



Dear Parent/Guardian,

Mc Nicholas High School is pleased to offer support to our students who have experienced the death of a loved one or friend. *Companions on a Journey Grief Support, Inc.* will be coming each month beginning February 2014 to provide students with the opportunity to discuss their experience(s) with peers who have had similar experiences. Students will meet in a confidential group setting to participate in various activities and discussions chosen to enhance their knowledge of the grief process and encourage healthy grieving.

I, along with Guidance Counselor, Cindy Weeks, will be facilitating the group along with two bereavement specialists from *Companions on a Journey Grief Support, Inc.* (COJ). The bereavement specialists who work in our schools are Sheila Munafò-Kanoza and Patricia Buckley, two former Moeller parents who have a long relationship with Moeller High School. You can read a revealing article published in the Enquirer regarding COJ's work at:

<http://news.cincinnati.com/article/20130609/NEWS10/306090001>.

COJ is a faith based social service organization which provides bereavement support and educational services for children, teens and adults. COJ does not provide any counseling or related services which require a license under Chapter 4757 of the Ohio Revised Code. COJ is a section 501 (c)(3) non-profit organization.

Parents or guardians will be encouraged to attend an informational meeting focused on "Understanding Your Teens Grief Session" at MCN, February 13<sup>th</sup> at 7 pm .

If you wish to enroll your student, please contact Teresa Davis ([tdavis@mcnhs.org](mailto:tdavis@mcnhs.org)) or Cindy Weeks ([cweeks@mcnhs.org](mailto:cweeks@mcnhs.org)). We will return email details.

Peace,

Teresa

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