

WAYZATA ELEMENTARY SCHOOL NOVEMBER LUNCH MENU

May contain pork
 Farm2School
 Homemade
 Vegetarian

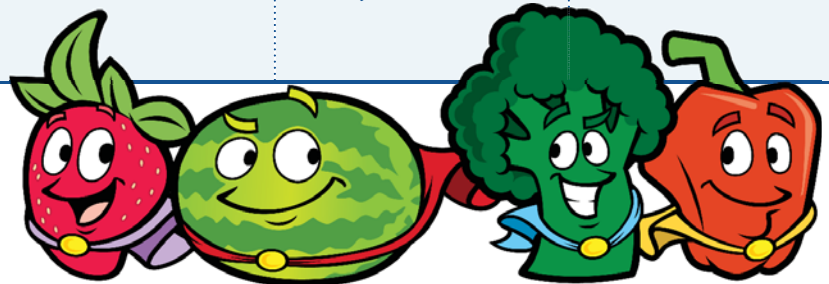
2014-2015 LUNCH PRICES

Elementary \$2.60 (includes milk)
Middle School \$2.95 (includes milk)
High School \$3.10 (includes milk)
Adult \$3.75 (includes milk)
Additional Milk \$0.55

Milk Choices--
 Skim, 1%, Chocolate Skim
 Lactose Reduced Milk is
 available upon written
 request from the student's
 parent or guardian.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 3. <i>Local Apples!!</i> <i>Throughout the fall, Culinary Express has served multiple varieties of fresh apples from Rabideaux Orchards in Bayfield, Wisconsin. Look for more locally-grown apples in November!</i>	NO SCHOOL 4.	ENTREES 5. 1. Cheese-Stuffed Shells 2. Chicken Nuggets SIDES Tossed Salad Fresh Veggie w/Dip Choice of Fresh Fruit Fruit Snacks GRAB & GO 3. Yogurt Cup w/Grahams & Cheese Stick	ENTREES 6. 1. Garlic Cheesebread w/Dipping Sauce 2. Mini Sub Sandwich SIDES Fresh Veggies w/Dip Choice of Fresh Fruit Apples w/Caramel Dip GRAB & GO 3. Cereal Bowl w/Hard-Cooked Egg & Grahams	ENTREES 7. 1. Macaroni & Cheese 2. Mini Corn Dogs SIDES Steamed Green Beans Fresh Carrots w/Dip Choice of Fresh Fruit GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Grahams
ENTREES 10. 1. Mini Pancakes 2. Mini Waffles SIDES Sausage Link Hashbrown Stick Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Yogurt Cup w/Grahams & Sunflower Seeds	ENTREES 11. 1. Top-Your-Own Personal Cheese Pizza 2. Meatball Sub SIDES Tossed Salad Bell Pepper Strips w/Dip Choice of Fresh Fruit GRAB & GO 3. Grilled Chicken Salad w/Dinner Roll	ENTREES 12. 1. Sloppy Joe on WG Bun 2. Chicken Filet Sandwich SIDES Cowboy Caviar w/Chips Fresh Carrots w/Dip Choice of Fresh Fruit GRAB & GO 3. Yogurt & Fruit Parfait w/Gripz Mini Grahams	ENTREES 13. 1. Curly Spaghetti w/Meat Sauce 2. Curly Spaghetti w/Alfredo Sauce SIDES Garlic Toast Caesar Tossed Salad Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Cereal Bowl w/Cheese & Cinnamon Swirl Bread	ENTREES 14. 1. Grilled Cheese Sandwich 2. Hamburger SIDES Tomato Soup Fresh Veggies w/Dip Choice of Fresh Fruit Goldfish Crackers GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Crackers
ENTREES 17. 1. Orange Chicken w/Rice 2. BBQ Riblet on WG Bun SIDES Steamed Broccoli Fresh Veggies w/Dip Choice of Fresh Fruit Fortune Cookie GRAB & GO 3. Yogurt Cup w/Muffin & Cheese Stick	ENTREES 18. 1. Soft Shell Beef Taco 2. Cheese Quesadilla SIDES Assorted Fixings Chips & Salsa 3. Refried Beans Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Chicken Caesar Wrap w/Tortilla Chips	ENTREES 19. 1. Curly Spaghetti w/Marinara Sauce 2. Curly Spaghetti w/Chicken Alfredo Sauce SIDES Garlic Toast Italian Tossed Salad Fresh Carrots w/Dip Choice of Fresh Fruit GRAB & GO 3. Turkey Deli Sandwich w/Pretzels	ENTREES 20. 1. Cheese Pizza 2. Chicken Nuggets SIDES Soft Breadstick Steamed Corn Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Cereal Bowl w/Sunflower Seeds & Grahams	ENTREES 21. 1. Turkey Gravy 2. Corn Dog SIDES Mashed Potatoes Glazed Acorn Squash Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Peanut Butter & Jelly Sandwich w/Crackers
ENTREES 24. 1. Cheeseburger 2. Chicken Tenders SIDES Glazed Carrots Fresh Veggies w/Dip Choice of Fresh Fruit GRAB & GO 3. Yogurt Cup w/Grahams & Hard-Cooked Egg	ENTREES 25. 1. Pizza Sticks w/Dipping Sauce 2. Italian Chicken Sandwich SIDES Fresh Veggies w/Dip Choice of Fresh Fruit Sun Chips GRAB & GO 3. Ranch Chicken Wrap w/Sun Chips	NO SCHOOL 26. NO SCHOOL 27. NO SCHOOL 28.		

Happy Thanksgiving!!
The Culinary Express staff is thankful for the opportunity to see students' smiling faces in the lunch line and the ability to serve each one wholesome and healthy food everyday!
What are YOU thankful for?



FARM2SCHOOL
 LOCAL FARMS • FRESH FOOD

Apples
 November 6th
Acorn Squash
 November 21st