

932ND BSD FRG NEWSLETTER



OCTOBER ISSUE: Three down, six to go! Happy Halloween Y'all!

FROM THE FAMILY READINESS GROUP LEADER

Hello all, I hope everyone is doing well and surviving the government shutdown. Our thoughts and prayers go out to all those affected by this situation. On a positive note I would like to give a big welcome to our newest 932nd family member. At approximately 0919 Sep13 PC Wesley Soto-Nieves's wife gave birth to their new baby girl, Kaylee Soto-Nieves in Puerto Rico. Mom and baby are doing well. Thanks again for all the support for our little family and if you need anything I am just a phone call away: (254) 285-1259 *Leslie Hill-FRG Leader*

FROM THE COMMANDER-BLOOD KNIGHT 6



Three months down and the fighting season in the country is drawing to a close as the winter starts creeping down the mountains. The month of September was spent assisting with the closure of a few of our supported sites and conducting inventories of equipment that will eventually be sent back to the U.S. as we move out of Afghanistan. There were several Soldiers recognized this past month as will be addressed in this news letter and we welcomed the arrival of our newest member of the team Kaley Alexandra Soto Hernandez, SPC Soto and his bride's baby girl. As we head into the Holiday Season, I am reminded of all that we will miss here. It is comforting to know that you, your families and friends, are together to support each other through what can be the hardest time in the deployment. To this if you need to talk to someone I would like to remind you of the great resource in Military One Source (on the web at www.militaryonesource.mil or 1-800-342-9647). They provide counseling for Soldiers and Families and can help with many of the problems that can arise in

deployment. Also if you need some help from the command Leslie is always in contact with me and knows of many of the local resources available to families during deployments. To this I want to remind everyone if you are participating in the Halloween Festivities remember to travel in groups, wear bright or reflective clothing, carry flashlights, and check that candy before the little ones start tearing into it. For our adult ghosts and goblins please take care if you decide to use alcohol to celebrate. If you drink don't drive and if you drive don't drink or plan to stay the night. My plan is to have the biggest welcome home ceremony 1st Med has seen for such a small unit. To do that we will need all of you there! Thanks again for keeping the world going while we are away. You have the toughest and best job in the whole world in supporting the best little detachment in the Army!

"There Will Be Blood!"

FROM THE FIRST SERGEANT-BLOOD KNIGHT 7



As we conclude our third month in country, we continue to strive for excellence. Our Soldiers are improving themselves by taking college classes, enrolling in correspondence courses, attending Soldier Boards and improving their physical fitness. I am proud of all our Soldiers as they all contribute in their own unique way to the unit and the moral of their peers. The time here in Afghanistan seems to be moving fairly quickly but any time away from loved ones is still too long. I ask that you stay in as much contact as possible with our Soldiers over the Holiday season. The reason our Soldiers do extremely well is due to the love and understanding given by family and friends back home. I would like

to request holiday pictures of our Soldier's families and friends to post in our work area during the holiday season. I believe this will help remind us all of why we do what we do. Happy Holidays to all.

"Blood Knights!"

THE KAF (KANDAHAR AIRFIELD) CORNER

FROM THE XO-BLOOD KNIGHT 5



Hello from Kandahar Airfield Afghanistan. This has been a very productive month of shipping, receiving, distributing, and managing blood and blood components. SSG (P) Foster, SPC (P) Pitts, SPC Green and SPC Degenhardt have been instrumental in doing all of these things and they do so with little praise. I want to take the time to tip my hat to the hard workers of this team. We are all deployed and missing family and friends. These great Americans are making things happen every day without looking for praise. That is a testament to the type of character that these men possess. We as leaders often talk about what it takes to lead and make it in this world after the military. All of these men have been blessed with what it takes; a strong work ethic and the strength of character to do what is needed to achieve positive results. They work late hours and take on extra duties without so much as whimper or protest. I am proud to call them MY SOLDIERS, Soldiers of the 932nd BSD.

I would like to reflect on words from men much wiser and much more accomplished than I. Here are a few statements to reflect on, in what I call, "WORDS FROM THE WISE":

"No change of circumstances can repair a defect of character."
— Ralph Waldo Emerson, 1803-1882 American poet

"The highest qualities of character ... must be earned."
— Lyman Abbott, 1835-1922 American author

"Weakness of attitude becomes weakness of character."
— Albert Einstein, 1879-1955 American physicist

"Character is like a tree and reputation like a shadow. The shadow is what we think of it; the tree is the real thing."
— Abraham Lincoln, 1809-1865 U.S. president, 1861-1865

"I hope I shall possess firmness and virtue enough to maintain what I consider the most enviable of all titles, the character of an honest man."
— George Washington, 1732-1799 U.S. president, 1789-1797

FROM THE KAF NCOIC-SSG FOSTER-BLOOD KNIGHT 5N



Greetings to all!! We are rolling right along right now in this deployment and I wanted to take the time to let everyone know about how proud I am of all of the Soldiers in the 932nd Blood Support Detachment. On a daily basis I am honored to see the incredible accomplishments of our Troops, who are balancing taking care of the mission as well as professional and personal development. One of the most important and challenging times in a Soldier's career is the preparation and execution of the Promotion Board. Not only will you stand before the Senior Enlisted Member of your Battalion (Command Sergeant Major), but you must also confirm to a board of Senior Leaders that you are ready to move on to the next level of your career. THE SERGEANT. SPC Pitts accepted this challenge this month and he was successful at the Promotion Board, earning a promotable status that will in turn lead to promotion to Sergeant. The countless hours of studying and preparation, and constant drilling helped the Soldier accomplish this goal. Plenty of the Soldiers in the 932nd are working to achieve this goal as well and I know that with hard work and dedication they will be successful. Troops, keep going to the competition boards to gain experience and know that the advice and critiques of your NCO's will only help to prepare you for the future. I hope that all is well with all the families, friends and community of the 932nd. Take care!

