

2014-2015 BREAKFAST PRICES
 Elementary \$1.45 (includes milk)
 Middle School \$1.45 (includes milk)
 High School \$1.60 (includes milk)
 Adult \$2.20 (includes milk)
 Additional Milk \$.55

**THIS BREAKFAST MENU
 AVAILABLE AT:**
 Greenwood
 Birchview Kindergarten
 (at Central MS)

OCTOBER BREAKFAST MENU ELEMENTARY SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PROTEIN ITEMS MAY INCLUDE: Yogurt, Hard-Boiled Egg, Cheese Stick, OR Sunflower Seeds EVERY BREAKFAST COMES WITH CHOICE OF MILK: Skim, 1%, Chocolate Skim		1. Cereal Bowl w/Protein Item Seasonal Fruit 100% Fruit Juice	2. WG Mini Pancakes, French Toast OR Waffles Seasonal Fruit 100% Fruit Juice	3. Breakfast Bread Seasonal Fruit 100% Fruit Juice
6. Cinni-Mini's Seasonal Fruit 100% Fruit Juice	7. Breakfast Bread Seasonal Fruit 100% Fruit Juice	8. Cereal Bowl w/Protein Item Seasonal Fruit 100% Fruit Juice	9. WG Mini Pancakes, French Toast OR Waffles Seasonal Fruit 100% Fruit Juice	10. Muffin & Hard-Boiled Egg Seasonal Fruit 100% Fruit Juice
13. Frudel Strudel Bar Seasonal Fruit 100% Fruit Juice	14. Muffin & Hard-Boiled Egg Seasonal Fruit 100% Fruit Juice	15. Cereal Bowl w/Protein Item Seasonal Fruit 100% Fruit Juice	NO SCHOOL 16. NO SCHOOL 17. <i>October 10th is Egg Day! Eggs contain protein that helps you feel full all the way until lunchtime! They also have essential vitamins and minerals that keep you looking and feeling healthy.</i>	
20. Cinni-Mini's Seasonal Fruit 100% Fruit Juice	21. Breakfast Bread Seasonal Fruit 100% Fruit Juice	22. Cereal Bowl w/Protein Item Seasonal Fruit 100% Fruit Juice	23. WG Mini Pancakes, French Toast OR Waffles Seasonal Fruit 100% Fruit Juice	24. Muffin & Hard-Boiled Egg Seasonal Fruit 100% Fruit Juice
27. Frudel Strudel Bar Seasonal Fruit 100% Fruit Juice	28. Muffin & Hard-Boiled Egg Seasonal Fruit 100% Fruit Juice	29. Cereal Bowl w/Protein Item Seasonal Fruit 100% Fruit Juice	30. WG Mini Pancakes, French Toast OR Waffles Seasonal Fruit 100% Fruit Juice	31. Breakfast Bread Seasonal Fruit 100% Fruit Juice

MENU IS SUBJECT TO CHANGE

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CULINARY EXPRESS