

October 23, 2014

Jackie Bowens 1411 K. Street NW Suite 300 Washington, DC 20005

Dear Jackie Bowens,

AmeriHealth District of Columbia is coming to Ward 8!!! We are delighted to invite you to attend the Grand Opening of our Community Wellness Center located in Ward 8. This new CWC will serve as a location where AmeriHealth DC members can 1) meet one-on-one with our Nurse Care Managers, 2) attend fitness and health education classes, 3) participate in healthy cooking workshops and 4) take advantage of other benefits and services to help them get healthy and/or stay healthy. Our Grand Opening will give us an opportunity to share our new space with our members and partners working in South East DC and showcase this wonderful addition to the neighborhood.

We hope you will join us in our Ribbon Cutting community celebration on **Saturday, November 1**st **from 10 am to 1pm at 2027 Martin Luther King Jr. Avenue SE, 20020.** There will be music, light refreshments, children's activities and exercise demonstrations. To RSVP, please contact Jennifer Robinson at <u>irobinson1@amerihealthdc.com</u> or call 202-817-7619.

I am attaching the event flyer for your perusal. We are so excited to have a location in Ward 8 and we hope you are, as well. Together we can make a difference in the health and lives of our neighborhoods and community.

Sincerely,

Karen Dale

Executive Director, AmeriHealth DC

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Join us for a day of health education and activities!

Enjoy:

- Face painting
- Kids' zone
- Moon bounce
- Music

Tour the Wellness Center

See our brand new community outreach office.

Cooking demonstrations

Learn how to make great food choices.

Fitness demonstrations

Learn which exercises are good for you.

Get support

4 new private rooms where you can meet with care managers.

Remember, you can visit us at the AmeriHealth DC Wellness Center if you have questions or need 1-on-1 support!

