

WAYZATA ELEMENTARY SCHOOL OCTOBER LUNCH MENU

May contain pork
 Farm2School
 Homemade
 Vegetarian

2014-2015 LUNCH PRICES

Elementary \$2.60 (includes milk)
Middle School \$2.95 (includes milk)
High School \$3.10 (includes milk)
Adult \$3.75 (includes milk)
Additional Milk \$.55

Milk Choices--
 Skim, 1%, Chocolate Skim
 Lactose Reduced Milk is
 available upon written
 request from the student's
 parent or guardian.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NEW MENU ITEMS! Cheese-Stuffed Shells October 7 th Macaroni & Cheese October 10 th	FARM2SCHOOL LOCAL FARMS FRESH FOOD Carrots October 10 th Acorn Squash October 15 th Apples October 22 nd	ENTREES 1. 1. French Toast w/Sausage Link 2. Hot Egg & Cheese Bagel Sandwich SIDES Tri-Tater Potato Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Pretzel Bites w/Dipping Sauce & Cheese Cubes	ENTREES 2. 1. Curly Spaghetti w/Meat Sauce 2. Curly Spaghetti w/Alfredo Sauce SIDES Garlic Toast Caesar Tossed Salad Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Cereal Bowl w/Cheese & Cinnamon Swirl Bread	ENTREES 3. 1. Personal Pan Cheese Pizza 2. Honey BBQ Chicken Bites SIDES Ranch Tossed Salad Fresh Carrots w/Dip Choice of Fresh Fruit Elf Grahams GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Grahams
ENTREES 6. 1. Orange Chicken w/Rice 2. California Burger SIDES Edamame Fresh Veggies w/Dip Choice of Fresh Fruit Fortune Cookie GRAB & GO 3. Yogurt Cup w/Muffin & Cheese Stick	ENTREES 7. NEW 1. Cheese-Stuffed Shells 2. Chicken Nuggets SIDES Soft Breadstick Tossed Salad Fresh Veggie w/Dip Choice of Fresh Fruit GRAB & GO 3. Chicken Caesar Salad w/Soft Breadstick	ENTREES 8. 1. Cheesy Beef Calzone 2. Hot Dog on WG Bun SIDES Smiley Fries Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Build-Your-Own Cheese Pita Pizza w/Applesauce	ENTREES 9. 1. Garlic Cheesebread w/Dipping Sauce 2. Mini Sub Sandwich SIDES Fresh Veggies w/Dip Choice of Fresh Fruit Sherbet Cup GRAB & GO 3. Cereal Bowl w/Hard-Cooked Egg & Grahams	ENTREES 10. NEW 1. Macaroni & Cheese 2. Mini Corn Dogs SIDES Steamed Broccoli Fresh Carrots w/Dip Choice of Fresh Fruit GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Grahams
ENTREES 13. 1. Mini Pancakes 2. Mini Waffles SIDES Sausage Link Hashbrown Stick Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Yogurt Cup w/Grahams & Sunflower Seeds	ENTREES 14. 1. Top-Your-Own Personal Cheese Pizza 2. Meatball Sub SIDES Tossed Salad Bell Pepper Strips w/Dip Choice of Fresh Fruit GRAB & GO 3. Grilled Chicken Salad w/Dinner Roll	ENTREES 15. 1. Sloppy Joe on WG Bun 2. Chicken Filet Sandwich SIDES Glazed Acorn Squash Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Yogurt & Fruit Parfait w/Gripz Mini Grahams	NO SCHOOL 16. NO SCHOOL 17. Happy National School Lunch Week! Thank you for eating with us!	
ENTREES 20. 1. Sweet & Sour Chicken w/Rice 2. BBQ Riblet on WG Bun SIDES Steamed Broccoli Fresh Veggies w/Dip Choice of Fresh Fruit Fortune Cookie GRAB & GO 3. Yogurt Cup w/Muffin & Cheese Stick	ENTREES 21. 1. Soft Shell Beef Taco 2. Cheese Quesadilla SIDES Assorted Fixings Chips & Salsa 3. Refried Beans Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Chicken Caesar Wrap w/Tortilla Chips	ENTREES 22. 1. Curly Spaghetti w/Chicken Alfredo Sauce 2. Curly Spaghetti w/Marinara Sauce SIDES Garlic Toast Italian Tossed Salad Choice of Fresh Fruit Apples w/Caramel Dip GRAB & GO 3. Turkey Deli Sandwich w/Pretzels	ENTREES 23. 1. Cheese Pizza 2. Chicken Nuggets SIDES Soft Breadstick Steamed Corn Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Cereal Bowl w/Sunflower Seeds & Grahams	ENTREES 24. 1. Cheeseburger 2. Corn Dog SIDES Sweet Potato Fries Fresh Veggies w/Dip Choice of Fresh Fruit Animal Crackers GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Crackers
ENTREES 27. 1. California Burger 2. Chicken Tenders SIDES 3. Baked Beans Fresh Grape Tomatoes w/Dip Choice of Fresh Fruit GRAB & GO 3. Yogurt Cup w/Grahams & Hard-Cooked Egg	ENTREES 28. 1. Pizza Sticks w/Dipping Sauce 2. Italian Chicken Sandwich SIDES Fresh Veggies w/Dip Choice of Fresh Fruit Mini Chocolate Chip Cookies GRAB & GO 3. Ranch Chicken Wrap w/Mini Choc. Chip Cookies	ENTREES 29. 1. French Toast w/Sausage Link 2. Hot Egg & Cheese Bagel Sandwich SIDES Tri-Tater Potato Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Pretzel Bites w/Dipping Sauce & Cheese Cubes	ENTREES 30. 1. Curly Spaghetti w/Meat Sauce 2. Curly Spaghetti w/Alfredo Sauce SIDES Garlic Toast Caesar Tossed Salad Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Cereal Bowl w/Cheese & Cinnamon Swirl Bread	ENTREES 31. 1. Personal Pan Cheese Pizza 2. Honey BBQ Chicken Bites SIDES Ranch Tossed Salad Fresh Carrots w/Dip Choice of Fresh Fruit Harvest Cookie GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Grahams

LOCALLY-GROWN PRODUCE IS SERVED WHENEVER POSSIBLE • MENU IS SUBJECT TO CHANGE

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