



WAFCS-WICFR Joint Conference At-A-Glance

Thursday, March 27 – Saturday, March 29, 2014

Family and Consumer Sciences: A Gateway to Healthy and Sustainable Families

Celebrating the 20th Anniversary of the Family and Consumer Sciences Name, 20th Anniversary of the International Year of the Family, 40th Anniversary of the AAFCS Family and Consumer Sciences National Teacher of the Year Award, and the Smith – Lever Act Centennial

Approved by AAFCS: 16.75 possible PDUs toward CFCS and 11.5 PDUs toward CPFFE

Tentative Conference Program

Thursday, March 27			
10:00a - 2:00p	WIFCR Student Service Project		
2:00p - 5:00p	WAFCS Executive Director Interviews		
2:15p	Set-up Pre-Conference Registration		
2:30p	Pre-Conference Workshop Registration		
3:00p - 5:00p	Pre-Conference: <i>Ten Tips to Make You a Better Grant Writer</i> Judy Rommel, PhD, Professor Emeritus, UW-Stout		
5:00p - 9:00p	Set-up Exhibits, WAFCS Student Unit Service Project, and Hall of Fame Celebrations (optional)		
6:00p	WICFR Student Business Meeting		
6:00p - 9:00p	AAFCS Certification Exam— <i>Dependent upon pre-registrations</i>		
7:00p - 9:00p	WAFCS Council Meeting	Waterpark Open-- <i>Exclusively for WAFCS-WICFR Attendees</i>	Set-up Registration and Hall of Fame Celebrations (Optional)

Friday, March 28

6:30a	Early Morning Wellness—<i>Join the Walk Around the Pond!</i> Set-up Silent Auction, and Art and Design Show					
6:30a - 8:00a	Sunshine Breakfast Buffet and Networking --<i>The Bears Visit!</i>					
7:00a	Set-up Registration, Exhibits, WAFCS Student Unit Service Project, and Hall of Fame Celebrations: 20 th Anniversary of Name Change , 20 th Anniversary of the International Year of the Family, 40 th Anniversary of the AAFCS National Teacher of the Year Award, and Smith – Lever Act Centennial					
7:30a	Registration Open					
7:30a	Exhibits Open	Dedicated Times for Viewing Exhibits				Exhibits End 3:30p
		7:30a - 8:30a	9:45a - 10:00a	11:00a-11:15a	1:45p - 2:00p 3:00p - 3:30p	
8:00a - 8:30a	Orientation for First-Time Attendees, New Members, and Non-Members: Making the Most of Your Conference Experience, Coffee and Conversation with Tiffani Roltgen, CFCS, WAFCS Executive Director, and Laura Ellingson, WICFR President					
8:30a - 9:45a	First General Session— Barbara George, WAFCS President, Presiding <ul style="list-style-type: none">Welcome—WAFCS President ♦ Pledge of Allegiance ♦ Greetings—WICFR President ♦ Lighting the Betty Lamp ♦ Greetings and FCS Academy Update Sue Buck , AAFCS Past PresidentKeynote Address – <i>Students’ Financial Well-Being: It’s Not Just About Money. It’s About Life.</i> Soyeon Shim, PhD, Dean School of Human Ecology, UW-Madison					
9:45a -8:30 p	Silent Auction, and Art and Design Show Open					
9:45a -10:00a	Break/Viewing of Exhibits					
10:00a - 11:00a	Breakout Sessions <div>A. <i>eParenting® High Tech Kids</i> Kristen Bruder, Family Living Agent, Dunn County, UW-Cooperative Extension Lori Zierl, Family Living Agent, Pierce County, UW-Cooperative Extension</div> <div>B. <i>Birth to Three Attachment</i> Margaret Machesky, Associate Lecturer, School of Education, UW-Stout</div> <div>C. <i>Celebrate the 20th Anniversary of the International Year of the Family</i> Carol L. Anderson, President – LORAC Consulting, LLS Jeanne Schwass-Long, Family/Consumer Educator, Retired, Stoughton Area School District</div> <div>D. <i>Rent Smart Tenant Education Program</i> Christine Kniep, CFCS, Family Living Educator/Department Head UW-Extension, Winnebago County Karen Joos, Family Living Educator, UW-Extension, Monroe County</div> <div>E. <i>Student Panel—Out and About: Students’ Experiential Learning Experiences</i> Alaria Anderson, UW-Stevens Point: <i>Study Abroad for a Semester in Spain</i> Nikki Bruhn, UW-Stevens Point, <i>Lakota Immersion</i></div>					

