



Knots of Love 1st Annual Howl-O-Ween 5K Mutt Run/Walk October 25



Change the World One Step at a Time
and Get Fit While You Do It!

Join Knots of Love and Road Runner Sports
as we get moving to raise funds to provide
hand crochet & knit caps for chemo
patients and others facing life-threatening
illnesses.

Date: October 25

Event Check In: 8:00AM

Where: Road Runner Sports Costa Mesa
1835 Newport Blvd. Costa Mesa, CA
92627

+ Take Home a **FREE** Handmade Hat Key
Chain When You Finish Your Run!

*Grab your family, friends, and 4-legged mutt
and get registered – you'll beam with pride
knowing you're running or walking to
support someone in need!*



Register Today at:

roadrunnersports.fundly.com/knotsoflove



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