off**  
**Bon-Ton Department Stores: 15% off on senior discount days ( 55 +)**  
**C.J. Banks: 10% off every Wednesday (50+)**  
**Clarks : 10% off (62+)**  
**Dress Barn: 20% off (55+)**  
**Goodwill: 10% off one day a week (date varies by location)**  
**Hallmark: 10% off one day a week (date varies by location)**  
**Kmart: 40% off (Wednesdays only) ( 50+)**  
**Kohl's: 15% off (60+)**  
**Modell's Sporting Goods: 30% off**  
**Rite Aid: 10% off on Tuesdays & 10% off prescriptions**  
**Ross Stores: 10% off every Tuesday ( 55+)**  
**The Salvation Army Thrift Stores: up to 50% off ( 55+)**  
**Stein Mart: 20% off red dot/clearance items first Monday of every month ( 55 +)**  
**GROCERY :**  
**Albertson's: 10% off first Wednesday of each month ( 55 +)**  
**American Discount Stores: 10% off every Monday ( 50 +)**  
**Compare Foods Supermarket: 10% off every Wednesday (60+)**  
**DeCicco Family Markets: 5% off every Wednesday (60+)**  
**Food Lion: 60% off every Monday (60+)**  
**Fry's Supermarket: free Fry's VIP Club Membership and 10% off every Monday (55 +)**  
**Great Valu Food Store: 5% off every Tuesday (60+)**  
**Gristedes Supermarket: 10% off every Tuesday (60+)**  
**Harris Teeter: 5% off every Tuesday (60+)**  
**Hy-Vee: 5% off one day a week (date varies by location)**  
**Kroger: 10% off (date varies by location)**  
**Morton Williams Supermarket: 5% off every Tuesday (60+)**  
**The Plant Shed: 10% off every Tuesday ( 50 +)**  
**Publix: 15% off every Wednesday ( 55 +)**  
**Rogers Marketplace: 5% off every Thursday (60+)**  
**Uncle Guiseppe's Marketplace: 15% off (62+)**  
**TRAVEL :**  
**Airlines:**  
**Alaska Airlines: 50% off (65+)**  
**American Airlines: various discounts for 50% off non-peak periods (Tuesdays - Thursdays) (62+)and up (call before booking for discount)**  
**Continental Airlines: no initiation fee for Continental Presidents Club & special fares for select destinations**  
**Southwest Airlines: various discounts for ages 65 and up (call before booking for discount)**  
**United Airlines: various discounts for ages 65 and up (call before booking for discount)**  
**U.S. Airways: various discounts for ages 65 and up (call before booking for discount)**  
**Rail:**  
**Amtrak: 15% off (62+)**  
**Bus:**  
**Greyhound: 15% off (62+)**  
**Trailways Transportation System: various discounts for ages 50+**  
**Car Rental:**  
**Alamo Car Rental: up to 25% off for AARP members**  
**Avis: up to 25% off for AARP members**  
**Budget Rental Cars: 40% off; up to 50% off for AARP members (50+)**  
**Dollar Rent-A-Car: 10% off ( 50+) Enterprise Rent-A-Car: 5% off for AARP members Hertz: up to 25% off for AARP members**  
**National Rent-A-Car: up to 30% off for AARP members**  
**Overnight Accommodations:**  
**Holiday Inn: 20-40% off depending on location (62+)**  
**Best Western: 40% off (55+)**  
**Cambria Suites: 20%-30% off (60+)**  
**Waldorf Astoria - NYC $5,000 off nightly rate for Presidential Suite (55 +)**

**Clarion Motels: 20%-30% off (60+)**  
**Comfort Inn: 20%-30% off (60+)**  
**Comfort Suites: 20%-30% off (60+)**  
**Econo Lodge: 40% off (60+)**  
**Hampton Inns & Suites: 40% off when booked 72 hours in advance**  
**Hyatt Hotels: 25%-50% off (62+)**  
**InterContinental Hotels Group: various discounts at all hotels (65+)**  
**Mainstay Suites: 10% off with Mature Traveler's Discount (50+); 20%-30% off (60+)**  
**Marriott Hotels: 25% off (62+)**  
**Motel 6: Stay Free Sunday nights (60+)**  
**Myrtle Beach Resort: 30% off ( 55 +)**  
**Quality Inn: 40%-50% off (60+)**  
**Rodeway Inn: 20%-30% off (60+)**  
**Sleep Inn: 40% off (60+)**  
**ACTIVITIES & ENTERTAINMENT :**  
**AMC Theaters: up to 30% off (55 +)**  
**Bally Total Fitness: $100 off memberships (62+)**  
**Busch Gardens Tampa, FL: $13 off one-day tickets (50 +)**  
**Carmike Cinemas: 35% off (65+)**  
**Cinemark/Century Theaters: up to 35% off**  
**Massage Envy - NYC 20% off all "Happy Endings" (62 +)**  
**U.S. National Parks: $10 lifetime pass; 50% off additional services including camping (62+)**  
**Regal Cinemas: 50% off Ripley's Believe it or Not: @ off one-day ticket ( 55 +)**  
**SeaWorld, Orlando , FL : $3 off one-day tickets ( 50 +)**  
**Golf Coursesâ€”ask at the pro shop. Most have senior discounts**  
**CELL PHONE DISCOUNTS :**  
**AT&T: Special Senior Nation 200 Plan $19.99/month (65+)**  
**Jitterbug: $10/month cell phone service ( 50 +)**  
**Verizon Wireless: Verizon Nationwide 65 Plus Plan $29.99/month (65+).**  
**MISCELLANEOUS:**  
**Great Clips: $8 off hair cuts (60+)**  
**Supercuts: $8 off haircuts (60+)**  
**NOW, go out there and claim your discounts - - and remember ----**

**YOU must ASK for your discount ----*no ask, no discount*.**