

# SWIX® THE RED ZONE

Training and equipment tips to have your best Birkie ever.

## The Big Question

"What will you wax with?" In the hallways of the exposition, in the backseat of the car en route to Hayward, in every conversation of every day leading up to the big event, this is the question that gets asked over and over again. The Birkie marks the end of America's largest wax preparation event. In these final days, here's a quick guide to what you can do to help your ski wax chances.

**1.** The basics. Clean and wax your skis. Even if it isn't race day preparation, coming into the Birkie with clean skis ready for an outside service or your own final preparations will reduce headaches and get you into the game faster. We'd suggest a BP88 baselayer and a coat of LF6.

**2.** Check the reports. Check early. Check often. You can expect reports during the week of the Birkie during the following schedule at **Swix Racing.us** and through the popular Online ski sites.

- Monday 5pm
- Tuesday 5pm
- Wed 5pm
- Thursday 1pm
- Friday 11am

**3.** Check out the inside services from retailers like Gear West, Boulder Nordic Sport and New Moon Ski Shop.

**4.** Classic racing? Determine your kick zones. The easiest method is to over grip wax your skis, ski for a time and check the wear. Mark where you see the grip wax wearing off. Dragging wax is miserable on race day.

**5.** Pack the essentials on race day. You'll likely need a tin of extra blue, but check in with the Swix reports or Swix booth at the Expo to dial in your wax perfectly. It may be a race but bad kick is miserable so bring along the day's wax, a cork and the temperature ranges above and below each wax. The week prior practice a bit of application.



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Want to Learn More? ? Swix School will show you how to achieve great glide and kick with easy to follow video tutorials. A complete waxing and tuning educational resource.