	<p>Molly Hundt, UW-Stout, <i>Study Abroad for Three Weeks in Scotland/Ireland</i> Katie Ladsten, UW-Stout, <i>National Student Exchange – One Semester in Texas</i> Kim Mennen, UW-Stevens Point, <i>Study Abroad for Three Weeks in Austria</i> Jessica Monfils, UW-Stout, <i>American Association of Family and Consumer Sciences Internship</i> Amanda Zellner, UW-Stevens Point, <i>Family, Career and Community Leaders of America Internship</i></p>
	<p>F. Pointer Unity Program (PUP)—Student Success Coaching Community Building Celine McNelis-Kline, EdD, Health Promotion and Wellness, UW-Stevens Point</p>
	<p>G. WIFCR Alumni Panel (Tentative Time)</p>
11: 00a - 11:15a	Viewing of Exhibits
11: 00a - 11:15a	Silent Auction, and Art and Design Show
11:15a 12:15p	<p>Breakout Sessions</p> <p>A. A Day in the Life of a Military Family-- Panel Discussion and What YOU Can Do to Offer Support Margaret and Steve Machesky; Mike and Tiffani Roltgen Family, Air National Guard</p>
	<p>B. What Does a District Administrator Need and Want to Know about Your FCS Program Christine Stratton, EdS, District Administrator, School District of the Menomonie Area, Menomonie, WI</p>
	<p>C. Family Strengths in Daily Living Marilyn Peplau, Asset Builder and Trainer, High School Educator, Professional Learning Community Facilitator, and Trainer for Search Institute</p>
	<p>D. Designing Your Plate: The Art and Science Eating Karen Ostenso, MS, RD, CDE, Dietetics Program Director, UW-Stout</p>
	<p>E. Alzheimer’s Disease: The Cleverest Thief, Because She Not Only Steals From You, but She Steals the Very Thing You Need to Remember Has Been Stolen--Jarod Kintz Andrea Griffin, MS, RD, LD</p>
	<p>F. Wisconsin Afterschool Network: Promoting Quality Afterschool Programs Linda Eisele, Wisconsin Afterschool Network Professional Development Lead Consultant, O-S-T Training and Consulting</p>
12:30p - 1:45p	<p>WAFCS Awards Luncheon - Barbara George, WAFCS President, Presiding WICFR Luncheon and Business Meeting— Laura Ellingson, WICFR President, Presiding</p>
1:45p - 2:00p	Viewing of Exhibits
1:45p - 2:00p	Silent Auction, and Art and Design Show
2:00p - 3:00p	<p>Second General Session— Laura Ellingson, WICFR President, Presiding</p> <ul style="list-style-type: none"> Keynote Address: Books Build Better Brains: How Reading in the Early Days Affects Child Development. Dipesh Navsaria, MPH, MSLIS, MD, Assistant Professor of Pediatrics, University of Wisconsin School of Medicine and Public Health Medical Director, Reach Out and Read Wisconsin
3:00p - 3:30p	<p>Viewing of Exhibits Exhibits End at 3:30p—Thank you, Exhibitors!</p>
3:00p -8:30p	Silent Auction, and Art and Design Show
3:30p - 5:00p	<p>Concurrent Sessions</p> <p>A. Cranberry Discovery Center Tour and Program.</p>

