



## Dr. Ronald W. Alston, Sr., Personal Biography

After serving in the Armed Forces as a combat Marine, and spending a year in Vietnam as a Reconnaissance Specialist, Ron subsequently became a Chicago Police Officer. For twenty years he served the city of Chicago while completing five (5) degrees that include three (3) post graduate degrees with an academic specialty in Educational Psychology.

In furtherance, Ron was trained and certified by the Federal Bureau of Investigation in varied methods of crime detection, crime scene analysis, and criminal behavioral patterns. Ron was an instructor at the Chicago Police Academy having taught report writing, suspect recognition, criminal law, the use of force paradigm, and hostage negotiations.

Ron was also a part-time educator and taught classes at Chicago State University, Governors State University, and Moraine Valley College.

In 1990, Ron was appointed by the mayor of Chicago to lead his gang program as its Executive Director through the Department of Human Services. While there, Ron implemented and trained his staff to administer, lecture and motivate students in 110 public schools across the city of Chicago regarding gang violence and how best to deter and minimize the effects of gang intrusion. This program, through the tutelage of Ron, received state-wide acclaim and positioned Ron for many other opportunities in and around the state of Illinois.

In 1993, Ron went on to further success when again the mayor of Chicago appointed him to city Commissioner allowing him yet again to become an intricate component of city management. While overseeing O'Hare, Midway and Meigs Field Airports via the Department of Aviation, he later moved on to the Department of General Services in November of 2000 which is the department that manages all city properties. Following those accomplishments Ron ended his city career after 33 years of dedicated service.

A compelling and passionate speaker, best-selling author of four publications, a certified professional speaker, and former National member of the 'Speakers, Publishers and Authors Association as its National Chair for Chapter Development, he decided to make another life change. In so doing, Ron designed, developed and implemented his own independent logo under the 'umbrella' of: "My Words, Your Reality," as he now travels around the country spreading his message of 'CHANGE' by having an 'Open Mind.' He has given countless seminars for veterans suffering with Post Traumatic Stress Disorder which is a mental condition he has fought personally for over forty years. Ron communicates his message of survival with flair and richness, and as a result, Ron is a sought after communicator.

In the twilight of his life, Ron continues to persevere by offering his services and life experience to Triple B Consulting which is a project incentive that focuses on [W]holistic Health and Wellness.