

ARCH presents nationally recognized

# Dr. Kenneth Ginsburg

November 13, 2013 ~ 7:00pm @VFMS\*



## Understanding & Managing the Challenges of Raising Adolescents

**Dr. Kenneth Ginsburg, M.D., M.S.Ed**, a nationally recognized pediatrician specializing in Adolescent Medicine at CHOP and a Professor of Pediatrics at Penn Medicine, aims to start a national dialogue among parents and children of all ages to redefine perceptions of success, and evaluate the significant physical and emotional damage that stress and everyday pressure can have on development.

Ken is passionate about building on the strength of teenagers by fostering their internal resilience. Ginsburg co-authored several books including *"Building Resilience in Children and Teens"* and *"Letting Go with Love and Confidence."* He has been published more than 100 times and has appeared on CNN, NPR, The Today Show, The CBS Morning Show and ABC, NBC, and CBS Nightly News programs.

*Ken will talk about defining success while considering stress.*

## Follow-up Discussion led by **Patti Anne McAndrews**

November 20, 2013 ~ 9:00am @TEAO\*

One week later, ARCH is hosting a follow-up discussion to Dr. Ginsburg's presentation. The conversation is meant to help parents apply what they heard, answer questions, and discuss areas of parent influence (and sometimes lack of influence). This discussion will be facilitated by **Patti Anne McAndrews**, founder of Adolescent Advocates (A2) in Rosemont. Patti Anne has more than 30 years of experience working with families and individuals in the mental health field. She collaborated with Ken Ginsburg on his soon-to-be-released book, *"Reaching Teens."*



**We hope you can join us  
for one or both of these ARCH events.**

\* **VFMS** refers to Valley Forge Middle School

\* **TEAO** refers to the T/E Administrative Offices (TEAO) on 940 West Valley Road in Wayne.

ARCH is a 501(3)(c) coalition of parents, educators, and community members committed to promoting the well-being of youth in Tredyffrin and Easttown Townships. We serve as a resource to families as they help their children form a positive self-image, make healthy choices, and reduce the use of alcohol, tobacco and other drugs (ATOD). [www.archcares.org](http://www.archcares.org). United Way #03901