

**2014-2015 BREAKFAST PRICES**

Elementary ..... \$1.45 (includes milk)

Middle School ..... \$1.45 (includes milk)

High School ..... \$1.60 (includes milk)

Adult ..... \$2.20 (includes milk)

Additional Milk ..... \$.55

**THIS BREAKFAST MENU****AVAILABLE AT:**

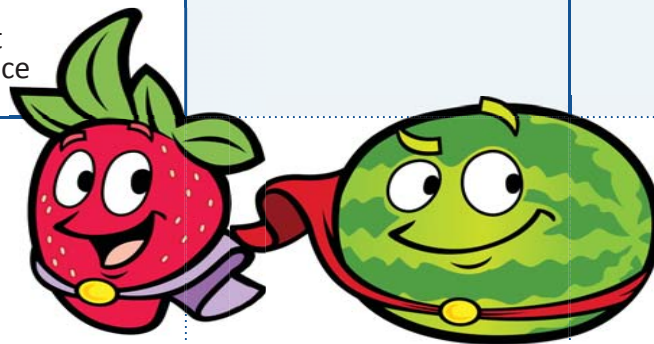
Greenwood

Birchview Kindergarten

(at Central MS)

**NOVEMBER  
BREAKFAST MENU  
ELEMENTARY SCHOOLS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 3.	NO SCHOOL 4.	5.	6.	7.
		Cereal Bowl w/Protein Item	WG Mini Pancakes, French Toast OR Waffles	Muffin & Hard-Boiled Egg
		Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice
10.	11.	12.	13.	14.
Frudel Strudel Bar	Muffin & Hard-Boiled Egg	Cereal Bowl w/Protein Item	WG Mini Pancakes, French Toast OR Waffles	Breakfast Bread
Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice
17.	18.	19.	20.	21.
Cinni-Mini's	Breakfast Bread	Cereal Bowl w/Protein Item	WG Mini Pancakes, French Toast OR Waffles	Muffin & Hard-Boiled Egg
Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice
24.	25.	26.	27.	28.
Frudel Strudel Bar	Muffin & Hard-Boiled Egg	NO SCHOOL	NO SCHOOL	NO SCHOOL
Seasonal Fruit 100% Fruit Juice	Seasonal Fruit 100% Fruit Juice			
<b>ALL BREAKFASTS INCLUDE:</b> <b>Seasonal Fruit</b> <b>Protein Item--</b> Yogurt, Hard-Boiled Egg, Cheese Stick, OR Sunflower Seeds <b>Milk Choices--</b> Skim, 1%, Chocolate Skim				



*Think you are getting too much fruit for breakfast? A healthy serving a fruit in the morning will get your day started on the right track - helping to keep you full and energized until lunch!*