

Living with Alzheimer's for Caregivers - Middle Stage

A FREE Program



Conducted by

The Alzheimer's Association, San Antonio and South Texas Chapter

**Ginny Funk, Associate Director of Programs & Advocacy
and Maxine Vieyra, Programs Specialist**

Part One: March 27

Tools and strategies needed to cope with a diagnosis of Alzheimer's disease or related dementia to maintain quality of life.

Part Two: April 10

Behavioral symptoms, wandering, and keeping the person with Alzheimer's safe, if and when, these behaviors emerge. We will also talk about planning and asking for help and informal care options.

Part Three: April 24

Finding, engaging and monitoring home care assistance. Caregivers will look into planning for the future, care provision issues in the late stages, handling behavior issues, medication management and coping as a caregiver.

Come to one or come to all three, however, call today as seating is limited.

Adult care will be provided. Please ask for this service when making your reservation.

Co-sponsored by:

Arden Courts 
Memory Care Community
Assisted Living Facility ID #100213

alzheimer's 
association
San Antonio and South Texas Chapter

**All events will be held from
6:00 pm to 7:30 pm at:
Arden Courts
15290 Huebner Road
San Antonio, TX 78231**

Call (210) 408-9100 or email sanantonio@arden-courts.com to RSVP.