



THE OMMANI CENTER
for Integrative Medicine

EXPERIENCE REAL HEALTH CARE

Education @ Ommani

A series of once-a-month workshops/talks on various topics. This is an opportunity to hear The Ommani Center practitioners and staff present on a wide range of health and lifestyle topics and connect with other patients who have similar interests.

There is no charge for these workshops, but reservations are requested due to limited space. No workshop is scheduled for December.

To make a reservation, call 262-695-5311.

Do you have a topic you would like to learn more about?

Suggestions for 2014 workshops may be sent to

Stephanie Delmore at shdelmore@gmail.com or ommani@ommanicenter.com

Tuesday, November 12, 6-7PM

"Managing the Stress Points in Your Life"

Presented by Boris Matthews, PhD,

Jungian Psychotherapist

Tuesday, January 21, 2014, 6-7PM

"Weight Loss from the Perspective of Chinese Medicine & Acupuncture

A Way to Make Healthy Food Choices and/or go Gluten Free"

Presented by Aimee Brown, LAc, MSOM

Thursday, February 20, 2014, 6-7PM

"Yoga for Vitality"

Presented by Shelley Carpenter, PT, Reiki Master, RYT