	Barbara Hendricks and Nodji VanWychen, Cranberry Growers
	B. Laughter Yoga Sue Halama: Laughter Yoga Leader, FACS and Health Science Educator, Menomonie High School, Menomonie, WI
	C. Tour of Thee Bears Lodge. Three Bears Lodge Managers
5:15p - 6:00p	Student Mentoring Session--It's Not What You Know, It's Who You Know Marsha Larson, PhD, CFCS, Assistant Professor, UW-Stevens Point Susan M. Torgeson, CFCS, Lecturer, UW-Stevens Point
6:00p - 6:30p	Hors d'oeuvres with WICFR Graduating Seniors--WICFR members
6:00p - 6:30p	Snack
6:30p - 7:00p	Pizza Party
7:00p – 8:30p	Evening Session— Barbara George, WAFCS President, Presiding <i>Casual dress!</i> <ul style="list-style-type: none"> Thirty Seconds or Less: Sharing the FCS Story and Brand Sue Buck, EdD, CFCS; Coordinator, UW Colleges and UW-Extension Academy for Leadership and Innovation; Past President, AAFCF Creative Activities
8:30p	Silent Auction, and Art and Design Show End--- <i>Thank you, Organizers and Participants!</i>
8:30p	Bonfire and Hot Chocolate
9:30p	Silent Auction Pick-up
5:00p - 9:00p	Waterpark Open
Saturday, March 29	
6:30a	Early Bird Wellness—Join the Walk Around the Pond
6:30 – 7:00 a.m.	Set-up WAFCS Student Unit Service Project and Hall of Fame Celebrations
6:30a - 8:00a	Sunshine Breakfast Buffet and Networking --The Bears Visit!
7:00a	Registration Open
7:30a	WAFCS Business Meeting, Barbara George, WAFCS President, Presiding WAFCS Student Unit Business Meeting, Dayleen Yoerger, Student Unit President, Presiding Set-Up Poster Session and Curriculum Showcase
8:30a	Third General Session— Laura Ellingson, WICFR President, Presiding <ul style="list-style-type: none"> Keynote Address: Giving is Good Business – Achieve Super Bowl Results with Your Business, Community and Yourself. Wayne Kostroski, Founder, Taste of the NFL, and Co-owner, Cuisine Concepts, Minneapolis, MN
9:30a - 10:00a	Hotel Checkout time
9:30a - 11:00a	Breakout Sessions

	<p>A. <i>Shaken Baby Syndrome (SBS) Training</i> Sue Halama: Laughter Yoga Leader, FACS and Health Science Educator, Menomonie High School, Menomonie, WI</p> <p>B. Poster Session and Curriculum Showcase Open</p>
10:00a - 11:00a	<p>C. Wayne Kostroski, Founder, Taste of the NFL, and Co-owner, Cuisine Concepts, Minneapolis, MN</p>
	<p>D. <i>The Secret to Success. Surprise - It's Not IQ!</i> Deborah Gangnon, FCS Teacher, Hudson Middle School, Hudson, WI</p>
	<p>E. <i>Essential Tai Chi: An Evidence Based Format for Instant Group Practice</i> Peter A. Gryffin, PhD, MS, Assistant Professor, UW-Stevens Point</p>
	<p>F. <i>Using Technology to Enhance Your Financial Situation</i> Missy Bablick, Family Living Educator, Barron County UW-Extension Judy Knudsen Family Living Educator, Brown County UW-Extension</p>
	<p>G. <i>Jicama and Other Oddities: Best Practices Based on Healthy Collaborations</i> Lyn Halvorson, SNS (School Nutrition Specialist), School Nutrition Director, Winona Area Public Schools, Winona, MN</p>
11:15a - 12:15p	<p>Breakout Sessions</p> <p>A. <i>Rewards Along the Journey</i> Janice Atkinson, Health Sciences Consultant, DPI Donna Dinco, Curriculum Specialist, Retired FCS Teacher, and Consultant for the Hartford School District Arlene Welcher, Health Science Teacher, McFarland High School</p>
	<p>B. <i>The Pursuit of New Romantic Partnerships in Later Life: "Happily Ever After" or "Family Feud?"</i> Elizabeth Bayler Levaro, PhD, Assistant Professor, UW-Stout</p>
	<p>C. <i>Educator Effectiveness Process for Family and Consumer Science Teachers</i> Nancy Graese, Career and Technical Coordinator, CESA 11 Pam Hillehiem, PhD, Retired CESA 5 STW Director/ Curriculum and Instruction Director</p>
	<p>D. <i>Student Panel—Oral Presentation of Research and Poster Sessions</i></p>
	<p>E. <i>Essential Tai Chi: An Evidence Based Format for Instant Group Practice</i> Peter A. Gryffin, PhD, MS, Assistant Professor, UW-Stevens Point</p>
	<p>F. <i>What About My Stuff?</i> Diane Klemme, PhD, CFCS, Professor, Family and Consumer Sciences Education Program Director, UW-Stout</p>
12:30p - 1:30p	<p>Mentoring and Networking Luncheon— Barbara George, WAFCS President, Presiding</p>
1:30p	<p>Student Service Project Presentations</p> <ul style="list-style-type: none"> • WICFR • WAFCS <p>2015 Conference Announcement Door Prizes</p>
2:30p	<p>Adjourn</p>
9:00a – 9:00p	<p>Waterpark Open</p>