

Brown, Jennifer. *Bitter End*

Alex can't believe her luck. She has found her soul mate in Cole, the handsome, funny, new boy at school. At first, Alex is so enamored with Cole that she pushes aside her unease at Cole's intense jealousy over her relationships with friends and family. As time passes, though, Cole's jealousy turns violent and Alex finds herself confused and terrified of the man she thought was the love of her life.

Carlile, Molly. *Sometimes Life Sucks: When Someone You Love Dies*

When someone in our life dies it can be devastating. This book provides you with ways of coping with your grief or how to help a grieving friend.

Cobain, Bev. *When Nothing Matters Anymore: A Survival Guide for Depressed Teens*

Bev Cobain, cousin of Kurt Cobain, who tragically took his own life due to depression and drug dependency, breaks down the steps to beating depression. This is a must read for all teens fighting depression, which is ultimately treatable. Those living with depression are not alone, *When Nothing Matters Anymore* provides teens with real survival tips, ways to beat depression and live a healthy life.

Dessen, Sarah. *The Truth about Forever*

The summer following her father's death, Macy plans to work at the library and wait for her brainy boyfriend to return from camp, but instead she goes to work at a catering business where she makes new friends and finally faces her grief.

Myers, Walter Dean. *Autobiography of My Dead Brother*

Jesse, a 15 year old living in Harlem, keeps a journal/sketchbook of his blood brother Rise when he starts to sense his brother's demise. Jesse's words and illustrations are realistic and poetic.

Nolan, Han. *Crazy*

Fifteen-year-old loner Jason struggles to hide his father's declining mental condition after his mother's death. When his dad disappears, he must confide in the other members of a therapy group he has been forced to join at school.

Sonnenblick, Jordan. *Curveball: The Year I Lost My Grip*

Pete Friedman expects to have a spectacular time at high school. Star athletes are loved by teachers and fellow students, especially the girls. So when the star baseball player suffers a debilitating accident at the beginning of his freshman year, it throws a curveball in his popularity and his very search for his purpose in life.

Thornton, Denise. *Living with Cancer*

This book follows cancer's devastating path through a teen's life from diagnosis to treatment and survivorship, with special attention to how cancer can affect relations with friends and family, and its impact on school life. It explores the toll cancer can take on self-image and looks at how teens facing cancer have found a sense of balance and control.

Tompkins, Michael A. *My Anxious Mind: A Teen's Guide to Managing Anxiety and Panic*
My Anxious Mind strives to provide teens with strategies which have been developed based on current cutting edge research. Ultimately, this is the book for the teen needing help in addressing their own anxiety and panic issues, while addressing important factors such as sleep, exercise and nutrition.

Violi, Jen. *Putting Makeup on Dead People*

Donna has had a hard time relating to people since her dad died four years ago. But when she finds her professional calling as a mortician after attending a classmate's wake, she finds purpose and gains confidence as she helps families through difficult times.

Woolston, Blythe. *The Freak Observer*

For years, 16-year-old Loa's world was consumed by caring for her baby sister Asta, who suffered from a rare genetic disorder that left her a perpetual infant. After Asta dies, Loa's world collapses and she begins to suffer from debilitating nightmares and flashbacks - signs of PTSD. Read this short, but heart wrenching novel by Woolston to find out if Loa is able to overcome her grief.

Zarr, Sara. *How to Save a Life*

Jill MacSweeney has suffered a tremendous loss. Her father has passed away leaving such a huge void for Jill and her mother. Jill turns to meanness and sarcasm to deal with her grief while her mother, Robin, decides to try and adopt a baby from a 19-year-old 'stranger' named Mandy that Robin met over an email response.