**Las Lomitas Football Rules**



**Before play:**

1. Only 6 or less players to a team
2. Teams and team captains must change each recess
3. Be **Respectful** and **Responsible** when choosing teams
4. Bid good luck to your opponents

**During play:**

1. Stay inside the field of play (white lines)
2. Play **Safe**; two hand touch, not two hand shove
3. Practice good sportsmanship at all times
4. Instead of kick offs and punts; play begins on the half field line at the beginning of game, after touchdowns, and fourth downs

*“Remember to ROAR when playing any sport at Las Lomitas; be* ***RespOnsible****,* ***sAfe****, and* ***Respecful****.”*

-Roary the Lion

1. Quarterbacks will share the position and alternate after each play
2. Two forward completions beyond the line of scrimmage = First Down
3. A ball that is dropped after a completion or during a run is a dead ball, continue play from where the ball hit the ground

**After play:**

1. After the whistle blows, high five your teammates and opponents and compliment their play by saying, “Good Game!”
2. Bring all equipment in and walk to class