



## Thirty Days of Love

JANUARY 18 - FEBRUARY 16, 2014

STANDING ON THE SIDE OF

# LOVE

Standing on the Side of Love (SSL) is a UU grassroots initiative, inviting people of all ages to speak out and work against oppression, grounded in love as our ultimate guiding force.

The Thirty Days of Love campaign is a period of intentional action, service, education, and reflection, which focuses our attention on this important work and seeks to inspire and engage all of us.



At First UU, we are joining with our brothers and sisters across the country in this campaign.

➡ Will you commit to join us on this spiritual journey for social justice?

## Friday Night Film Series



Four films highlighting marginalized groups in Vermont today. All films begin at 7 pm in the FUUSB Parlors and will finish with discussion led by local experts.

**January 24, 2014**  
**THE HOUSE I LIVE IN**

**Speaker: State Rep Suzi Wizowaty**

Winner of the 2012 Sundance Grand Jury Prize, this film tells the stories of individuals at all levels of America's War on Drugs. **More info at:** [bit.ly/Kt7R5l](http://bit.ly/Kt7R5l)

**January 31, 2014**  
**A PLACE AT THE TABLE**

**Speaker: Hunger Free Vermont**

50 Million Americans—1 in 4 children—don't know where their next meal is coming from. This film tells the powerful stories of three such Americans, who maintain their dignity even as they struggle just to eat. **More info at:** [bit.ly/1ianFWv](http://bit.ly/1ianFWv)

**February 7, 2014**  
**DEPRESSION: OUT OF THE SHADOWS**

**Speaker: TBD**

This film weaves together the science and treatment of depression with intimate portrayals of families and individuals coping with its wide-ranging effects. **More info at:** [pbs.org/wgbh/takeonestep/depression/](http://pbs.org/wgbh/takeonestep/depression/)

**February 14, 2014**  
**THE HUNGRY HEART**

**Speaker: TBD**

This provocative film provides an intimate look at the often hidden world of prescription drug addiction. **More info at:** [thehungryheartmovie.org](http://thehungryheartmovie.org)

## Around the Community



**January 20, 2014**  
**ECHO LAKE AQUARIUM AND SCIENCE CENTER**  
**10:00am - 5:00pm**

In partnership with the City of Burlington, ECHO will celebrate the legacy of Dr. Martin Luther King Jr. with family-friendly programming honoring his legacy. Scheduled programs on diversity, inclusion, and environmental justice will take place between 10:30am and 3:30pm and walk-up arts & crafts and story sharing activities will take place 10am-5pm.

Contact Nina Ridhibhinyo at [nridhibhinyo@echovermont.org](mailto:nridhibhinyo@echovermont.org) if you would like information or to volunteer.

## Daily Practices

### Receive Inspirational Messages

An easy and fun way to get involved is to sign up for daily inspirational emails from 30 Days of Love. UU member Charlotte Brody says: "I did this last year and felt connected to our larger UU community." **To sign up, go to [www.StandingOnTheSideOfLove.org](http://www.StandingOnTheSideOfLove.org) and choose "30 Days of Love" from the top bar.** Simply enter your name and email address and you will begin receiving emails.



### At-home Activities

For each day, the campaign offers a theme and related resources and multigenerational activities. You can engage at your own level of time, energy and commitment. To access the daily themes and activities, go to the above link and click on the current date on the calendar. If you don't have ready internet access at home, paper copies of each week's materials will be available at the preceding Sunday's service.

## Worship and Religious Education

### Sunday 1/19 – Love's Power – 30 Days Kick-OFF

Come be part of a Martin Luther King, Jr. service for all ages; we will celebrate love's power to transform our lives, disrupt oppression, and build the beloved community. We'll consider the sources of our own power, and explore how we can draw on and join our powers to change and heal our world.

### 1/26 – Love One Another: Service Sunday

What is the spiritual meaning of service? How and why do we serve others? On this second Sunday of 30 Days, we'll explore the importance of service in our lives, both as those who serve and those who are served. Information will be available about ways you can do service as part of our UU faith community.

Meanwhile, our children will be engaging in real-time service with the children of Ohavi Zedek Synagogue. **Both the 9 and 11 children will travel together to Ohavi Zedek for a collaborative "Mitzvah Day," joining in service and learning inspired by the vision and leadership of Martin Luther King, Jr. ALL RE families should arrive for the 9am service, including those who regularly attend the 11am service.** We'll start in worship at the 9am service, depart after the Reflection for All Ages. We'll return together to the UU between 11:45 and noon.



### Sunday 2/16 – Love for Creation – 30 Days Culmination and Climate Change "Preach-in"

We'll conclude our month-long focus on spirituality and social justice with a multigenerational service focused on loving all creation. Our service will be doing spiritual double-duty this morning; in addition to concluding 30 Days of Love, it will also be part of a national Climate Change Preach-In.

**Throughout the month,** our Religious Education program will be tying into 30 Days of Love in various ways—from "Mitzvah Day" with OZ, to the multigenerational services, to offering ways for families to plug in both on Sunday mornings and at home during the week. Stay tuned!

## Courageous Love Awards



Each week during the campaign, we'll be recognizing a person in our community who has exemplified the values of the Standing on the Side of Love campaign through their social justice work. Stay tuned for more information about our Courageous Love recipients!

**SSL T-shirts, tote bags, and buttons will all be available for purchase in the Parlors on Sunday, Jan. 19th and 26th. You may also borrow a t-shirt if you are participating in a rally, march or social event.**

"We must discover  
the power of love, the power,  
the redemptive power of love.  
And when we discover that  
we will be able to make of  
this old world a new world."

- Martin Luther King, Jr.



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