932ND WELCOMES ITS NEWEST MEMBER!

On 09 September 2013 at 0850 (Atlantic Time Zone), SPC Wesley Soto-Nieves's wife Kitshia D. Hernandez gave birth to their daughter: Kaley Alexandra Soto Hernandez. Congratulations to our Proud Papa and a great American who was able to juggle his supply activities in the unit while keeping close monitor on his wife from so far away. Please help us welcoming our newest member to the family. For those wishing to send cards or gifts the address is 113 Bunker Ln, Sanford, FL 32771.



932ND & TF 28 MED SHOW THEIR APPRECIATION TO OUR PLATELET DONORS



One of the ways we express our gratitude to our donors is by awarding them with a Certificate of Achievement (COA) after they've donated platelets 5 times. Our first donor to receive a COA since we've taken over was Captain Archie Phlegar of the US Air Force. Capt. Phlegar is in the donor chair every two weeks for two hours, without fail. When he showed up for his last appointment, he was unexpectedly welcomed by CPT Hill and SFC Ostiguin, here to present him with his first COA. As much as Capt Phlegar enjoys our bizarre-quality movies, the A-Team can't get him to break his diet to indulge in a few sugary snacks while he donates. Maybe by his 10th donation, which will be coming up soon, we can get him to crack. Then again, if he is as dedicated to his diet as he is to donating platelets, we won't see him eating Oreos any time soon. Regardless, we are grateful for his dedication to our program and we look forward to awarding many donors in the coming months. —SGT Frennier, A-Team, Pictures by SPC Gibson, A-Team

OUR SOLDIERS IN ACTION

CPT Hill and SSG Donald get Shanked



September 11-14, 2013, CPT Hill and SSG Donald, Infectious Disease NCOIC, went to FOB Shank to conduct a Staff Assistance Visit. Upon arrival they were greeted by the blood managers at the site, CPT Bailey and SGT Eusebio. A thorough inspection of their blood banking processes was conducted, finding the site was among the best CPT Hill had seen in his trips around Afghanistan. This prompted the award of the lab staff at FOB Shank with 932nd BSD Deployment coins. The medical team at Shank enjoys the same things as most Soldiers and CPT Hill and SSG Donald were invited to watch movies and conduct PT with the team. PT for the day was yoga which was challenging. It was great to see the high spirits of the Soldiers there, despite having to live in tents and the intense desert heat. This trip was culminated with the safe return of the two Soldiers with an extraordinary flight over Kabul at night in a UH-60 Blackhawk helicopter.

932nd BSD BAF Passing the Time Through Athletic Events

This past month the Soldiers past the time by participating in several MWR events to include the Dog Days of Summer 5K sponsored by the local Vetrinarian Detachment and the 9/11 Memorial Run sponsered by BAF MWR. In addition the Soldiers have been conducting physical training three days a week, but took a well deserved break from running, weight lifting, and calesthinics on Friday the 13th to play volleyball.



Dog Days of Summer Run



9/11 Moment of Silence



Nice T-Shirts!



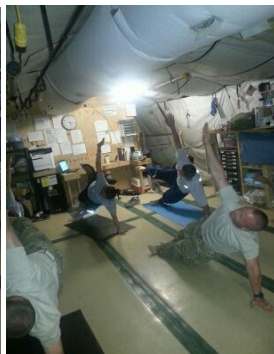
SGT Frennier Gives New Meaning to the Phrase "Nothing but Net!!!"

PICTURE GALLERY

KAF Soldiers Enjoying Down Time



SHANK Visit



Platelet Donor Appreciation



BAF Athletic Pics



Baby Pics



Knightly Knews

03-04 SEP 13 WBB Training of 10th MTN BDE Surgeon

04 SEP 13 Coag Training

10 SEP 13 Sleep Hygiene with 85th COSC

11 SEP 13 Urinalysis Training

15 SEP 13 Monthly Sensitive Items, Ammo, and Weapon Function Test

15-21 SEP 13 WBB Training for 848th FST

18 SEP 13 Mycology Training

21 SEP 13 TF28MED Promotion Board-Congrats to SPC Pitts!!!

24-26 SEP 13 Command Visit with KAF Team

25 SEP 13 HDFN Training

25 SEP 13 MLT Training-HDFN

28 SEP 13 932nd SEP Birthday Celebration-Happy Birthday SPC Bergmoser and PFC Bolton!



Upcoming Events

04 OCT 13 SEP Knight's Night Make-Up

08 OCT 13 Anger Management with 98th COSC & Coagulation Cascade Training

14 OCT 13 Columbus Day

15 OCT 13 Monthly Sensitive Items, Ammo, and Weapon Function Test & Immunology/Serology Training

20 OCT 13 OCT Knight's Night

22 OCT 13 Rapid Test Training

27 OCT 13 932nd OCT Birthday Celebration-Happy Birthday CPT Hill!

29 OCT 13 Hematology Training-Module II

27-31 OCT 13 Blood Knight Diagnostic APFT

11 NOV 13 Veteran's Day

28 NOV 13 Thanksgiving Day