



Living Compass Congregational Wellness Advocate Trainings

Offered at the Beecken Center at The School of Theology, Sewanee

THE TRAINING WORKSHOP **Tuesday, 6:00 pm, February 3 – Friday, 11:00 am, February 6, 2015**

Wellness ministries are an ideal way to enhance congregational vitality. Grounded in Scripture and the tradition of the Church, Living Compass Faith & Wellness Ministries provide resources, education, training, and support to individuals, families, and congregations as they seek to enhance vitality and to live into the abundant life God intends for them.

Healing and wellness ministries are central in the ministry of Christ and of the Church. Living Compass helps congregations offer ministries of wholeness and wellness to their members, as well as to people in their surrounding communities.

Come to a Living Compass training to learn and plan how to use Living Compass materials in your ministry location. In our Certified Congregational Wellness Advocate (CWA) training you will learn how to enhance your congregation's vitality by beginning or expanding a wellness ministry in your church. Certification requires completion of this training plus leading two Living Compass programs within six months of having completed the training.

Our team will help you develop skills to facilitate small wellness groups and lead wellness classes in your community on a breadth of topics including adult, parent, and teen wellness.

You will meet and learn from others from around the country who are increasing the vitality of their congregations and communities by offering a variety of wellness opportunities.

These trainings are for people excited about integrating faith and wellness in their own lives and helping others to do the same. Lay and clergy leaders are all welcome to attend. Congregations are encouraged to send several people to be trained together whenever possible.

Cost: \$360 includes all meals except Thursday dinner, and all training and CWA facilitator materials. Lodging is not included in this cost and must be arranged separately.

For more information contact either Jim Goodman at jgoodman@sewanee.edu or Scott Stoner at scott@livingcompass.org | www.livingcompass.org

