

# **Bexar Wellness Classes – Fall 2014:**

## **(78204) A Matter of Balance– Commander’s House**

**When:** Fridays, October 3 – December 5; 1:00– 3:00p (No class October 31<sup>st</sup> or November 28th)

**Where:** 645 S. Main, San Antonio 78204

To register, call: (210) 207-3010

**Last day to start class series – Friday, 17<sup>th</sup>, 2014**

## **(78229) A Matter of Balance – OASIS**

**When:** Thursdays, October 9 – December 4, 10:00a – 12:00 p.m.

**Where:** OASIS @ Morningside, McNeel & St. Cloud, San Antonio 78229

To register, call: (210) 236-5954

**Last day to start class series – Tuesday, October 23th.**

## **(78220) A Matter of Balance– District 2 Senior Ctr.**

**When:** Tuesdays, October 21 – December 16<sup>th</sup>, No Class November 11<sup>th</sup> – Veteran’s Day

**Where:** 1751 South W.W. White, San Antonio 78220

To register, call: (210) 358-7477

**Last day to start class series – Tuesday, November 4<sup>th</sup>.**