## Retreat for Survivors of Domestic Violence & Sexual Assault



# Hope & Healing Retreat September 19-21, 2014 Metigoshe Retreat Center

## 10605 Lake Loop Road East Bottineau ND 58318

#### Click here for directions:

www.metigosheministries.com/directions/

### To Register Online:

http://www.eventbrite.com/e/hopehealing-retreat-for-survivors-tickets -11963068861?aff=rss

**Or call:** 701-228-2228

Sponsored by Life After Fear (LAF) through a grant to 1st Lutheran Church from the St. Joseph's Community Health Foundation The Hope & Healing Retreat brings survivors together in a beautiful and safe setting located in the Turtle Mountains. We will practice healing that encompasses our entire selves—mind, body, and spirit. We will engage in creative activities, spend time in nature, and share deeply of ourselves through our life journeys. It is a powerfully moving and joyful time of healing. <u>Both</u> male and female survivors are welcome at this retreat.

## The retreat is a gift to you and includes:

- Two nights lodging in a beautiful and modern retreat center
- All meals and refreshments
- Retreat materials for creative activities
- Assistance with transportation on a limited basis

Space is limited to 25 participants - Register by September 15